

"When I was a boy and I would see scary things in the news, my mother would say to me,

'Look for the helpers. You will always find people who are helping.'" Mr. Rogers

Dear Community,

What a meaningful gathering we shared today. I give thanks for each one of you and am grateful that we have our own small group to help us navigate this world, the good and bad of it.

I meant to mention that Monday, May 30th is a new moon. Astrologically and according to many traditions, a new moon is a time to set new intentions. Even the Farmer's Almanac endorses planting with the new moon: 'The New Moon and first quarter, or waxing phases, are considered fertile and wet. *The new and first-quarter phases, known as the light of the Moon, are considered good for planting above-ground crops, putting down sod, grafting trees, and transplanting.*'

Additionally, this new moon launches us into the last lunar cycle of the spring season — and allows us to take our first breath after being plunged into the depths of the last month's eclipses — so there's an exciting feeling of change and an element of hope in the air. For many reasons, this new moon in Gemini holds much promise and lighter energy.

So I invite you to make a new intention and write it down. Your intention can be anything you want to bring into your life or a change you want or a new practice. Don't limit your thoughts or wishes. I believe in the power and significance of rituals and will use a ritual of my own making tomorrow as I create my intention for the next few months. There's no better time than now to send a new request into the Universe. By the time we meet next, the Summer Solstice will be upon us. Perhaps, if we are brave, we will want to share the intention we made under the presence of this new moon.

This article adds some other information: <https://www.refinery29.com/en-us/2022/05/10993454/new-moon-in-gemini-may-2022-meaning-effects>

I've attached the article about Hope.

Until next time,

Best.

Dorothy Gibbons