

1	If you like a woman, make your intent clear; IE: "Do you want to go on a date with me Sat. Night?" If you just tell them there are a bunch of people hanging out on Sat. Night, do you want to come?"	12	Women tend to have a LOT going on in their minds and heart at any given time. If she gets overwhelmed, it's not your fault. Listening, a few reassuring words and a hug are likely a good remedy.
2	When we set a boundary, it's not a challenge. We actually mean it. If we want to remove that later, we will. If you have questions about boundaries or anything else, just ask. Crossing boundaries we had placed makes us feel disrespected. For example: I told someone that I could only talk on the phone after my kids calmed down for the night or when they were with their dad. He still called almost every night right about the time I was getting home from work and the kids needed me the most.	13	I love it when a guy asks for my number, instead of casually asking if I want to "get off this app," (trying to get my number in a roundabout way). It's like asking if I want to hang out sometime, rather than asking for a date. The act of asking me out (or for my number) shows initiative and confidence, and that I am important enough to them to take a little risk. Not that I'm saying I want every guy that likes me to ask for my number as soon as they meet me; they should still follow social cues and hopefully build up a little rapport.
3	Don't just text... call her on the phone, set up a time to call or FaceTime. Stop hiding behind group invites, and texting. Be brave enough to invite just me and talk to me on the phone/facetime.	14	Women find it offensive if your stated plan is to find a woman who is 15 years younger than you. Even if you are not leaving out that possibility, it's best not to talk about that as it alienates women closer to your age.
4	Dates don't have to be a big extravagant event, it can be simple.	15	Women need space, if a guy comes on way too strong, it will push her away.
5	If a woman is NOT attracted to a man, there is NOTHING he can do to MAKE him attracted to him later on. He needs to be at least a 5 in her mind for anything to happen. Anything less = friend zone at best. It doesn't matter how nice, how kind he is, what he does or says. It won't matter how much money he has... nothing. And a woman knows immediately. There are things men can do to be more attractive, if he is at least a 5.	16	If a woman is interested in you, she will help you be able to go out on a date. If she is NOT interested in you, she will throw up roadblocks, or make excuses etc. ie: if she is busy on the night he suggests, she will suggest other days that would work... If she doesn't do that, just leaves it at "I can't do Friday night..." then he just needs to take the hint that she's not interested.
6	Women tend to think in extremes, but they are also isolated. For example, they are thinking "IN THIS MOMENT... You NEVER do XYZ or you ALWAYS do XYZ. Yes it is in extremes, but it is just intense emotion, for THAT moment in time.	17	Humility is more attractive than bragging, and I don't care what kind of car you drive.
7	It's better to give a woman 1 rose every few days, than a dozen or 2 dozen roses once a quarter! This applies with more than just flowers! It applies to kindness or thoughtfulness etc.	18	do not date a woman with children unless you want to be a stepdad.
8	Women like men who "Have a Plan" it's best if men know where they want to go for dinner, or have 2 options. Don't make me think it up, and I don't know your budget, etc!	19	Women DO care about how a man presents himself. He doesn't have to be SUPER stylish, but he needs a minimum level of clean. Haircuts fairly often, clean shoes, not straight off of work, no nose or ear hairs... not really wrinkled shirts, DON'T wear hoodies! or Sweats!... D
9	Please stop being overly flirtatious or complimentary over text especially when we don't 'know' each other. It's flattering sometimes, but when I feel it's a line used on any girl, (which it tends to be fairly often) it doesn't feel genuine or special. It's actually a becomes a big turn off.	20	don't just say hey or what's up and then do little more to contribute to initiating conversation. In my view, the initiator should help guide some context to conversation. Or better yet, set up a phone call!
10	stop asking what I'm doing and after sharing, assume I must be busy...if I were busy I wouldn't respond. But I'm not about to say, just sitting around, twiddling my thumbs, waiting to hear from you (eye flutter).	21	It's nice when there is a mix of ways to connect, for myself texting is ok, but it's not a good way to really have a conversation.
11	For most women, they are going to give the guy at least a chance, a 5 minute conversation. If he is interestED and a good conversationalist, he has a real opportunity. It's the guy that has the guts to cross the room and strike up a conversation with a woman who has the best odds.	22	If you don't have any interest romantically, you need to just say something definitive. "I don't see us working out long term" or "I see us better off as friends"

