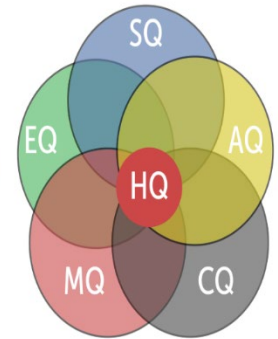
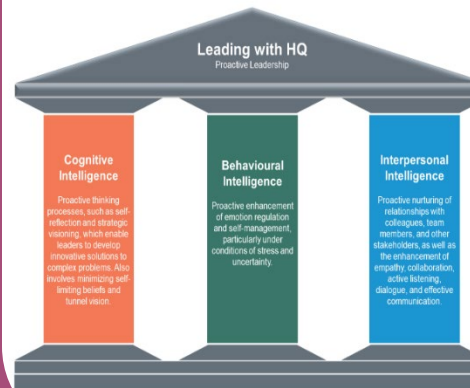


INFORMATION PACK

6-Month Leadership Training Program

Based on Human Intelligence Model™

HQ - Human Quotient



AQ - Adversity Quotient CQ - Cultural Quotient
EQ - Emotional Quotient SQ - Social Quotient
MQ - Motivational Quotient

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Empowering Minds
Transforming Leaders
Improving Business & Wellness



Introducing our game-changing 6-Month Leadership Training Program: Empowering Leaders for Success! Are you ready to take your leadership skills to the next level and make a profound impact on your organisation's bottom line?

Our program is designed to transform talented individuals into exceptional leaders. We understand that leadership is not just a title; it's a skill that can be developed and refined. With our blended approach, incorporating five full days of intensive training workshops, online resources, assessments, on-the-job exercises, and a prestigious certificate of completion, we guarantee a holistic and immersive learning experience.

So, what exactly sets our program apart? Let's dive into the benefits and the tangible impact it will have on your organisation's bottom line:

- 1. Comprehensive Skill Development:** Our program is meticulously crafted to address every aspect of effective leadership. From communication and decision-making to conflict resolution and strategic thinking, we cover it all. By honing these essential skills, your leaders will become more confident, influential, and adept at inspiring their teams.
- 2. Blended Learning Approach:** We understand the demands of the modern workplace, which is why our program seamlessly blends in-person workshops with online resources. This approach ensures flexibility, allowing participants to access valuable content anytime, anywhere. The online resources provide continuous learning opportunities, reinforcing concepts covered in the workshops and facilitating long-term knowledge retention.
- 3. Practical Application:** We firmly believe that learning is most effective when applied in real-life scenarios. That's why our program includes on-the-job exercises that allow participants to immediately put their newfound knowledge into practice. By tackling real-world challenges, leaders develop



critical problem-solving skills and gain the confidence to make informed decisions that drive tangible results.

4. **Assessments and Feedback:** To ensure progress and growth, our program features regular assessments and personalized feedback. These assessments provide valuable insights into each leader's strengths and areas for improvement. Our experienced facilitators will guide participants, offering tailored guidance and support, fostering continuous development throughout the program.
5. **Boosted Productivity and Employee Engagement:** Effective leadership directly correlates to improved productivity and employee engagement. When your leaders are equipped with the right skills, they can motivate and inspire their teams, resulting in increased efficiency, enhanced collaboration, and a more positive work environment. These improvements will undoubtedly have a direct impact on your organization's bottom line.
6. **Recognized Certification:** Upon successful completion of the program, each participant will receive a prestigious certificate. This certificate serves as a testament to their commitment to professional growth and leadership excellence. It also provides external validation of their skills and capabilities, bolstering their credibility both within the organization and in the broader professional sphere.

Investing in our 6-Month Leadership Training Program is an investment in the future success of your organization. By nurturing exceptional leaders, you are cultivating a culture of excellence, driving innovation, and maximizing your team's potential. Don't miss this opportunity to unlock the true potential of your leaders and witness the transformative impact it will have on your bottom line.



The Program is based on Our Unique Human Intelligence Model™

100% of your employees and 100% of your customers are people. This program will help aspiring and existing leaders develop human intelligence to connect with, understand, inspire, motivate and lead people. Human Intelligence for leadership has five core elements.

