

# Spencerport Football

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Schedule subject to change				1 Lift 3:00-4:00	2	3
4 Scrimmage @ Pittsford Mendon 4-6PM Bus @3	5 Wayne Camp Wayne HS 5-7PM Bus @4	6 Wayne Camp @Wayne HS 5-7PM Bus @4	7 Wayne Camp @Wayne HS 5-7PM Bus @4	8 Lift 3:00-4:00	9	10
11	12 NO FOOTBALL STUDY!! REST	13 NO FOOTBALL STUDY!! REST	14 NO FOOTBALL STUDY!! REST	15 NO FOOTBALL STUDY!! REST	16 NO FOOTBALL STUDY!! REST	17
18	19 NO FOOTBALL STUDY!! REST	20 NO FOOTBALL STUDY!! REST	21 NO FOOTBALL STUDY!! REST	22 NO FOOTBALL STUDY!! REST	23 NO FOOTBALL STUDY!! REST	24
25	26 Summer Workouts Varsity/JV 6-8PM @SHS	27	28 Summer Workouts 6-8PM @HS	29 Summer Workouts Varsity/JV 6-8PM @SHS	30	

June

2023

# Spencerport Football

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Schedule subject to change						1
2	3	4	5 Summer Workouts Varsity/JV 6-8PM @SHS	6 Summer Workouts Varsity/JV 6-8PM @SHS Mod workout 9-10:30am HS fitness center @SHS (V/JV makeup)	7	8
9	10 Summer Workouts Varsity/JV 6-8PM @SHS	11 Mod workout 9-10:30am HS fitness center @SHS (V/JV makeup)	12 Summer Workouts Varsity/JV 6-8PM @SHS	13 Summer Workouts Varsity/JV 6-8PM @SHS Mod workout 9-10:30am HS fitness center @SHS (V/JV makeup)	14	15
16	17 Youth Camp Grades 3-8 9-11:30AM fields M&N  Summer Workouts 6-8PM @SHS	18 Youth Camp Grades 3-8 9-11:30AM fields M&N  Mod workout 9-10:30 HS	19 Youth Camp Grades 3-8 9-11:30AM fields M&N  Summer Workouts 6-8PM @SHS	20 Youth Camp Grades 3-8 9-11:30AM fields M&N Summer Workouts 6-8PM @SHS Mod workout 9-10:30 HS	21 Family ID opens! Recerts at familyid.com Failure to register will effect playing time!	22 IMPORTANT reminder parents! Register early and allow 7-10 days approval time. Any missing info will be sent via e-mail through family ID.
23	24 Summer Workouts Varsity/JV 6-8PM @SHS	25 Mod workout 9-10:30 HS fitness center @SHS (V/JV makeup)	26 Summer Workouts Varsity/JV 6-8PM @SHS	27 Summer Workouts Scrimmage vs Monroe 6- 8PM @SHS Mod workout 9-10:30 HS fitness center @SHS (V/JV makeup)	28	29
30	31 Summer Workouts 6- 8PM @SHS					

July

2023

# Spencerport Football

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Schedule subject to change</b>		<b>1</b> Mod workout 9-10:30 HS fitness center @SHS (V/JV makeup)	<b>2</b> Summer Workouts 6-8PM @HS	<b>3</b> Summer Workouts Varsity/JV 6-8PM @SHS Mod workout 9-10:30 HS fitness center @SHS (V/JV makeup)	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b> V/JV Westside Camp @ Greece Olympia HS 6-8PM	<b>8</b> V/JV Westside Camp @ Greece Olympia HS 6-8PM Mod workout 9-10:30 HS fitness center @SHS (V/JV makeup)	<b>9</b> V/JV Westside Camp @ Greece Olympia HS 6-8PM	<b>10</b> Summer Workouts 6-8PM @HS Mod workout 9-10:30 HS fitness center @SHS (V/JV makeup)	<b>11</b>	<b>12</b>
<b>13</b> <a href="mailto:bhugelmaier@spencerportschool.org">bhugelmaier@spencerportschool.org</a>	<b>14</b> NO FOOTBALL REST SIGN UP FAMILY ID	<b>15</b> NO FOOTBALL REST SIGN UP FAMILY ID	<b>16</b> NO FOOTBALL REST SIGN UP FAMILY ID	<b>17</b> NO FOOTBALL REST SIGN UP FAMILY ID	<b>18</b> NO FOOTBALL REST SIGN UP FAMILY ID	<b>19</b> <b>FIRST DAY OF PRACTICE V/JV 9-12:30</b> Report to HS team room by 8:30
<b>20</b>	<b>21</b> V/JV practice 10:30-3:15	<b>22</b> V/JV practice 8:00-1:00	<b>23</b> V/JV practice 8:00-1:00  V/JV Parent meeting 7PM East Café HS	<b>24</b> V/JV practice 8:00-1:00 <b>Mod Equip handout 10-12am @equip shed @ Trowbridge</b>	<b>25</b> V/JV practice 8:00-1:00 <b>Mod Equip handout 10-12am @equip shed @ Trowbridge</b>	<b>26</b> V/JV Practice 8:00-11:00 Fundraising Blitz Team Picnic Fireman's Field 1-3
<b>27</b>	<b>28</b> V/JV practice 8:00-1:00 <b>1<sup>st</sup> day of Mod football 8-10:30am. Players report to Cosgrove gym at 7:30</b>	<b>29</b> V/JV practice 8:00-1:00 Mod B practice 8-10:30	<b>30</b> V/JV practice 8:00-1:00 Mod B practice 8-10:30	<b>31</b> Varsity practice 3:15-5:45 JV practice 8:00-1:00 Mod B practice 8-10:30		

