

2025 AWFA Calendar				
Date	Meet	Lift	Location	
16/2/2024	The Shed Classic (Pete's Barefoot)	Bench FIA	Toady	
		1 Hand 2" vertical lift		
		Peoples Deadlift		
20/4/2025	Push/Pull	Bench Press Hands Together	Today	
		Straddle Deadlift		
13/7/25	<u>WA Shield</u>	One Hand D/B Swing	TBA	
		Barbell Clean and Press		
		2 Hand Ciavatone Deadlift		
August	IAWA World Postal		TBA	
14/9/2024	<u>AWFA Championships</u>	Continental Clean and Jerk	TBA	
		1 Hand Dumbbell Deadlift		
		2 Hand Deadlift		
October	IAWA World Championships			
November	IAWA Gold Cup			
6/12/2024	OTSM World Championships	Hackenschmidt Floor Press	TBA	
		Bavarian Deadlift		
		Dumbbell to Shoulder		