

**FAMILY LIFE CHURCH OF THE VALLEY
RIVERSIDE COUNTY**

TITLE: 40 DAYS IN THE WORD

SESSION FIVE: PERSONALIZE IT! PRAY IT!

MEMORY VERSE: "THEREFORE, EVERYONE WHO HEARS THESE WORDS OF MINE AND PUTS THEM INTO PRACTICE IS LIKE A WISE MAN WHO BUILT HIS HOUSE ON THE ROCK."

MATTHEW 7:24 (NIV)

PERSONALIZE IT!

PRAY IT!

Guard my words as your most precious possession. Write them down, and also keep them deep within your heart.

Proverbs 7:2-3 (LB)

The law you gave means more to me than all the money in the world.

Psalm 119:72 (TEV)

BENEFITS OF MEMORIZING SCRIPTURE

- **Memorizing Scripture helps me** _____
_____.

In order to say, "It is written," we first have to know what is written.

I have hidden your word in my heart so that I might not sin against you.

Psalm 119:11 (NIV)

- **Memorizing scripture helps me make** _____
_____.

Your word is a lamp to guide my feet and a light for my path.

Psalm 119:105 (NLY)

The more you know what God says, the more you will know how God think

- **Memorizing Scripture** _____ **when I'm under stress.**

40 DAYS IN THE WORD SESSION FIVE (cont.)

Your promises to me... are my only hope. They give me strength in all my troubles; how they refresh and revive me!

Psalm 119:49-50 (LB)

- **Memorizing Scripture** _____
when I'm sad.

Your words sustain me ... They bring joy to my sorrowing heart and delight me.

Jeremiah 15:16 (LB)

- **Memorizing Scripture helps me** _____
_____.

Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do it with gentleness and respect.

1 Peter 3:15 (NIV)

HOW TO MEMORIZE SCRIPTURE

1. **Pick a** _____.

"Therefore, everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock."

Matthew 7:24 (NIV)

2. **Say the** _____ **before and after the verse.**
3. **Read the verse** _____ **many times.**
4. **Break the verse into** _____.

Matthew 7:24

"Therefore / everyone who hears these words of mine / and puts them into practice /
Is like a wise man / who built his house on the rock."

Matthew 7:24

5. **Emphasize** _____ **in each phrase.**

40 DAYS IN THE WORD SESSION FIVE (cont.)

Matthew 7:24

“Therefore / everyone who **hears** these words of mine / and puts them into **practice** /
Is like a **wise** man / who build his house on the **rock**.”

Matthew 7:24

6. Always memorize the verse _____.

THE PERSONALIZE IT! METHOD OF BIBLE MEDITATION

Put your name in place of the pronoun or nouns used in Scripture. For example ...

For God so loved (_____) that he gave his one and only Son, that if
(_____) believes in him, (_____) shall not perish
but have eternal life.

John 3:16

He who began a good work in (_____) will carry it on to completion
Until the day of Jesus Christ.

Philippians 1:6

Rewrite the verse in the first person, as though God were saying it directly to you, like this ...

I began a good work in you (_____), and I will carry it on to completion.
Philippians 1:6

“Trust in me, (_____), with all your heart and do not lean on your own
Understanding. In all your ways acknowledge me, and I will direct your paths.”

Proverbs 3:5-6

“I am your Shepherd, (_____), you shall not be in want. I make you lie
down in green pastures, I lead you besides quiet waters, I restore your soul. I guide you,
(_____), in the paths of righteousness for my name’s sake.”

Psalms 23:1-3

40 DAYS IN THE WORD SESSION FIVE (cont.)

The word of God is his love letter to you. And he wants you to open it and experience the joy

Of getting to know him through his Word. That's what devotional reading is all about. Not just

Knowing the Word, but getting to know the Author personally.

THE PRAY IT! METHOD OF BIBLE MEDITATION

Put the passage you are studying into the first person singular from you, turn it into a prayer,

And pray it back to God.

Thank you, Lord, for being my Shepherd, and that I lack nothing. Thank you for making me lie down in green pastures, and for leading me beside the quiet waters. Thank you for restoring my soul. Thank you for guiding me in the paths of righteousness for your name's sake.

Psalm 23:1-3

Help me, Lord, to trust you with all of my heart and to stop leaning on my own understanding.

Please give me the faith to acknowledge you in all my ways so that you can direct my paths.

Proverbs 3:5-6

Then write down your thoughts and prayers. And always ...**always** ... find the application to your life. Look for the timeless truth in the verse. Ask yourself: How do I look in the mirror of this passage? What am I seeing in the light of this truth? How does the verse or passage apply to my life right now? What does God want me to do about it? How can I put it into practice? What do I need to think or feel differently about? What is God asking me to do or stop doing, to believe or stop believing? How does he want me to live from now on?

Four Factors in Writing a Good Application

Your application should be...

_____ -- write it in the first person

40 DAYS IN THE WORD SESSION FIVE (cont.)

_____ -- something specific you can do

_____ -- something you know you can accomplish

_____ -- measureable so you'll know when you have done

it; set a deadline

For example ...

All man's efforts are for his mouth, yet his appetite is never satisfied.

Ecclesiastes 6:7 (NIV)

Personal: "I need to..."

Practical: "I need to lose some weight."

Possible: "I need to lose 10 pounds."

Provable: "I need to lose 10 pounds before the end of the month."

DISCOVERY QUESTIONS

- As a group, practice the **Personalize It!** method using 1 Corinthians 6:19-20.

(We'll practice **Pray It!** during our prayer time.) Insert your name into the passage and rewrite it as though God were saying it directly to you.

Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore, honor God with your body.

1 Corinthians 6:19-20

40 DAYS IN THE WORD SESSION FIVE (cont.)

- What does it mean to you that your body is a temple of the Holy Spirit? Why do you think

God wants to live in you by his Spirit?

- In light of this truth, how do you think God wants you to live? Review Pastor Rick's four Points of application. How can you honor God by treating your body as a temple of the Holy Spirit in a personal, practical, possible, and provable way?
