



24th ANNUAL *Pancake Supper*



FUNDRAISER

at Union UMC, FMC Gym

7582 Woodrow Street, Irmo, SC 29063

*February 21st, 2023
5:30-7:00 p.m.*

Ticket sales

will begin Feb. 5.

\$6 for Adults

Children (3-10) \$5

Children 3 and under are free

\$20 maximum per family

www.UnionIrmo.org



Tickets At the Door

\$7 for Adults

Children (3-10) \$5

Children 3 and under are free

\$24 maximum per family

Sponsored by the New Life Class: Funds support the class's mission projects to include Epworth Children's Home (Stoke Cottage), Sharing God's Love and Lake Murray Salkahatchie.

Contact Brian Wisnewski, newlifepresident@gmail.com or
David Renaker, DRenaker@firstreliance.com for more information.

Strategies for Parenting with Mental Health in Mind

February 26 5-7 p.m.

Join us as we dive deeper into **Strategies for Parenting with Mental Health in Mind** on Sunday, **February 26 from 5-7 p.m.** in the FMC Gym. Learn more about what you need to navigate your kid's mental health. Because one caring, supportive adult can make all the difference in the success of a kid's life. We'll share tools with parents to help promote good mental health in their children and families.

Friends are welcome and encouraged! Dinner is provided. Separate activities for children and youth will take place during the brief parent seminar, which will be followed by more extensive parent breakout sessions for further discussion.

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