



10 Smart Questions to Ask Before Meeting in Person

Preview Questions
from

**40 Questions
Before a First
Date-Age**

40+ Edition

by

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10 SMART QUESTIONS TO ASK BEFORE MEETING IN PERSON

01.

WHAT DO YOU NEED MOST WHEN YOU'RE FEELING EMOTIONALLY UNSAFE?

INSIGHT: MANY ADULTS DON'T KNOW HOW TO NAME OR COMMUNICATE THEIR EMOTIONAL NEEDS – BUT RELATIONSHIPS REQUIRE THIS SKILL.

02.

WHEN WAS THE LAST TIME YOU CHANGED YOUR MIND ABOUT SOMETHING IMPORTANT? HOW DID THAT DECISION IMPACT OTHERS?

INSIGHT: CONSIDERATION AND DEPENDABILITY ARE IMPORTANT. THE ABILITY TO EVOLVE SHOWS HUMILITY, GROWTH, AND SELF-AWARENESS.

03.

WHAT'S A PAST PATTERN IN RELATIONSHIPS YOU'RE INTENTIONALLY TRYING TO BREAK?

INSIGHT: THIS QUESTION REVEALS WHETHER THEY'VE DONE ANY REAL INNER WORK OR ARE STILL REPEATING CYCLES.

04.

WHAT DO YOU WANT YOUR NEXT RELATIONSHIP TO FELL LIKE?

INSIGHT: THINK ABOUT THE EMOTIONAL SIDE OF A RELATIONSHIP, NOT JUST WHAT IT LOOKS LIKE.

KEEP AN OPEN MIND WHEN LISTENING.



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05.

HOW DO YOU FEEL ABOUT BEING ALONE?

INSIGHT: PEOPLE WHO FEAR SOLITUDE OFTEN CHOOSE RELATIONSHIPS OUT OF LONELINESS INSTEAD OF COMPATIBILITY.

06.

WHAT ROLE DOES YOUR PAST PLAY IN YOUR PRESENT CHOICES?

INSIGHT: THIS REVEALS WHETHER THEY'VE MADE PEACE WITH THEIR PAST, OR IF THEY'RE STILL STUCK IN IT.

07.

WHO HOLDS YOU ACCOUNTABLE FOR YOUR PERSONAL GROWTH?

INSIGHT: A PERSON WHO WALKS ALONE IN LIFE MAY LACK FEEDBACK AND SELF-AWARENESS. SEE PAGE 27 IN “40 QUESTIONS BEFORE A FIRST DATE”.

08.

WHAT BELIEF ABOUT LOVE DID YOU HAVE TO UNLEARN?

INSIGHT: THE ANSWER SHOWS HOW THEY'VE MATURED FROM NAIVE IDEAS TO REALISTIC EXPECTATIONS

09.

WHAT DOES PEACE IN A RELATIONSHIP LOOK LIKE TO YOU?

INSIGHT: MANY PEOPLE ARE ADDICTED TO CHAOS OR DYSFUNCTION AND DON'T EVEN KNOW IT.

10.

WHAT QUESTION SHOULD I BE ASKING YOU THAT I HAVEN'T THOUGHT TO ASK?

INSIGHT: THIS FLIPS THE SCRIPT AND SHOWS YOU HOW HONEST, CURIOUS, OR STRATEGIC THEY ARE.

IF THESE QUESTIONS HAVE BEEN INSIGHTFUL TO YOU, THEN “40 QUESTIONS BEFORE A FIRST DATE” IS THE GUIDE THAT YOU NEED. IT IS AVAILABLE FOR PURCHASE AT WWW.RHONDAGREEN.COM.

