



TEAM JLYONS SHOWS



August 1, 2022





We support Autism awareness
.... Lupus awareness and the
search
for a Cure

We support the eradication of
hunger and homelessness

We support programs that
benefit our youth and
community

Join our team and help us to make a
difference in our community. We
need volunteers to help with our
community projects. Send us an
email to teamjlyons@gmail.com

Team JLyons
PO Box 1174
Copperas Cove, TX 76522

Email at teamjlyons@gmail.com
Website at teamjlyons.org
Facebook at Team JLyons



**The National Suicide
Prevention Lifeline is now:
988 Suicide and Crisis Lifeline**



988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline. While some areas may be currently able to connect to the Lifeline by dialing 988, this dialing code will be available to everyone across the United States starting on July 16, 2022.



Eliyah Liel

Aug 12, 2021 · 🌐

My son's first grade teacher started her own "me too" movement. On the first day of class she had all of them stand and say what their favorite hobby is, or what their favorite toy is, or favorite food is etc... If you also like it you must say "me too" and go stand within that group. The children had so many things in common they were continuously shouting "ME TOO" and moving from group to group. The children instantly realized just how much they have in common with their class mates and that made them less anxious, more relaxed and comfortable, laughing and talking and quickly making friends.

Teachers make the world a better place ❤️

Cove TUESDAY

Page 2 ♦ Copperas Cove Leader-Press ♦ July 12, 2022

www.jacksmithhomes.com

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JACK SMITH, REALTOR

DONLIE McMULLIN REALTY

254-290-3132 / 254-547-9619

202 South 1st Street | Copperas Cove



COMMUNITY CALENDAR

July 12

10 a.m., Senior Center movie trip to Cinergy Cinemas.

6 p.m. Democrats of Copperas Cove meeting 508 B Cove Terrace Shopping Center

July 16

11 a.m. – 3 p.m., Fly a Kite Day at Ogletree Gap Park.

July 18

7:30-9:30 p.m., Senior Evening Swim, City Park Pool.

Team JLyons holds Hobby and Collectibles Show

By BRITTANY FHOLER

Cove Leader-Press

Dozens of collectors had the chance to pick up more items for their collections at the Team JLyons Hobby and Collectors/Arts and Crafts Show held at the Copperas Cove Civic Center Saturday.

This show marked the third show organized by Team JLyons. The first one was held back in November 2021 and the second one was held earlier this year in March.

Admission to the show was \$2 per person, and the funds raised from the show will go to support different charities and activities that Team JLyons supports, which include raising

awareness for Lupus, Autism and supporting the community.

Dorothy Johnson, daughter of Charles Lyons, was set up at the Team JLyons booth, which sold Pokémon, Magic, Yu-Gi-Oh and other non-sports cards plus Hot Wheels cars.

Johnson said that the Hobby and Collectors show first started as a way for her dad to sell items he has collected, and it has turned into a way for people to come and find something they may have been looking for.

“We’re a smaller community. You usually have to travel to Austin, Dallas, San Antonio, but amongst ourselves, we all have our own collectibles we collect and different crafts that we do, and it’s fun to be able to have it in the com-

munity for everybody to visit,” Johnson said.

Grady Rhoades was one of the vendors set up, selling bags of Legos, toy cars, comics, action figures, sports cards, Pops, signed autographs, various games from the 1980s, including Donkey Kong, and more.

“We used to have an antique booth when we lived in Michigan, and so we just kind of did it that way,” Rhoades said about the selection of items. “I’ve got this stuff out of my house, now I need to get rid of it.”

Rhoades said he had set up at the Team JLyons Hobby Fair last time, and he was happy to

See **SHOW,**

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see more people turn out this time around.

“I love it, because I know some of the guys here,” Rhoades said about the Hobby and Collectors show. “I know there’s shops and stuff like that, so we kind of know each other, so it’s a lot of people I’ve seen before, and then I see in the card shop and stuff like that.”

Jennifer Walters, of JENX, has been at each of the Team JLyons shows, selling her artwork, handmade stuffed bears and other stuffed animals, pillows, bags, rugs, keychains, buttons, stickers, cups, jewelry and more- all of which feature different television, anime, movie or video game characters, from “Fullmetal Alchemist” to “Harry Potter” to Animal Crossing to Marvel Universe superheroes to DC Universe superheroes and more.

“I just like doing art, and I just wanted to sell the art that I do and stuff and have fun with it, so I continue doing drawings and stuff. I created images for cups and everything. My mom, she sews the dolls and stuff, and I brought her along with me and my aunt along with me- she does

keychains and everything,” Walters said. “Then I started doing rugs and jewelry boxes and just all sorts of fun stuff to have fun with.”

