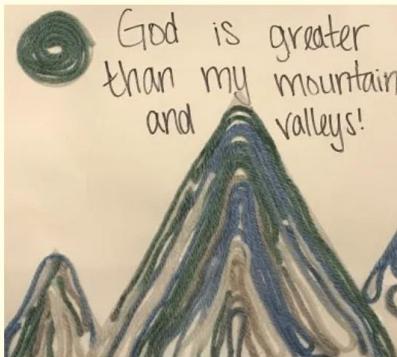


Escape to Yarn Mountain

Courtesy of BorrowedBlessings.net



Supplies

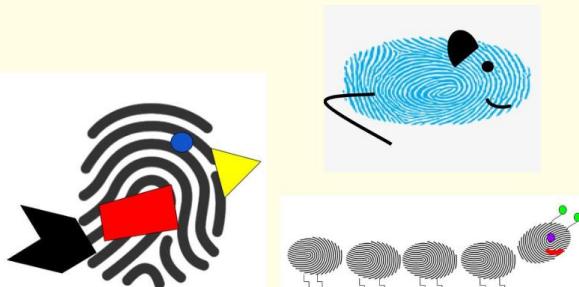
- Cardstock
- Black Marker
- Scissors
- Yarn, various colors, cut into 3"-12" pieces (shorter pieces for younger artists)
- School glue
- Foam paint brush
- Disposable cup for glue
- Newspaper to cover your work space

Instructions

- Cover your work space with newspaper
- Draw mountains on your cardstock by making triangles of different sizes. It looks great to overlap them a little.
- Squeeze glue into your disposable cup. You only need a little. Working on one mountain at a time, spread glue on your drawing using your foam brush dipped into your glue.
- Cut pieces of yarn and place them over your glue along the outline of your mountain shape first, and then filling in the mountain as you go. You can cut off any excess hanging yarn when you're done. You'll get messy fingers. It's OK! That's what soap and water are for!
- While your picture is drying, think about words to show God is always with you
- When the glue has dried, use your marker to write those words in the space above your mountains. Good job!

Don't forget to clean up!

Peaceable Kingdom at my Fingertips



Supplies

- Small amount of water in a disposable cup
- White paper
- Markers
- Watercolor Paints
- Newspaper to cover your work space



God promises us a holy mountain where animals of all kinds can live in peace and friendship together. Just imagine! Use watercolor paints and markers to create a scene filled with a variety of fingerprint animals. Show them playing together, resting together, or enjoying a meal together. Don't forget to add yourself to the scene. You won't want to miss being a part of it!

Instructions

- Think about the types of animals you'd like to create out of a single fingerprint or several fingerprints joined together. Cover your work space with newspaper.
- Wet one of your fingers and dip it into the watercolor paint you would like to use for your animal's body, head, or both. Make sure you have enough paint on your finger.
- Press your painted finger wherever you would like your animal to be on your paper. Leave it there for a few seconds, and then lift off carefully.
- Continue to add animals to your paper. If you want to switch colors, swish your finger in your water to clean it. Don't forget to add yourself to the scene!
- When your animals are dry, use your markers to add eyes, mouth, nose, ears, legs, wings, arms, fins. Go wild!

Don't forget to clean up!

The Mane Event



Make 2 lion beanbags to toss
into the lions' den

Supplies

- Cardstock template
- Two different colors of fleece
- Scissors
- Markers
- School glue
- 2 Googly eyes
- Tape
- Dried beans
- Brown paper grocery bag



Don't forget
to clean up!

