



KNIGHT NEWS



A monthly newsletter brought to you by Knights of Columbus, Sacred Heart Council #822

JANUARY 2026

10 PAGES

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Top Stories in this Newsletter

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Rooted in
Faith

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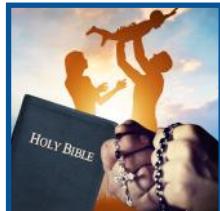
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Grand Knight's Message: Taking Inventory of Our Catholic Faith

Brother,

This new year invites us to pause and take inventory—not just of our schedules, but of our Catholic faith. When we joined the Knights of Columbus, each of us declared that we were practical Catholics. That promise was not just a formality; it was a commitment to live our faith.

So what does it mean to be a practical Catholic?

It means actively living our faith, not simply claiming it. First and foremost, it means attending Mass every Sunday and on Holy Days of Obligation. The Eucharist is the foundation of our faith, and our presence at Mass shows that God comes first in our lives.

Being a practical Catholic also means practicing our faith daily—through prayer, receiving the Sacraments, and striving to grow spiritually. As Knights, we are called to carry our faith into our homes, workplaces, and communities.

Most importantly, it means living our lives in a way that reflects Jesus Christ. We are called to love, serve, forgive, and be witnesses to our faith through our actions, even when it is challenging.

This new year, I encourage you to ask: Am I still a practical Catholic? If the answer is yes, keep moving forward. If not, remember that God is always calling us back.

Let us recommit ourselves to our faith, our families, our parish, and our Lord Jesus Christ.

Merry Christmas and a Blessed New Year to you and your family.

Vivat Jesus,



Jeff Christian, Grand Knight



Join us each month at 6:45 before the Council meeting to recite the Holy Rosary with your Brother Knights! Contact Ethan Apsley for details. If you don't have a rosary, we'll give you one!!!

Isaiah 43:18-19: "Forget the former things; do not dwell on the past. I am about to do a new thing; now it springs forth, do you not perceive it?"

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to learn more:

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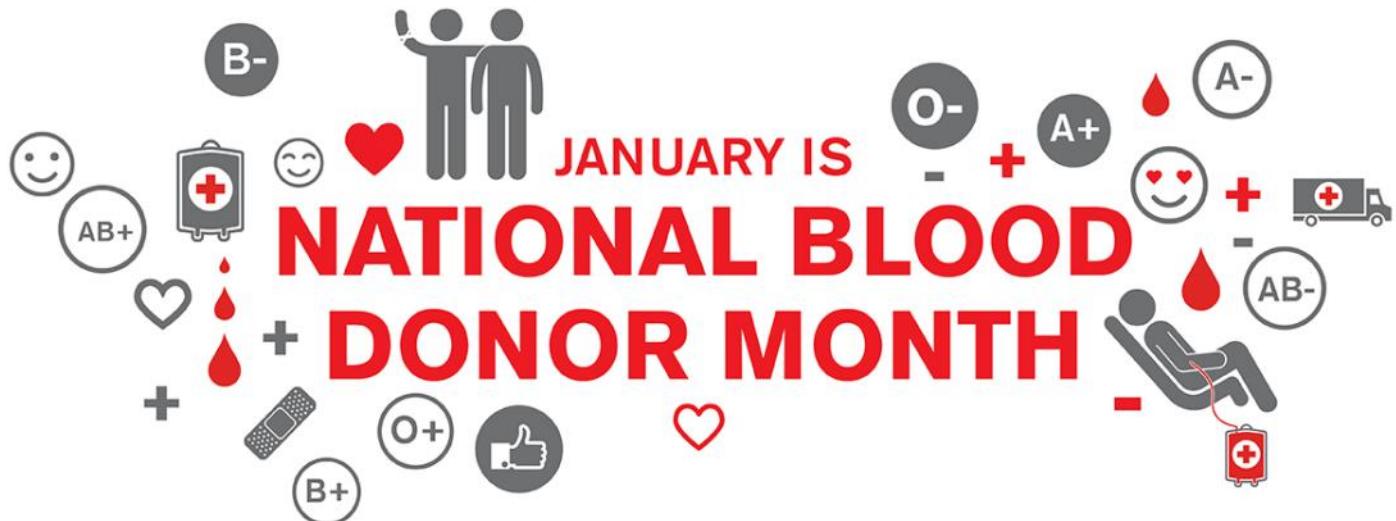
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Blood donation is a vital act of generosity that saves countless lives every day. Donated blood is essential for emergency situations such as accidents, surgeries, and for patients battling life-threatening diseases like cancer or anemia. By giving blood, donors help ensure hospitals have a steady supply for those in need, fostering a healthier community and even making the difference between life and death.