Walters has sold at comic cons before and other bigger festival events. She said she likes doing smaller events like this hobby show because it allows for more time to sit down and take a breath before another customer shows up.

She said she liked this hobby show also because it helps bring out people who each have their own interests.

“You’ve got little areas where anybody can come and talk and meet and stuff because it’s like all the places that used to be around in Cove and Killeen, they’re all disappearing, and there’s no little area for everybody to come together for things like these,” Walters said. “It’s like it’s all out of town, and you’ve got to go to Austin and Dallas, so it’s nice to have something close by, where everybody can come out.”

Vendors included JENX, Firelok Designs (selling handmade custom woodworking, “Nerdgear” and Dun-

geons and Dragons accessories), Lucky Duck Sports Cards and Collectibles, Simple Pleasures/Simple Treasure, Jhills LLC (selling sports trading cards), Bandido Comics, Gran’s Corner (selling handmade wooden crosses and charcuterie boards), 7K Metals, Whims and Whimsies (selling Mary Kay), McCants AVON, Homemade Jams by Debbie (selling TY Beanie Babies, Cherished Teddies, vintage collectibles and jams and jellies), Apollo Sporting Cards and Collectibles, Bagley (selling Funko Pop items and other collectibles), Just4Love LLC, Team JLyons, Happy Poppin Family LLC (selling Funko Pops and Pokemon).

Items available ranged from Funko Pop collectibles to sports trading cards, Pokemon items, Beanie Babies, Magic the Gathering cards, Yu-Gi-Oh cards, Hot Wheels cars, older toys, video games from the 80s and 90s, including Nintendo 64 game cartridges, and more.

The next Hobby and Collectors show by Team JLyons will be in October.

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Copperas Cove Leader-Press

254-547-4207

July 29, 2022

CCISD hosts 8th annual Stuff the Bus event



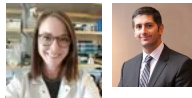
Courtesy Photo

Above Left: Copperas Cove ISD Superintendent Dr. Joe Burns and CCISD staff cut the ribbon on the 7th Annual Stuff the Bus event in 2021. The event returns to Walmart this year Aug. 5-7. **Above Right:** Copperas Cove resident Charles Lyons and granddaughter, Ja'Nay, donate school supplies at the 7th Annual Stuff the Bus event in 2021. The event was held last year at the CCISD District Services and Training Center due to the pandemic. The event returns to Walmart this year Aug. 5-7.

LUPUS NEPHRITIS: CLASSES



KEY TAKEAWAYS



- There are six classes of lupus nephritis.
- The classes of lupus nephritis are diagnosed based on kidney function and analysis of biopsied kidney tissue.
- Treatment for lupus nephritis will change based on the severity of the disease.

Lupus nephritis is separated into six classes, or stages, based on how much damage a person's kidneys have sustained. Lupus nephritis is caused by the autoimmune disease systemic lupus erythematosus, which is often just called "lupus." In people with lupus, their immune systems make proteins called autoantibodies that attack their own organs and tissues, including the kidneys. This is referred to as an autoimmune attack. These autoantibodies cause damage to the kidneys by accumulating in the tissue and by directly attacking the kidneys themselves.

Doctors use the classes of lupus nephritis to describe how much damage has occurred in the kidneys. This can help a person and their doctor make decisions about treatment and track the progression of the disease.

How Are the Classes of Lupus Nephritis Diagnosed?

Doctors usually diagnose classes of lupus nephritis by looking at kidney tissue under a microscope. This requires a kidney biopsy, which entails removing a small piece of tissue from the kidney.

A doctor who specializes in analyzing tissue, called a [pathologist](#) will usually assess damage to structures in the kidneys called glomeruli. There are approximately 1 million glomeruli in each kidney. Each consists of a bundle of blood vessels connected to a small tube that collects fluid, called a tubule. The glomeruli filter waste and excess fluid out of the blood and into the urine.

The glomeruli contain cells called mesangial cells, which are damaged by lupus nephritis. A pathologist will look at the damage to diagnose the stage of lupus nephritis.

When glomeruli and mesangial cells become damaged, the kidneys cannot properly remove waste and excess fluid from the blood. This can lead to signs and symptoms lupus nephritis, including:

- Leakage of excess protein into the urine, called proteinuria, which causes foamy, frothy urine
- Leakage of blood into the urine, called hematuria, which causes pink or light brown urine
- Swelling in the legs, hands, and face due to excess fluid in the body, called edema
- High blood pressure
- Weight gain from excess fluid
- Frequent urination

A person's signs and symptoms, along with an analysis of their blood and urine, can help a doctor diagnose which stage of lupus nephritis they may be experiencing.