Thoughts for Women:

1	Men are not mind readers. Don't expect what you don't express. If you are feeling or thinking something, just say it. Preferably in person or over t.	16	When men are feeling down or depressed, the last person they want to talk to is a female friend, especially a significant other, since it makes them feel weak or vulnerable.
2	Don't play games. Don't not respond to a text message just because you don't want to appear too eager.	17	If you are confused about the status of the relationship - ask HIM, your 10 best friends can listen and support, but they can't clear that up for you.
3	Pick-up the phone and call. In the early stages just set up the time to talk. There is often confusion and misunderstanding in text messages.	18	Girl, unless he's wearing a diaper, you can't change him.
4	Be direct. If you're not into someone, just say it already. Don't play the ghosting, guessing game. Guys have feelings, too.	19	Words of appreciation, even for simple things, mean a lot to men.
5	Ask guys on dates already. take the initiative. We are adults. It's 2020. If you want something go for it. Do something different. See #1 above: Don't expect what you don't express	20	It's OK to want to know where you are in the relationship, and we understand people not wanting to be played or manipulated, and it is off-putting to always be trying to label things, there is a natural flow, try and follow the flow.
6	Offer to pay. Offer to plan. It's 2020, maybe I'm a feminist and am too forward thinking in expecting an egalitarian relationship. But if you want an equal partnership in the marriage, be an equal partner in the courting process.	21	"I kind of want you all for myself..." This is very non threatening and non demanding and all about what she wants, without demanding anything from me.
7	Be vulnerable. big risk = big reward, If you want to hold my hand, go for it (or ask for consent and then go for it ;)	22	If I have said "I see us better as friends" then don't try and talk me out of my feelings, or defend your case!
8	Single gals are both feminine & masculine because they are leading their family. With dating, let the guys be masculine & lead. Gals needs to use their feminine energy to talk to guys - pull back & let the guys take the lead. Give them times between texts or communications.	23	If you are asked to dance, it's a compliment, say "Yes". He's not asking you to marry him, for crying out loud, it's 3 minutes - you can give anyone 3 minutes.
9	Men's brains are like a big Belgian waffle with defined compartments, each for one thing and one thing only. Examples: football, computer issues, work issues, family, and watching TV. Sometimes women work hard to hack down the walls in those waffle squares to "help" the man think along with them, to quickly jump from one square to another: football, work, family, etc. On the other hand, women's brains are like a bowl of spaghetti. See how easily those noodles slide across one another? She easily slides from one thought to the next.	24	At Dances, you may get "hit on", by someone quite a bit older than you. This does not make him a "creepy old man". Put on your big-girl pants and deal with it - Politely. And without complaining to your girlfriends.
10	Most guys loose their friends when they get married since they feel they have to only spend time with their wife's friends.	25	Most guys only have 1 good-close guy friend, though many don't have any. Most guys friends are good, but they don't discuss deep personal items with them
11	It doesn't matter how much money the wife/girlfriend makes, most guys will feel it is their burden to provide for the family.	26	Men want to solve problems. Solving problems makes us feel useful and needed.
12	Men feel that there is a sliding scale for how women see men as attractive. The more money he has, the more attractive he is.	27	Men are just as insecure about our looks as women, we just are not allowed to talk about it.
13	Mindless, stupid stuff is our stress relief, whether it's video games, watching sports, dumb-funny movies, cartoons, etc...	28	Men love smart strong women, as long as they don't belittle or berate us.
14	Yes, we know you can do a lot of stuff on your own, but helping is how men show love and feel validation.	29	Don't bring up some mistake we made months or years ago in an argument
15	Let us sit alone with our thoughts at times. We need that quiet reflection time.	30	If we are sitting together watching something on TV, don't try to bring up some non-relevant conversation. Just enjoy the mindless entertainment together.

