

# **B** BLESSING HOSPITAL

Community News from Blessing's Public Relations Dept.  
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**March 17, 2015**

## **Blessing Breast Center pampers patients**

The Blessing Breast Center is celebrating Black History Month on February 18 with a special evening event inspired by Consuelo Ross and the Surviving the Odds Foundation. The Foundation is a 501(c)3 nonprofit organization dedicated to decreasing the mortality rate in women of color due to breast cancer. Ross is the founder and CEO of Surviving the Odds, Inc. and a breast cancer survivor.

Ross now resides in Kansas City, MO, but is a native of Quincy. Her passion to, “educate, support and bring awareness pertaining to breast cancer and how it affects minority women,” combined with a love for her hometown prompted Ross to reach out the Blessing Breast Center.

“We are so excited to team up with Consuelo and host this event,” says Lori Wilkey, Director of Radiology at Blessing Hospital. “We know screening mammograms save lives. It’s crucial all women speak with their healthcare provider about the best screening plan for them. Anything we can do to eliminate fear or barriers to screening, we are happy to do.”

The event will take place in the Blessing Breast Center located in the Blessing Health Center, Suite 320, 927 Broadway, Quincy, February 18 from 4:30-7:00 p.m. Women can call (217)223-8400, ext.4283 for an appointment.

In addition to mammograms, the Center will offer paraffin hand treatments, a free raffle, goody bags and appetizers. Aside from the usual cost for the mammogram, which will be billed to the woman’s insurance carrier, all other activities are free.

Screening mammograms are insurance billable and Medicare covered once per year. To learn about financial assistance available, individuals should call the Blessing Breast Center.

The American Cancer Society’s basic breast cancer screening recommendations are:

- Yearly mammograms starting at age 40 and continuing for as long as a woman is in good health.
- Clinical breast exam (CBE) about every 3 years for women in their 20s and 30s and every year for women 40 and over.
- Breast self-exam (BSE) is an option for women starting in their 20s.