

Let us take a few moments to silence our minds, calm our bodies and open our hearts





#### OPENING DIALOGUE

SOLO: Matter gave birth to a passion that has no equal, which proceeded

from something contrary to nature. Then there arises a disturbance in

its whole body.

UNISON: That is why I said to you, Be of good courage, and if you are

discouraged be encouraged in the presence of the different forms of

nature.

SOLO: He who has ears to hear, let him hear. When the Blessed One had

said this, He greeted them all saying, Peace be with you. Receive my

peace unto yourselves.

UNISON: Beware that no one lead you astray saying Lo here or lo there! For

the Son of Man is within you.

SOLO: Follow after Him!

UNISON: Those who seek Him will find Him.



# Walking with Hildegard of Bingen to the stable

In her Christmas homilies the medieval Abbess Hildegard of Bingen invites us to translate the Epiphany story (when the three kings arrive at the manger, and mad King Herod fears the "newborn king" might get all the attention...(Matthew 2:1-12) to the soul's journey towards new life.

Without questioning the historic validity of the story Hildegard invites us here to read the text almost like a dream or fairytale, in order to unpack the rich symbolism it holds.

The three kings, says Hildegard (and I now translate freely and into modern language), symbolize the well-educated mind, filled with all sorts of worldly wisdom and knowledge.

But then a star in the East arises, just where the sun awakes, like a guide from beyond, pulling them on a journey towards their "heart's knowledge."

## Walking with Hildegard of Bingen to the stable

Following the promise of this star led them away from all the cherished stars they held before, even away from their own stardom.

This star "which went before them in upright perception and wisdom," led them to "God's grace" swaddled in the clothes of an innocent child.

They found Divine gifts in this little child, gifts which would frighten rulers and threaten their worldly powers. Their heart's knowledge enabled them to see the Divine gifts and to follow the star.

Then they found the "new king", surprised by the sight of a newborn, they rejoiced in the wisdom of the Divine knowledge. "Their souls tasted heavenly things."

## Walking with Hildegard of Bingen

Though arriving in Bethlehem at the scene of the birth the three seekers also arrive in that innermost "chamber"..." where the sinner lets go of sins and holiness arises," as Hildegard has it in her allegorical language.

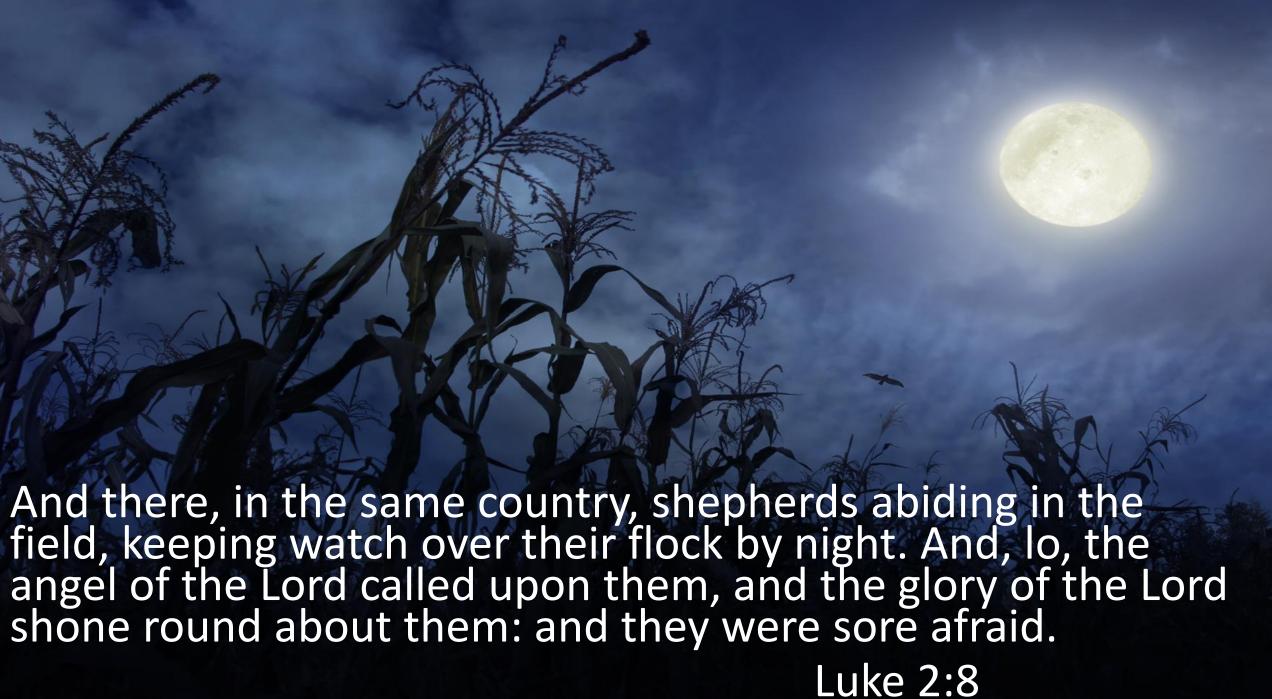
Overcome by that very moment they open their heart and offer their innermost riches (again in my own words):

- gold, the beginning of Divine knowledge,
- frankincense, the becoming transparent to our shortcomings,
- myrrh, the deepening of the self.

https://www.cloisterseminars.org/blog/2021/1/2/epiphany-eve-wise-women-also-came



Basilica of National Shrine, Nativity
Chanel Washington D.C.





Charlie Brown Christmas: Things to Know As It Celebrates 50 Years

https://www.youtube.com/watch?v=CIYECDQk5Vg

We need no wings to go in search of him but have only to look upon him present within us.

St. Teresa of Avila

1515-1582



### Reflections

• What Christmas means to me?

When and why do I most believe?



ANNOUNCEMENTS

PRAYER LISTS

REQUESTS



#### CLOSING DIALOGUE

SOLO: For unto us, is born this day

UNISON: A Savior who shall be called Emanuel.

SOLO: Glory to God in the highest heaven,

UNISON: and on earth peace and goodwill to all.

SOLO: Peace be with You

UNISON: Acquire My Peace Within You