Thoughts for Everyone:

1	Be interestED, not intrestING -Don't take whatever they say, and turn it around and talk for 5 minutes about your interests.	19	Just because we're in the same group of friends doesn't mean I wouldn't want to spend one-on-one time to get to know you better. A date isn't a marriage proposal.
2	Don't text: "Hey" and that's it... you need to ask a question, or say something, give them a reason to respond.	20	Don't talk about how badly you schooled your ex in the divorce. That makes anyone leery, regardless of which gender.
3	Don't text "I just made XYZ for dinner!" What the heck are they supposed to do with that? There's nothing there to grab onto. Or "I just went for a walk..." Who cares? Say something that's relevant to you two, or her.	21	It's a small world in our community and maybe I dated a friend of yours, or you dated a friend of mine. It's bound to happen, so get over it. This isn't high school.
4	Be clear about what is going on, if you are too busy to be able to get back to her until X time...	22	Every person is different. Learn to adapt, but still maintain your identity.
5	Dating is like a job interview... for both parties, sweats, ponytails, holy t shirts... Dirty pants, or messy beards etc.	23	Choose to be honest in communication. Integrity matters.
6	When giving compliments, it should be specific about who they are, or a character trait that they have developed or something. NOT just about how good they look. We all want to know that we are more than just our looks.	24	Choose to be respectful. (I have heard comments from men like: "good luck finding a guy who's interested in you and your 3 kids..." mostly after they were turned down. Don't do that, don't be bitter, people talk to each other!)
7	If you are going to say something about their appearance, it needs to be more than just "you are really beautiful/hot/pretty" "You are absolutely stunning, I just had to come talk to you" "I noticed your smile from across the room and had to say hi to you" "it's really rare for me to find a woman who I can have these types of conversations with, I enjoy this!"	25	Living standards of For the Strength of the Youth. Sexual purity. Stay worthy to enter the temple. Both parties have to agree on definite boundaries, especially if you choose to spend lots of time together.
8	Don't be so concerned about whether or not they like you that you forget to consider whether or not you like them	26	5) If you want to get a message across, try one thing at a time. Do not overload him with a hundred details or requests.
9	On apps or texting, some people find it unattractive when a the other person doesn't use proper (or any) punctuation.	27	I'd rather someone be honest about something instead of give excuses as a way to spare my feelings. Being lied to and then finding out later is ALWAYS worse.
10	Don't meet at someone's house for a date. Drive separate cars until you trust them.	28	Asking for a personal email or phone number really early is bad. Keep it in messenger for a while.
11	Don't send friend requests to people you haven't had any interaction with	29	False Promises are the Worst
12	If you are so angry about your Ex or past relationships that you don't know when it's appropriate or not to vomit about your anger, then you should take time to work on yourself before dating.	30	It's silly when people are secretive and don't give names or talk in generalities.
13	To be real and honest. Be 100% don't just say stuff because you think it will impress her. That 100 % communication is your best choice	31	Chivalry is not dead. If she doesn't want you opening the door for her, etc., she'll let you know.
14	Partnership, not a dictatorship.	32	Go Above and Beyond the "Nod"
15	Just talking is good	33	Follow through is important!
16	Don't say something because you think the person wants to hear it.	34	Don't stare. Try and catch my eye but don't stare.
17	If you are unsure, ask.	35	Don't stare at other women when you're on a date with me.
18	A good sense of humor is a great asset.	36	First Date Jitters are Real

Advice for Both About Texting:

