

Why we have **spirit guides**

This question like many others posed within this course have an answer that is based within the philosophical teachings of spirit.

For spiritualists it is believed that we all choose to incarnate into a physical body so to experience the physicality of the world around us. However this is not the natural environment of spirit. As such our body houses the spirit within, with the various sensory input from the world around us not only being experienced and decoded by the cortical centres of the brain, but also by the spirit. In this manner what we experience, our actions, both in thought and deed are experienced by the spirit, which in turn allows for spiritual growth.

The need for a guide is therefore perhaps seen as a go between than links the spirit within the physical body to the spirit world. We may well undergo certain life lessons, experience the bad as well as the good, as such certain experiences in our life are predetermined, whilst others are our own free will choices, and this is where the guide(s) come into their own.

As the name suggests, their primary role is aiding us navigate the physical world. Many people think that every bad or bitter experience is spirit teaching us a lesson, when in fact this is not the case. Our free will choices can undoubtedly land us in hot water, financial problems, loss of employment or the ending of a relationship. Have you not thought that your own free will choices have led to situations such as these happening to you?

Our guide also fulfils the role of our spiritual needs, for example, if you are wishing for a change of career that will be of more benefit not only to you, but also your family and friends, then your guide will converse with more highly evolved spirit to ascertain if it would indeed be more beneficial to you and not detrimental to an extent that it would hinder another person's spiritual growth. As you can see, there is far more to the role of a guide that would at first be met. Another facet of this is that there is not only the one guide working with you, for as you undergo your spiritual journey and wish to encompass more avenues such as psychic art, trance mediumship, then you will have a guide who will work with you in this aspect.

Through working with spirit, they have taught that we are incarnated into the physical world within a group, that is to say, our grandparents, parents, and siblings, along with any person that will have a life changing experience from us or to us. This is what is termed as our lessons, we are not only here to be taught, but also to teach. It is for this reason that our guide will not be someone from this group, for as each person passes away, they wait for the next generation to return to spirit, they then talk over what was done correct and which was not, how it could be changed and what each spirit learned from the experience.

Building a rapport with your guide is paramount when wishing to embark upon a spiritual journey as a medium. You make think of being a medium as being a great privilege, though there is a heavy burden that also comes with the title of "medium" – your guide helps in this matter also, and you too have your part to play, for knowledge of spirit and mediumship is very much needed, who better to ask than your guide.