Each stage:

Class 1: Minimal Mesangial Glomerulonephritis

Class 1 is diagnosed when there is little or no damage done to the kidney, but some immunity activity— called an "immune deposit" or "immune complex" — is present. These are complexes of the antibodies made by the immune system. A person with class 1 lupus nephritis will generally have no symptoms.

Class 2: Mesangial Proliferative Glomerulonephritis

Class 2 is classified as mild renal, or kidney, disease. A pathologist may detect some inflammation in the kidney.

Class 3: Focal Glomerulonephritis

In class 3, 50 percent or less of the glomeruli in the kidneys have been affected. A pathologist may also detect the presence of lesions in the kidneys. There may also be microscopic amounts of blood or protein in the urine.

Class 4: Diffuse Proliferative Nephritis

Class 4 is diagnosed when more than 50 percent of the glomeruli have been affected. A pathologist may also find larger lesions in the kidney tissue. The signs and symptoms of class 4 lupus nephritis include blood and/or excess protein in the urine, as well as high blood pressure.

Class 5: Membranous Glomerulonephritis

In class 5 lupus nephritis, a pathologist may detect an excessive amount of immune complexes in the kidneys. Signs and symptoms of class 5 lupus nephritis include high blood pressure, excess protein and/or blood in the urine, extreme swelling, and active lesions on the kidneys.

Class 6: Advanced Sclerotic

Class 6 lupus nephritis occurs when more than 90 percent of the glomeruli in the kidney are damaged. Individuals with class 6 lupus nephritis usually develop end-stage renal disease (ESRD). These people are more likely to require dialysis or a kidney transplant. Symptoms of class 6 lupus nephritis include all of the symptoms associated with lupus nephritis and the added [signs and symptoms of ESRD](#), such as nausea, vomiting, fatigue, chest pain, shortness of breath, cramps, and itching.

How Does Disease Stage Influence Treatment?

There are different [treatment regimens](#) for the various classes of lupus nephritis. Ultimately, the [goal of treatment](#) is to prevent further damage to the kidneys and treat the symptoms of lupus nephritis. [Treatment varies for each stage](#), as follows:

- Class 1 — This class does not require a particular treatment.
- Class 2 — Some individuals will receive no treatment, but others may be prescribed corticosteroids to suppress inflammation and the immune system.
- Classes 3 to 5 — In these stages, people will likely receive immunosuppressive therapy, corticosteroids, and drugs to control their blood pressure.
- Class 6 — People living with stage 6 lupus nephritis will likely undergo dialysis or a kidney transplant.

Connect With Others Who Understand

My Lupus Team is the social network for people with lupus and their loved ones. On MyLupusTeam, more than 205,000 members come together to ask questions, give advice, and share their stories with others who understand life with lupus. Over 14,000 members have lupus nephritis. Are you living with lupus nephritis? Share your experience in the comments below, or start a conversation by posting on your Activities page.

TEAM JLYONS MAKES A DONATION



June 13, 2022. Jasmin Lyons, Co-Director of Team JLyons presents Aaron Duerre a \$100.00 donation to help defray cost to attend this years Junior Gold Bowling Championships in Grand Rapids, Michigan.

Aaron has been a part of Central Texas Youth Bowling for many years. As a Freshman, he was a member of the Ellison High School varsity boys bowling team. He was one of six All-District bowlers to advance to All-District competition this year in Bryan-College Station.

Aaron will compete this year for the new Killeen Chapparral High School bowling team.

DISTRICT CHAMPS GOING TO STATE



Jasmin Lyons, Co-Director of Team Jlyons, is pictured with members of the Killeen High School bowling team prior to their departure to compete in the state tournament. Team Jlyons is an avid team supporter.

MY BROTHERS HOUSE FOOD PANTRY

Food banks and food pantries like My Brothers House organize the collection of food donations and distribution to those in need. Most non-profit hunger relief organizations like My Brothers House rely on volunteers and donations from people with big hearts that don't want anyone in need to go hungry. Visit My Brothers House to donate or volunteer and help to make your community hunger-free.



ADDRESS:

107 Lyons St
Copperas Cove, Texas 76522

PHONE:

(254) 547-5206

HOURS:

10:00 am – 1:00 pm

Tues: Wed: Fri: Sat:

10:00 am

Closed Monday and Thursday

COVE SENIOR CENTER ASKING FOR DONATIONS

The Copperas Cove Senior Center is asking the local community or donations for items for bingo and other activities for senior citizens.