In 2025, our Council #822 hosted 6 blood drives, collecting 98 blood products, and contributing to saving 294 lives!

Please mark your calendars to give blood in 2026 and continue this critically important support of our community. Signups are available on our website.



2026 K of C Council #822 Blood Drives



Jan 21

Mar 18

May 20

Jul 22

Sep 23

Nov 18

The Enduring Support of the Catholic Church for the Work of Martin Luther King Jr.

Celebrating Faith-Based Advocacy for Justice and Equality

Martin Luther King Jr. stands as one of the most iconic figures in the struggle for civil rights and social justice in the United States. As our nation recognizes him this year on January 20, we remember that his philosophy of nonviolent resistance, inspired by Christian teachings and the example of Mahatma Gandhi, challenged racial injustice and transformed the American social landscape. While King was a Baptist minister, his vision and activism resonated across denominational boundaries, drawing significant support from the Catholic Church.

The Catholic Church's support for King's work is not merely theoretical; it was manifested in concrete actions during the height of the civil rights movement. Catholic clergy and laypeople participated in key events, such as the 1963 March on Washington, where King delivered his iconic "I Have a Dream" speech. Notably, several Catholic bishops and priests marched alongside King in Selma, AL, in 1965, demonstrating solidarity in the face of violence and opposition. Religious orders, such as the Sisters of St. Joseph and the Society of Jesus, publicly endorsed the movement and provided logistical and moral support. Catholic publications, including *America* magazine and the *National Catholic Reporter*, advocated for civil rights, amplifying King's message to the broader Catholic community and the nation.

The Vatican itself has recognized the significance of the American civil rights movement and King's leadership. Pope John XXIII's encyclical *Pacem in Terris* (1963) called for peace based on justice, equality, and respect for human rights - principles that echoed King's advocacy. After King's assassination in 1968, Pope Paul VI publicly mourned his death and praised his commitment to nonviolence and justice. Subsequent popes, including St. John Paul II and Francis, have invoked King's legacy as a model for Christian engagement in social issues, further solidifying the Church's endorsement of his work.

The Catholic Church continues to honor and build upon King's legacy in the 21st century. Many Catholic parishes, schools, and universities commemorate Martin Luther King Jr. Day with prayer services, educational programs, and community service initiatives. The United States Conference of Catholic Bishops regularly issues statements reaffirming the Church's commitment to racial justice and the eradication of discrimination, often citing King's example and teachings, and Catholic social justice organizations, such as the Catholic Campaign for Human Development and Catholic Charities, pursue initiatives aimed at reducing poverty, combating racism, and promoting equal opportunity - goals that were central to King's mission.



New Year's Resolutions...

for Catholics . . .

Excerpted from the article by Fr Edward Looney at Catholic Digest, Dec, 2020

1. Begin your day with a Morning Offering
2. Pray a daily or weekly Rosary
3. Stay meatless on Fridays
4. Pray the Stations of the Cross weekly
5. Pray through a devotional book
6. Read a spiritual book
7. Read, listen, or pray with the Bible
8. Go on a pilgrimage
9. Choose a saintly intercessor
10. End your day with an Examen

Sacred Heart Council 822 Knight of the Month

This Brother follow Proverbs Verse 3:27 closely... "Do not withhold good from those to whom it is due, when it is in your power to do it."

He is one of the Brother Knights that is always willing to step up when needed at Church or in the Community. He has graciously offered his service to our council for several years in a very ominous position without complaining ...

Our Knight of the month for December is Our Financial Secretary Patrick Bohman

- Jeff Christian, Grand Knight



The Reform That Changed the Way We Measure Time

Pope Gregory XIII was the pontiff who initiated history's most significant calendar reform. In the late 16th century, Europe was using the Julian calendar, which had been in effect since 45 BC. However, this calendar miscalculated the length of the solar year, causing the dates of important Christian festivals to drift gradually away from their intended seasons.

