



# I.P.A KIDS COOKING



## Spooky Spider Web Bananas

Spider web bananas! They are incredibly easy to make and perfect for a healthy snack.

How to make spooky spider web bananas - quick easy and healthy fun food for kids for any occasion.

You don't need any special equipment to make these fun Spidey bananas - just a small sharp knife and as many bananas as you'd like to serve up. (Parental supervision required when Knives are used)

If the kids want to give this a go and make their own, they could mark their spider webs on with a pen instead of a knife - it's just as effective and a bit safer for little hands.

### Ingredients

Bunch of bananas

### Instructions

Separate the bunch into individual bananas.

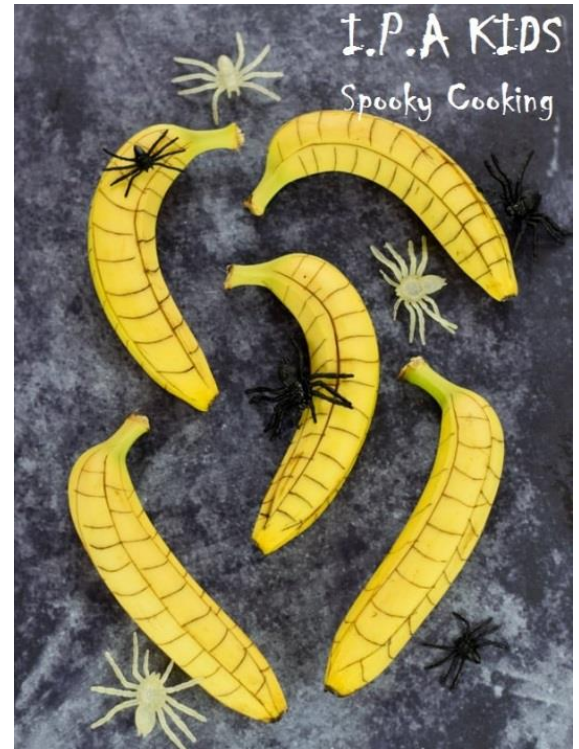
Draw a sharp knife from top to bottom of a banana, scoring the skin but taking care not to cut all the way through to the flesh.

Repeat until you have scored 4 or 5 vertical lines down each banana.

Score small curved lines between each pair of vertical lines to create a spider web pattern all over the bananas.

Leave the bananas for 5 minutes until the scored lines turn brown.

Pack in lunch boxes or serve with plastic spiders for a fun spooky snack!



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