1	stay engaged in the conversation. In other words, don't try to hold multiple conversations at the same time or do it while cooking dinner or washing the car where you can't respond timely. Respect the other person's time. No one wants to wait 30 minutes for a response to the last text. Texts are supposed to be short, funny, sweet, interactive. Don't write books and respond quickly.	7	Stop playing games about texting, dating, etc. The "rules" about not showing too much interest by waiting to text them back etc.
2	Remember what was said from previous conversations (if any) even if that means you have to go back and re-read your conversations with them (or their profiles) so that you can recall details they shared so you don't re-ask the same questions or bring up something that may have been from another conversation. If you are talking with a few people, that may mean taking notes about that person so that you don't mix facts and people. [Hint: I take screenshots of their profile if I think I'm interested. That way I don't have to keep going back to their profile and end up looking like a stalker or desperate because the dating app tells them that I've looked at their profile again.]	8	Texting or even Talking... You have to give the other person something to grasp onto. You can't just put words out there in space and hope that they will respond how you want.
3	If you want to act like a youngster, just keep chatting over text. If you are actually interested in dating, even just one date, not just playing on your phone, move quickly to a phone conversation. Don't chat converse more than 3-4 times before going to a phone call. Most of us have jobs, kids, other things to do and having chat conversations takes longer and is more work with very little results to spend 30-60 minutes chatting every day or every other day. It becomes an unwanted disruption instead of a welcomed uplifting interruption.	9	Don't just fire off questions one after another. Even if the other person is answering them (worse if you ask another before they answer) It should be a give and take, you should be answering them as well for them.
4	Once you set up a time to call, act responsibly and call when you say you are going to and if you can't, text and explain what has happened and set up another time. Since most of us have a lot of obligations, understand that weekends may be the only time to talk when the schedule is less busy.	10	when you start your conversation - don't just say Hi or Hello. Point out what u observe in a post or comment on
5	Come to the conversation with 5-10 intelligent information-revealing ice breaker questions you would like to talk about (So tell me about your family? Or Why did you decide to go into marketing or law? Not "What is your favorite color? If you were a super hero, who would it be?") Stay away from the highly personal questions until you've decided you'd like to both keep investigating the potential relationship. Do not ask about their divorces, financial information or the testimony status of their kids.	11	If you are texted a question, please make some attempt to answer it, even if the answer is "I'm not sure how to answer, I'll have to get back to you". Actually this goes for communication in general. Try to answer the question asked and not make up a different one.
6	Texting or Posting on FB: Take an extra 10 seconds and re read your words before you send or post it! Or at the very least, go back and edit your post to correct your english! I myself take huge cues on someone's intelligence and social awareness by if they know how to use the right words. They don't have to use big words, just use the RIGHT ones!!! Examples of commonly misused words: to and too your and you're their and there u and you	12	Tell people about your day, your life whatever, in small waves... like "How was your day?" Just say "It was tougher than I would like" and IF they ask more, then

Advice for Both About Dates:

1	<p>Feel free to ask for input, but have a plan for a date. Make it clear ahead of time if you are going as friends and will share costs or if you are "asking her out" and intend to pay.</p>	4	<p>Don't touch her, even on her elbow or arm etc, UNTIL she touches him first, especially if she touches him on his arm or elbow repeatedly, that means: It's OK to touch my hand. It's like dancing, the woman has to lead in the escalation department.</p>
2	<p>5) Pay attention to social cues. If I'm leaning towards you, making eye contact, or seeking you out, those are good signs. However, if I'm pulling away, looking away, or acting uncomfortable and changing the subject when you compliment me, that means "let's just be friends" or at the least "slow down".</p>	5	<p>Don't do dates where you can't talk, like movies!!! Or a concert</p>
3	<p>If She is NOT interested in you at all, then she will have her hands down by her side, or in her pockets, they will keep a lot of space between you and won't accidentally bump into you. They won't sit in a place like in the booth where you could be touching legs or arms while eating.</p>	6	