- Cut around the circle outline on your template. Then cut along the straight lines that are left. Make sure you stop cutting where the lines stop.
- Use 4 pieces of tape to attach the edges of your template to your felt so it doesn't wiggle while you cut.
- Trace around the circle outline on your first piece of felt. Then cut along the lines toward the center. Make sure your felt gets cut all the way to the end of your cut line. Repeat this step for your other color of felt.
- On the color of felt you choose for your lion's face, use a marker to draw whiskers, a nose, and a mouth.
- Glue 2 googly eyes on your lion's face
- Line up the two pieces of felt, one on top of the other, so the fringe pieces match up. Tie a single piece of fringe on your top piece of felt to the fringe piece right beneath it on the bottom piece of felt. Tie as tight a knot as you can. Ask someone to help if you need help tying the knots. Continue all the way around your lion, leaving the last 3 pieces of fringe untied. This is the hole you'll need to put your beans inside.
- Carefully fill your lion with dried beans. After you've added enough beans, tie the last 3 fringe pieces together to close up your beanbag.
- Crumple up your paper grocery bag to make it look like a cave and put it on its side on the floor. Stand back and throw your beanbag to get it into its den. Get a friend to join you!

Instructions

Courtesy of theinterestedparent.com

It's Tree-mendous



Supplies

- Cardboard
- Thin sticks
- Aluminum foil
- School glue
- Acrylic paint
- Small paint brush
- Markers
- Newspaper to cover your work space



What a wonderful world God has made for us! Nature is full of his glory--from the beautiful trees that give us food and shade to the birds that sing their joyful songs to us from the branches above. Today, create artwork that shows a tree during your favorite season.

Instructions

- Cover your work space with newspaper
- Break your sticks into different sized pieces and glue them onto your cardboard to form a tree trunk and branches. Let the glue dry.
- Gently press your piece of foil around the sticks so the sticks and their design are prominent. Smooth out the foil around your raised design.
- Fold the foil underneath the cardboard around all four edges. Secure to the back with tape.
- Run a black or brown marker over the raised design on the foil to make the tree really pop.
- Paint a background around your tree trunk and branches to show the tree during your favorite season. Will it be spring? summer? fall? winter? You may want to add blossoms, fruit, colorful leaves, or even snow! Wash your brush.

Don't forget
to clean up!

God Loves Ewe



Supplies

- Canvas
- Marker
- Scissors
- Lamb template
- Removable sticker paper
- Acrylic paints
- Paint brush
- Newspaper to cover your work space



God gave us an amazing gift when he sent his son Jesus to love us and show us how much God loves us. Just like a good shepherd takes care of his sheep and never leaves them alone or in danger, Jesus stays with us always and keeps us safe. Create a piece of artwork to remind yourself that God loves you and protects you always!

Instructions

- Cover your work space with newspaper
- Cut out your lamb template
- Place the lamb you've cut out on your removable sticker paper. Trace it with a marker and cut it out.
- Peel off the backing of your lamb and stick it in the center of your canvas. Smooth it out.
- Paint your canvas however you'd like. Don't worry about getting paint on your lamb, but don't be too rough while you're painting so you don't get paint under the edges of your lamb. Don't put paint on too thick! Wash your brush.
- When your paint is mostly dry, but still a little tacky, carefully peel off your lamb sticker. You should have a painted background with your lamb shape showing. Good job!

Don't forget
to clean up!



Frozen Fruit Cubes

Use your own combination of fresh, frozen or canned fruits and yogurt to create this yummy dessert or snack. It's perfect for a summer day!

Ingredients

- 3 bananas
- 3 8-ounce cartons yogurt
- 8 ounces berries, frozen (thawed and undrained) ONLY USE HALF OF YOUR 16 OUNCE BAG!
- 2 Small containers pineapple tidbits (undrained)

Supplies

- Large bowl
- Ice cube tray
- Spoon
- Knife
- Quart size freezer bag

Directions

1. Use your knife to dice or mash bananas and place in a large bowl.
2. Stir in remaining ingredients.
3. Spoon into ice cube tray and freeze at least 3 hours or until firm. Empty cubes into quart size bag and store in freezer.
4. Wash your bowl, spoon, knife, and ice cube tray. Save your ice cube tray. You will need it again.
4. Before serving, remove fruit cubes and let stand 10 minutes. Enjoy!



