

## Arban Studies Intermediate

First Studies p. 12-22	Syncopation p. 23-25	Rhythmic Studies p. 26-28	Rhythmic Studies p. 28-31	6/8 Meter p. 32-37	Scales * p. 59-74	Arpeggios*** p. 142-146	Double Tonguing p. 175-177	Double Tonguing p. 178-179	Double Tonguing p. 180-182	Slur & D.T. p. 183-187	Art of Phrasing p. 191-244
ONE EXERCISE FROM EACH PAGE DAILY AS WARM- UP AND TO GET THE TONGUE AND AIR MOVING.	1	13	19	28	C	48	ALL EXERCISES DAILY  Perform alternating single-tongue and double-tongue (one measure each) until DT sounds like ST, then speed up the DT.	91	100	115	SIGHT READ ONE DAILY
	2	14	20	29	F	49		92	101	116	
	3	15	21	30	Bb	50		93	102	117	
	4	16	22	31	Eb	51		94	103	118	
	5	17	23	32	Ab	52		95	104	119	
	6	18	24	33	Db**			96	105	120	
	7		25	34	C#**			97	106	121	
	8		26	35	Gb**			98	107	122	
	9		27	36	F#**			99	108	123	
	10			37	Cb**				109	124	
	11			38	B**				110	125	
	12				E				111	126	
				A			112	127			
				D			113	128			
				G			114	129			
								130			
								131			
								132			
								133			
								134			

\* Scales- One key per day. Once all major scale exercises have been mastered at a steady (but not necessarily fast) tempo, perform each in parallel minors (all forms).

\*\* Db- Apply the Db key signature to the D exercises; C# - use C exercises; Gb - use G exercises; F# - use F exercises; Cb - use C exercises; B- use Bb exercises.

\*\*\* Arpeggios- If the entire page is too tough for one sitting, play half or a third of the page per day until all the keys are familiar.

**USE YOUR METRONOME ON ALL STUDIES AND WRITE DOWN THE TEMPO SO YOU CAN PLAY IT FASTER NEXT TIME!**

# Arban Studies

## Advanced

Continue improving previous studies and add ...

	Slurring/Legato* p. 39-45	Slurring/Legato* p. 48-56	Chromatic Scales p. 76-79	Chromatic Triplets p. 80-86	Turn Exercises p. 91-93	Turn Exercises p. 94-98	Intervals p. 125-130	Intervals p. 131	Triplets p. 132-136	Rhythmic Studies p. 137-141	Arpeggios p. 147-149	Arpeggios p. 150-151	Triple Tonguing p. 155-157	Triple Tonguing p.158-161	Triple Tonguing p. 162-165	Triple Tonguing p. 166-171	Triple Tonguing p. 172-174
<b>ONE EXERCISE DAILY</b>			1	80	1	4	1	8	13	28	53	56		18	26	47	70
<b>ONE EXERCISE DAILY</b>			2	81	2	5	2	9	14	29	54	57		19	27	48	71
			3	82	3	6	3	10	15	30	55	58		20	28	49	72
			4	83		7	4	11	16	31		59		21	29	50	73
			5	84		8	5	12	17	32		60		22	30	51	74
			6	85		9	6		18	33		61		23	31	52	75
			7	86		10	7		19	34				24	32	53	76
			8			11			20	35				25	33	54	
			9			12			21	36					34	55	
						13			22	37					35	56	
						14			23	38					36	57	
						15			24	39					37	58	
						16			25	40					38	59	
						17			26	41					39	60	
						18			27	42					40	61	
						19				43					41	62	
						20				44					42	63	
						21				45					43	64	
						22				46					44	65	
						23				47					45	66	
															46	67	
																68	
																69	

**ALL EXERCISES DAILY**

Perform alternating single-tongue and triple-tongue (one measure each) until TT sounds like ST, then speed up the TT.

\* These exercises are helpful, but you need to supplement them with flexibility studies from books such as Earl Irons' 27 Groups of Exercises or Walter Smith's Lip Flexibilities.

**USE YOUR METRONOME ON ALL STUDIES AND WRITE DOWN THE TEMPO SO YOU CAN PLAY IT FASTER NEXT TIME!**

## Arban Study Grid

Keep track of each exercise on the grid or in your book. Use a metronome and play each exercise at a comfortable tempo at first, paying careful attention to rhythmic and pitch accuracy, clear articulation and a beautiful sound.

There are three possible results:

- ✓ **The exercise was performed perfectly** – Write down the tempo and mark the exercise as completed. At your next session start working on the next exercise. When you get through the whole section you will start at the beginning and your goal is to play each exercise a few marks faster.
- ✓ **The exercise was unsuccessful** – Play it as slowly as needed to clean it up but don't spend more than a few minutes on any one exercise. Don't mark it off and hit it again tomorrow.
- ✓ **The exercise is just too darn hard** – Each section isn't necessarily "progressive," some exercises are significantly harder than others. If after a few sessions you feel that you just can't get it right *at any tempo* just move to the next exercise tomorrow. After working through the section you may find that tricky exercise isn't as bad the second (or third or fourth) time around.

Use your best judgment. You will only progress if you are honest with yourself about your playing: Can I play it faster? Can it be cleaner? Is my rhythm and time correct?