The center is looking for toilet paper, deodorant, cleaning products, snacks, popsicles, lunch meat, drinks, sodas and diet sodas and regular hand wash. To donate items, call the Senior Center at (254) 547-6040 or email rwilley@copperascovetx.com.

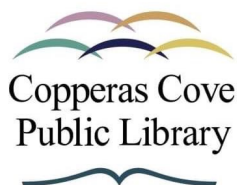
JAZZ, BLUES & ICE CREAM!

JC Stringz will perform at the
Copperas Cove Public Library
Friday, August 12, 6-8 PM

**Music! Dancing!
Ice Cream!**

Admission and ice cream are free, but
donations will be accepted.

Questions? Call 547-3826



Sponsored by the
Friends of the Library
and Waffle Cone.



Please start bringing in peanut butter jars
tmrw. There will be labeled bins around
inside the annex or can drop off with our
secretary Mrs Nelson.



2022

PEANUT BUTTER BOWL

www.peanutbutterbowl.com

The Peanut Butter Bowl is an opportunity for our community to come together and fight hunger.

Copperas Cove Athletics will collect as many jars of peanut butter to donate to
My Brothers House and Baptist Benevolence Ministries

WHEN

Monday, August 1st - Friday, August 26th

WHERE

Drop-offs will take place at any Front Office of a
CCISD School

CCHS will drop off at the Annex with Secretary Mrs. Nelson

ALL DONATIONS GO TO My Brothers House and Baptist Benevolence Ministries

Walmart

Of Copperas Cove



Star Group-Veterans

Helping Veterans

Present



"STUFF THE BUS"

FOR STUDENTS IN-NEED

TAX FREE WEEKEND

Friday, August 5 10 AM - 4 PM

Saturday, August 6 10 AM - 4 PM

Sunday, August 7 1 PM - 5 PM

School supplies will be distributed to CCISD's
homeless and at-risk student population.



Copperas Cove Parks & Recreation

Call (254)542-2719 for more information.

COACHES NEEDED!!!

We are looking for volunteer coaches for our upcoming
soccer season. As a volunteer coach, you will get to pick
what days and times practices will be, CCPARD will offer
all equipment at the fields for practices and games. An
incentive offered for coaching with us, you will receive
\$30 off your players next registration after completing a
full season of coaching with us!

The coaches needed are listed down below with their
division by them:

4u - 2 coaches needed

6u - 0 coaches needed

8u girls - 2 coaches needed

8u boys - 2 coaches needed

10u girls - 1 coach needed

10u boys - 1 coach needed

13u - 2 coaches needed

COACHES NEEDED





KC Lady Ballers
Good luck at the
MAYB National
Championships



2022 COPPERAS COVE FOOTBALL SCHEDULE

■ HOME ■ AWAY

All Home Games Played at Bulldawg Stadium

	VISTA RIDGE AUG 18
	GEORGETOWN AUG 26
	EAST VIEW SEP 2
	MANOR SEP 9
	WACO UNIVERSITY SEP 16
	BYE SEP 23
	BRYAN SEP 30
	PFLUGERVILLE WEISS SEP OCT 7
	MIDWAY OCT 14
	HUTTO OCT 21
	HARKER HEIGHTS OCT 28
	TEMPLE NOV 4

NEGRETE

*Firefighter
Foundation's*

ANNUAL FUNDRAISING EVENT

- Silent Auction
- Go-karts
- Swimming Pool
- Food Trucks
- Motorcycle Show
- Bounce House
- Mariachi Band
- Belly Dancing
- DJ
- Face Painting
- Vendors

August 20th
3pm - 9pm

Camp Triumph

1203 Pecan Cove Dr
Copperas Cove, TX 76522



Entry Fee \$10 Adults \$6 Children

TRADE SHOW

HOBBY and COLLECTIBLES
ARTS and CRAFTS

Saturday, October 1 at 10 am - 4 pm
Copperas Cove Civic Center,
1206 W. Ave B
Copperas Cove, Tx

Sports Cards,, Non-Sport Cards, Memorabilia,
Comics, Toys and Action Figures, Hot Wheels,
Magic, Pokemon, Yu-Gi-Oh and more ...

Artists and Crafters, Independent
Consultants, and more

Smellin' Smoke BBQ will be on-site!

Admission \$2.00 12/Below FREE



Vendor information located at
teamjlyons.org/collector_show