Energy Balls

No-bake Energy Balls make a great snack any time of day. They're packed with protein and calcium, and taste like a treat!

Directions

Ingredients

- Small container of peanut butter
- Small container of honey
- 2 small containers of dry milk, non-fat
- 2 small containers of crushed cereal

Supplies

- Large bowl
- Butter or cooking spray to grease hands (optional)

Notes

Honey should not be given to children less than one year of age.

This recipe has peanut butter in it, so make sure no one who has a peanut allergy eats it or touches it!

Directions

1. Empty peanut butter into a bowl, but save container.
2. Fill empty peanut butter container with honey and add to bowl, but save container. Mix well.
3. Fill empty peanut butter container with dry milk and add to honey and peanut butter mixture. Repeat, so you've added two containers of dry milk total. Mix well.
4. Chill in the refrigerator for easier handling.
5. With greased hands (use butter or cooking spray), form into small balls.
6. Add two containers of cereal to your empty bowl and crush. Roll the energy balls you have made in the crushed cereal.
7. Chill until firm.
8. Refrigerate leftovers within 2 hours.
9. Wash your bowl.



Hummus

Hummus is terrific on veggies, crackers, or chips. Try it!

Ingredients

- 1 15 ounce undrained can of chickpeas/garbanzo beans
- 1 garlic clove
- 1 lemon
- Chickpea liquid from the can
- Salt to taste, optional

Supplies

- Large bowl
- Disposable cup
- Fork
- Knife

Directions

1. Pour chickpeas into a bowl. Save the liquid. Mash the chickpeas with your fork.
2. Press down on your garlic clove with the empty chickpea can to loosen the peel. Chop garlic into tiny pieces and add to your chickpeas.
3. Slice lemon in half and squeeze juice into a disposable cup. If seeds fall in, use your fork to get them out. Pour juice into chickpeas.
4. Add salt a tiny bit at a time. Taste chickpea mixture to see if you've added enough.
5. Keep stirring chickpea mixture. Add a little bit of chickpea liquid to make it smooth. If it's not smooth enough, add more chickpea liquid a little at a time.
6. Refrigerate leftovers.
7. Wash your bowl, fork, and knife.



Fruit Slushie

You can make a fruit slushie in just a few minutes—no blender required!

Plan ahead: if you don't have ice cubes in the freezer, use the ice cube tray to make some the day before you want to make your slushie.

Ingredients

- 10-12 ice cubes
- 100% fruit juice
- 2 spoons of salt

Supplies

- Gallon size freezer bag
- Quart size freezer bag
- Ice cube tray
- Spoon

Directions

1. Add half of your fruit juice to quart-size bag and seal.
2. Add ice cubes to gallon-size bag. Seal, and hit the bag on the kitchen counter to break the ice into smaller pieces.
3. Open the gallon-size bag of ice and add salt.
4. Put the quart size bag filled with juice inside the gallon-size bag.
5. Seal the gallon-size bag.
6. Shake for 5 minutes or until juice begins to freeze.
7. Pour your juice into a cup and eat with a spoon.



Fruit Party Salsa

Use graham crackers (or a spoon!) to scoop up this sweet, crunchy fruit salsa

Ingredients

- 1 pear
- 1 apple
- 2 kiwis
- 1 orange
- 1 lemon
- 2 spoons of honey
- Graham crackers

Supplies

- Bowl
- Knife
- Spoon
- Disposable cup

Directions

1. Remove the core from your pear and apple. Chop into small pieces and put in bowl.
2. Peel kiwis, chop into small pieces, and add to bowl.
3. Peel orange, cut segments in half, and add to bowl.
4. Slice lemon in half and squeeze half of a lemon's juice into a disposable cup. If seeds fall in, use your fork to get them out. Pour juice into bowl. Save the other half of the lemon in the fridge for another recipe.
5. Add 2 spoons of honey to bowl and toss fruit gently to mix.
6. Use your graham crackers to scoop fruit into your mouth.
7. Wash your dishes.