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(Blog Sample Copy Submitted to Frezzor for consideration)

**Need More Energy? Give Pumpkin Seed Powder a Try.**

Do you have trouble getting out of bed in the morning? Do you feel sluggish throughout the day?

If so, it’s not your fault.

Over time, your body absorbs toxins through the foods you eat and your environment. These toxins can slow you down and, even worse, cause hair loss and aging skin.

But it doesn’t have to be that way.

Frezzor’s Pumpkin Seed Powder can help.

It’s packed with antioxidants that clear mounds of waste clogging up your system, giving you more energy.

Plus, its supply of vitamin E, zinc, and magnesium strengthen your immune system resulting in thicker hair and protecting your skin from harmful UV rays.

And it’s a powerhouse of Omega 3 & Omega 6 fatty acids. These reduce the risk of high cholesterol and diabetes!

Frezzor’s pumpkin seed powder is unique. It has a big advantage over the competition. Our ingredients are grown in New Zealand where the water and soil are untouched by the pollution of modern civilization. Combined with our expertise and research, you get the best quality products every single time.

But don’t just take our word for it. The American Heart Association recommends pumpkin seed consumption for a healthy heart. In 2020, the American scientific journal *GSC Biological and Pharmaceutical Sciences* reported that pumpkin seeds reduce the chance of diabetes and are a good source of antioxidants.

The transformative effects of pumpkin seed powder are well documented.

And our customers rave about its benefits.

Geraldine Smith, resident of Auckland, gave pumpkin seed powder a try, “It’s so easy to use in recipes or adding it to a smoothie. With my hectic schedule, it’s a great natural pick-me-up. And my hair is thicker than it’s been in years.”

Liam Wilson from Christchurch says, “I used to feel tired all the time. But after a couple of weeks of using Frezzor’s pumpkin seed powder, I definitely have more energy. Now I can keep up with the younger guys at work.”

Visit us today at Frezzor.com and start feeling more energetic, with fuller hair and healthier skin.

Plus, with our 30-day money back guarantee, you have everything to gain!

You’ll be amazed with the results!

Click on the link below.

[Frezzor.com](https://frezzor.com/home)