



I.P.A KIDS COOKING



Spooky Fog Drinks

This should be a little eerie and a whole lot of fun. That's what makes this spooky punch recipe the perfect spooky fog drink for kids. Your kids will love this witch's brew!

Ingredients:

Clear glass or punch bowl
Colourful drink like Gatorade or Kool-Aid
Gummy worms
Dry ice (Buy from Amazon)
Warm weather gloves



DIRECTIONS

1. First, fill your glass with your spooky drink.
2. Next, add gummy worms, or other creepy crawlies, to the edge of the glass for an extra spooky effect!
3. The final ingredient for your foggy witch's brew is to add in a few small pieces of dry ice. Our dry ice came in a big brick and we had to chip pieces off of it. Use tongs to handle the dry ice, and gloves if you must pick it up with your hands. It is very, very cold. **(parents should do this bit)**

Watch the children's eyes grow wide with amazement at what you have just created. You can even use beakers to create a Mad Scientist Potion, like this one from Foodie Fun. Cool, right?

SAFETY TIPS FOR WORKING WITH DRY ICE

Dry ice is a solid form of carbon dioxide gas that we exhale every time we breathe. The foggy smoke is not harmful. Of course, if you will be using large amounts of dry ice, then be sure to work in a well-ventilated area to keep good oxygen flow in the room.

Dry ice is much cooler than regular ice and can give you a freezer burn if you touch it directly, so wear gloves when working with it. Dry ice will sink to the bottom of your drink, so either wait until fog clears to take a drink, or just sip the drink from the top without letting the dry ice actually go into your mouth. Don't eat solid dry ice, it's way too cold for your body!

Store dry ice in an insulated cooler, not your freezer. It is colder than regular ice, and will slowly melt in your freezer. As it melts, it turns from solid carbon dioxide to gaseous carbon dioxide and the air pressure in a confined area of your freezer will increase and could cause damage.

Buy your dry ice as close as possible to when you plan to use it, as it is difficult to keep it cold enough to remain solid for more than 8 hours or so in a home environment.