August

2023

# Spencerport Football

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Schedule subject to change					<b>1</b> Varsity Game@ Canandaigua 7pm JV practice TBD Mod practice 8-10:30	<b>2</b> JV Game vs Canandaigua 10AM Practice TBD
<b>3</b>	<b>4</b> Labor Day V/JV Mandatory practice 5-8pm	<b>5</b> Normal practice time V/JV 3:15-5:45 Mod. 3:45-5:45	<b>6</b> Normal practice time V/JV 3:15-5:45 V-Lift 5:45-6:30 Mod. 3:45-5:45	<b>7</b> Normal practice time V/JV 3:15-5:45 Mod. 3:45-5:45 Varsity Team Dinner 6PM	<b>8</b> Varsity Game vs Arcadia 7pm JV practice TBD	<b>9</b> Practice TBD
<b>10</b>	<b>11</b> Normal practice time V-Lift 5:45-6:30 JV Game @ Arcadia 5PM	<b>12</b> Normal practice time	<b>13</b> Normal practice time Varsity Team Dinner 6PM	<b>14</b> Varsity Game @ East High 7PM Normal practice time	<b>15</b> Normal practice time	<b>16</b> Practice TBD Varsity Community Service TBD
<b>17</b>	<b>18</b> Normal practice time V-Lift 5:45-6:30 JV Game vs East High 5PM	<b>19</b> Normal practice time	<b>20</b> Normal practice time V-Lift 5:45-6:30	<b>21</b> Normal practice time Varsity Team Dinner 6PM	<b>22</b> Normal practice time Powder puff/bonfire	<b>23</b> Varsity Game vs Athena Homecoming 2pm
<b>24</b>	<b>25</b> Normal practice time V-Lift 5:45-6:30 JV Game @ Athena 5 PM	<b>26</b> Normal practice time	<b>27</b> Normal practice time V-Lift 5:45-6:30	<b>28</b> Normal practice time Varsity Team Dinner 6PM	<b>29</b> Varsity game @ Wilson 7pm Normal practice time	<b>30</b> Practice TBD

September

2023

# Spencerport Football

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>  <b>Schedule subject to change</b>	<b>2</b> Normal practice time V-Lift 5:45-6:30  JV Game vs Wilson 5 PM	<b>3</b> Normal practice time	<b>4</b> Normal practice time  Varsity Team Dinner 6PM	<b>5</b> Varsity Game vs Brockport 7PM  Normal practice time	<b>6</b> Normal practice time	<b>7</b> Practice TBD  Varsity Community Service TBD
<b>8</b>	<b>9</b> Normal practice time V-Lift 5:45-6:30  JV Game @ Brockport 5PM	<b>10</b> Normal practice time	<b>11</b> Normal practice time  V-Lift 5:45-6:30	<b>12</b> Normal practice time  Varsity Team Dinner 6PM	<b>13</b> Varsity Game @ Eastridge 7PM Normal practice time	<b>14</b> Practice TBD
<b>15</b> <a href="mailto:bhugelmaier@spencerportschool.org">bhugelmaier@spencerportschool.org</a>	<b>16</b> Normal practice time V-Lift 5:45-6:30  JV Game vs. Eastridge 5 PM	<b>17</b> Normal practice time	<b>18</b> Normal practice time  V-Lift 5:45-6:30	<b>19</b> Normal practice time  Varsity Team Dinner 6PM	<b>20</b> Varsity Game vs Victor 7 pm Senior night Normal practice time	<b>21</b> Practice TBD
<b>22</b>	<b>23</b> Normal practice time V-Lift 5:45-6:30  JV Game @ Victor 5PM	<b>24</b> Normal practice time	<b>25</b> Normal practice time  V-Lift 5:45-6:30	<b>26</b> Normal practice time  Varsity Team Dinner 6PM	<b>27</b> Sectional Quarterfinals	<b>28</b> Practice TBD
<b>29</b>	<b>30</b> Normal practice time  V-Lift 5:45-6:30	<b>31</b> Normal practice time				

October

2023

# Spencerport Football

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Schedule subject to change			1 practice 3:15-5:45 V-Lift 5:45-6:30	2 practice 3:15-5:45	3 Sectional Semifinals	4
5	6 practice 3:15-5:45 V-Lift 5:45-6:30	7 practice 3:15-5:45	8 practice 3:15-5:45 V-Lift 5:45-6:30	9 practice 3:15-5:45	10 Sectional Finals	11
12	13 practice 3:15-5:45 V-Lift 5:45-6:30	14 practice 3:15-5:45	15 practice 3:15-5:45 V-Lift 5:45-6:30	16 practice 3:15-5:45	17 States	18
19	20 practice 3:15-5:45 V-Lift 5:45-6:30	21 practice 3:15-5:45	22 practice 3:15-5:45 V-Lift 5:45-6:30	23 practice 3:15-5:45	24 States	25
26	27 practice 3:15-5:45 V-Lift 5:45-6:30	28 practice 3:15-5:45	29 practice 3:15-5:45 V-Lift 5:45-6:30	30 practice 3:15-5:45	DEC 1 States	

**November**

**2023**

# Spencerport Football

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Schedule subject to change					1	2
3	4 Lift 3-4pm HS Weight Room	5	6 Lift 3-4pm HS Weight Room	7 Lift 3-4pm HS Weight Room	8	9
10	11 Lift 3-4pm HS Weight Room	12	13 Lift 3-4pm HS Weight Room	14 Lift 3-4pm HS Weight Room	15	16
17	18 Lift 3-4pm HS Weight Room	19	20 Lift 3-4pm HS Weight Room	21 Lift 3-4pm HS Weight Room	22	23
24	25 No School Merry Christmas!	26 No School	27 No School	28 No School	29 No School	30

**December**

**2023**