To correct this drift, Gregory introduced a new calendar in 1582. The reform involved skipping ten days to realign the calendar with the spring equinox and implementing a system of leap years to keep the calendar more closely synchronized with the Earth's orbit around the sun.

The Gregorian calendar spread gradually across the world and is now the most widely used civil calendar. His initiative ensured a standardized way to measure time, impacting global society, commerce, and religious observance to this day.

from your editor ...

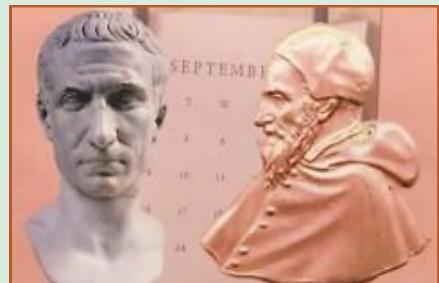
I will be the first to admit that I struggle with seasonal depression. It starts before Thanksgiving and continues until Spring finally thaws everything out. I withdraw. I'm angry, exhausted, have no interest in anything, and find pleasure in very little.

It's a very real condition, one that I know I have to work through each year. If this sounds like you, please just know that you are not alone. You have friends, Brothers, and a loving God who will get you through this, one day at a time.

I'm right there with you, and I see you. - Michael

TIPS FOR HANDLING SEASONAL DEPRESSION:

- Stay active, even if it is doing small things each day.**
- Eat a balanced diet and get enough sleep.**
- Keep a schedule and try to get fresh air every day.**
- Try to find a small pleasure for yourself each day.**
- Avoid using too much alcohol and avoid drugs.**
- Create a buddy system to have someone you can call when you feel down.**
- Set boundaries on how you want to spend your time in a way that works for you.**
- Seek professional help if you need it.**





2026 DUES are DUE



Dues for 2026 are now due. In an attempt to save on the cost of mailing out notices, we're reaching out by email and this ad to as many members as possible before we invest in a lot of time, stamps, and envelopes.

Dues are \$50 for Knights and \$10 for Honorary Members. Checks should be made payable to "Knights of Columbus" and mailed to 413 E South St, Shelbyville, IN 46176, or they can be dropped off in the wooden box at Columbian Homes.

Be sure to include your name and any updates to your address, phone, or email address.

Contact Financial Secretary Patrick Bohman by phone/text on 317.401.4754 or email him at Patrick_Bohman09@comcast.net if you have any questions or concerns.

Your dues support the charitable work of the Council as well as provide critical operational support.

We count on you! THANK YOU!

The COR men's group meets every 2nd and 4th Tuesday at 7p at Columbian Homes.

All men are welcome. You need not be a Knight to participate.

We are looking for a coordinator (or two) for this program. If interested, please contact the Grand Knight.



Your Council and Your Impact



In December, your Council #822 donated:

- **\$272 to Gibault**

*In order to continue these good works, we rely on you!
Thank you for your dues, donations, and support!*

Knights of Columbus, Sacred Heart Council #822

Meeting at Columbian Homes, 413 E South St, Shelbyville, IN 46176 - tel: 317.398.9914
Monday-Friday, 3p - close; Saturday, 9a - close



Your 2025-2026 Council Officers

Grand Knight: Jeff Christian (also serves as Retention Director)	Chaplain: Father Mike Keucher
Deputy Grand Knight: Mark Welch	Chancellor: Jim Boksa (also serves as Membership Director)
Financial Secretary: Patrick Bohman	Recorder: Michael Daniels (also serves as Program Director)
Treasurer: Mark Beck	Advocate: Steve Goebel
Warden: Edgar Flores Inside Guard: Angelo Dellapenna	Outside Guard: Ethan Apsley (also serves as Evangelization and Faith Formation Director)
Lecturer: Randy Foreman (also serves as Family Director) Community Director: Jim Kozinski	One Year Trustee: John Schoentrup Two Year Trustee: Dan Weaver

