

FYI (Copied from text received from ASC Secretary)

We are always looking to make improvements to our new way of life. Below you will find a format for our zoom meetings. The cash app is **\$NDASC**. I will send a second message of what you can use to put in chat to request the 7th tradition.

Any groups that are not under the North Dade Area Zoom have the option to set up their own Cash App to help to pay for their Zoom expenses and anything left over can come to North Dade as usual.

I will also be emailing this info to everyone.

Zoom Meeting format

Hello my name is —— and I'm an addict.

Let's open this meeting with a moment of silence followed by the serenity prayer.

Welcome to the virtual meeting of (group name). We meet here (how often you meet) from (start and end time of the meeting).

We are not trying to dictate or tell you what to do In your own space but there is such a thing as zoom etiquette so To help us maintain an atmosphere of recovery let's try to be mindful of what we wear and our activities while on camera not to offend others. The host will mute everyone once the meeting begins, Please leave your devices on mute unless you are sharing. If you would like to share once the meeting is open, please raise your hand. You can do so by clicking on the option for more and there you should see the raise hand option and you will be called on and then you can unmute yourself to speak.

There will be a virtual basket passed. You can find the cash app information in the chat. The money collected will be used to continue to support our meetings in this format and the rest will be passed on through the NA service structure to continue to carry the message of recovery.

Thank you for your cooperation and participation.

Can I please have someone to read:

Who Is an addict

Why are we here

What is the Narcotics anonymous program

How it works

The twelve tradition of NA

Just for today Meditation (IF YOUR GROUP READ IT)

Ask someone to do virtual chips.

Open the meeting in the format you choose (Chairs choice, open discussion, step series, etc.)

Once speaker is finish sharing, open the meeting.

Close meeting with serenity prayer.

You have the option to leave the meeting open for the meeting after the meeting for up to 30 minutes*