- 1. Emotional Intelligence (EQ):** Leaders with high EQ possess a deep understanding of their own emotions and can empathize with others, resulting in better communication, stronger relationships, and enhanced decision-making.
- 2. Motivational Intelligence (MQ):** Motivational Intelligence is the key to unlocking the true potential of your leaders, inspiring high performance, and driving remarkable results. MQ is the ability to understand, manage, and leverage motivation—both in oneself and in others.
- 3. Adversity Quotient (AQ):** Being able to deal with setbacks, uncertainty, and challenging times while still being creative and making effective decisions is one of the main benefits of developing high AQ.
- 4. Cultural Intelligence (CQ):** The ability to navigate diverse cultural landscapes is not just a competitive advantage; it's essential for sustainable success. We've designed a comprehensive program that empowers leaders with the skills and knowledge they need to excel in multicultural environments.
- 5. Social Intelligence (SQ):** While technical expertise is vital, it is the ability to navigate complex social interactions, understand diverse perspectives, and build strong relationships that truly sets exceptional leaders apart. By enhancing their social awareness, empathy, and effective communication, leaders will experience a significant positive impact.

About Us

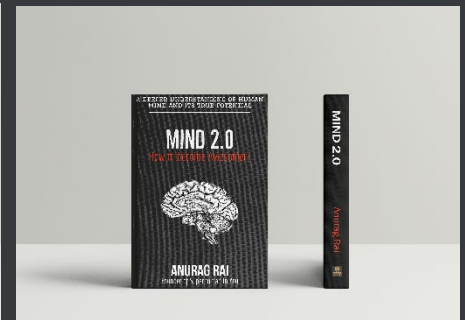
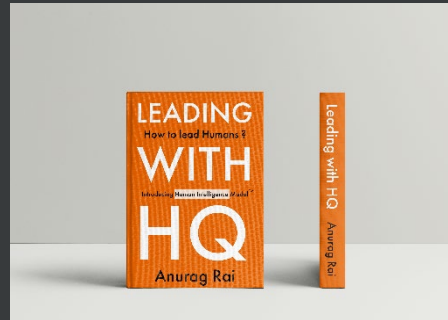
AMHWAL Academy is an organisation committed to helping professionals and businesses across the world achieve their full potential, by challenging beliefs and old practices that are limiting the way people show up at work and in life. We stand against practices and philosophies that are based on outdated research. The recent development in neuroscience and psychology proves the neuroplasticity of our brains and the fluid nature of our personalities.

We are a UK-based training center but have clients across the Globe. We have been proudly serving businesses since 2020.

Your Facilitator and Trainer

Anurag is an Organisational Psychologist registered member of the British Psychological Society. He is an award winning Leadership and Executive Coach and a Master NLP Practitioner. He has spent over a decade studying neuroscience, human psychology, and peak performance.

His books *The Power Within*, *Mind 2.0*, and *Leading with Human Quotient* are Amazon Bestsellers.



Some Organisations Anurag has worked with



Acumen
Financial Planning





Why work with us?

- ✓ We are one of the UK's number 1 training providers.
- ✓ Our unique approach is based on the latest research in neuroscience, human psychology, motivational (MQ) and emotional intelligence (EQ).
- ✓ We have a track record of 100% client satisfaction.
- ✓ We will go the extra mile to ensure that your team is not just motivated but transformed.

What our clients say?

"I highly recommend attending this workshop for anyone in a leadership position. If you've had the privilege of attending any of Anurag's sessions, then you'll know there will be lots of value to be had!"



David Tawse

Managing Director, Nimbus Blue

"His sheer presence and questions always leave me questioning how I lead my team.....in a good way of course!"



Jim Reid

Managing Director,
Jim Reid Vehicle & Sales

"Anurag is an outstanding coach; helpful, knowledgeable and with a real passion to help you achieve your goals. I am happy to recommend him 100%."



Andrew Smith

Managing Director,
Aberdeen Business Network

All 5 Star reviews on