Recurring Events

- » 1st Tuesday of the month: Council business meeting, 7p. All Knights welcome.
- » 3rd Tuesday of the month: Columbian Homes meeting, 7p. All Knights welcome.
- » 2nd and 4th Tuesdays of the month - COR group - men's faith and formation, 7p. All men welcome - you need not be a Knight.
- FOR MEALS AND BAR TABS. THE CLUB ACCEPTS CREDIT CARDS AT THE BAR!!**
 - » Wednesday nights: choice of wings or shrimp dinner (6-8p), drawing & 50/50 raffle.
 - 1/2 order (5 pc w/fries) - \$9; Full order (10 pc w/fries) - \$13; Fries only - \$2. Open to the public.
 - » Thursday nights: BINGO! (6:30p). Open to the public. - **NO BINGO ON THANKSGIVING DAY**
 - » Friday nights: dinner (6-8p) - Open to the public. - **NOTE: PRICES HAVE MODERATELY INCREASED DUE TO FOOD AND OVERHEAD COSTS**
Steak nights will be at market price, all other meals will be \$15
 - December meals will be served on December 5, 12, and 19. No meals on Dec 26 or Jan 2.
 - » Saturday lunch: Hamburger, cheeseburger, breaded or grilled tenderloin - \$6; with fries, - \$9. Open to the public.

Please email story suggestions to our Recorder, Michael Daniels, at mdanielscmh@gmail.com.



The Knights of Columbus is the world's largest Catholic fraternal service organization, dedicated to promoting charity, unity, fraternity, and patriotism, and supporting Catholic causes and families. Founded by Blessed Father Michael J. McGivney in 1882, the Knights of Columbus welcomes practicing Catholic men aged 18 or older who are in union with the Holy See. **We are Men on a Mission, committed to a Catholic brotherhood that is changing the world.** For more information, visit www.kofc.org or www.sacredheartcouncil822.org

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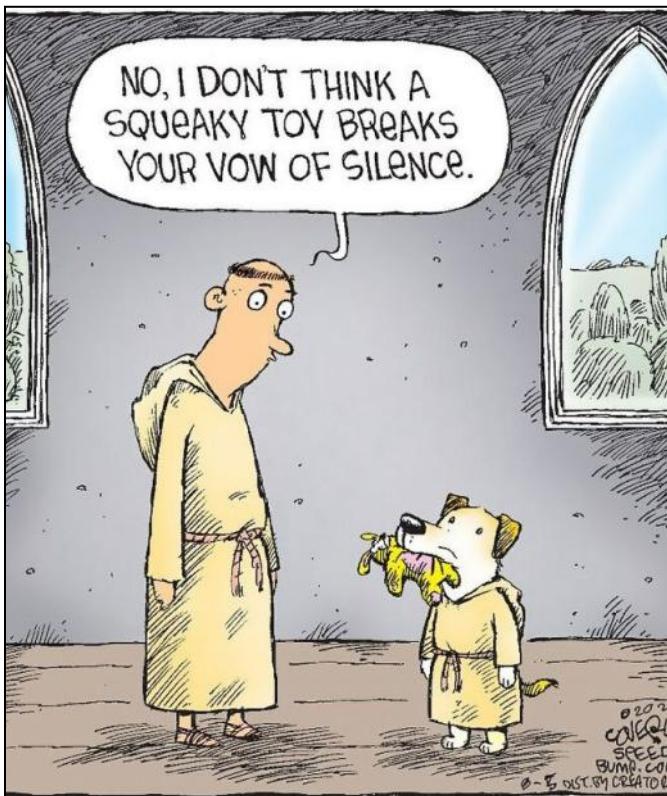
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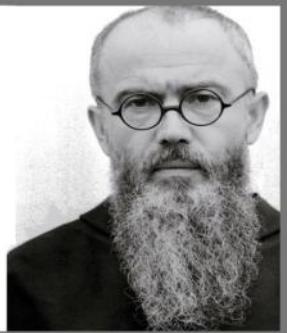


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*"The poor are not statistics or
problems to be solved.*

*They are persons created in
God's image and endowed
with dignity.*

*They have names, faces, a
personal history, and destiny."*

*Supreme Chaplain,
Archbishop William E Lori*

writing in Columbia magazine

