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2025 California District Four Softball Pitching Rules for Interleague Play

Maximum number of innings a pitcher may pitch in any 1 game:

Minor (AAA-AA)	3*	No rest is required to pitch again.
Major	12	One day rest is required if more than 6 innings is pitched.
Senior	12*	No rest is required to pitch again.

*Regular season only. The TOC is an extension of regular season.

Maximum numbers of innings per week:

Minor	3 in every game up to 21 per week.
Major	No limit. Restricted by days of rest as noted above.
Senior	No limit.

Innings a pitcher can pitch in back to back games*:

This applies to any 2 played games back-to-back no matter how many days in between games. If games are played on successive days the rest rule does apply.

	First Game	Second Game
Minor	1-3	1-3
Major	Less than 5	Up to 12
Major	5 or more	No more than 4 (provided rest period is observed)
Senior	Less than 6	Up to 12
Senior	6 or more	No more than 5

*Regular season only. The TOC is an extension of regular season.

Majors and Seniors: If a team cannot produce a pitching log, no pitcher on that team may pitch for more than three (3) innings in that game.

Coaches are responsible for checking pitching logs prior to the game and alerting the umpires at the plate meeting if any are missing.

**Pitching logs are found on the District 4 Softball Website:
<http://www.californiadistrict4littleleague.org/softball>**