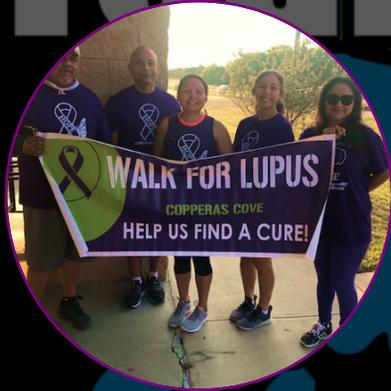




# Team J Lyons





**Support for Lupus Awareness and Cure  
Eradication of hunger and homelessness  
Youth Programs**

**Join our team and help us to make a difference  
in our community. We need volunteers to help  
with our community projects. Send us an  
email to [teamjlyons@gmail.com](mailto:teamjlyons@gmail.com)**

**Team JLyons  
PO Box 1174  
Copperas Cove, TX 76522**

**Email at [teamjlyons@aol.com](mailto:teamjlyons@aol.com)**

**Website at [teamjlyons.com](http://teamjlyons.com)**

**Facebook at [teamjlyons](https://www.facebook.com/teamjlyons)**



## Notes

### Relay For Life

Team JLyons is happy to announce that we have entered a team into Relay For Life Copperas Cove-Lampasas. As we raise money for the fight against cancer, we are looking for relay team members and volunteers to help us on April 4 at the Relay for Life event. We will also be hosting a bowling tournament fundraiser on February 22 at Hallmark Lanes in Killeen, Texas. See the flyer on page 17.

### Project Graduation

Team JLyons values the safety of our local graduates on graduation night. We have committed to assisting Project Graduation provide the Copperas Cove High School Graduates a safe, alcohol and drug free celebration. We will be hosting a car show on March 21 at the Cove Terrace Shopping Center. All funds raised will go to Project Graduation. This is no cost event to the public. See the flyer on page 18. The show will be free to the public.

### Central Texas STARZZ

As the local Parks and Recreation basketball league comes to a close, the Central Texas STARZZ will start their 12<sup>th</sup> year. We have a majority of our players returning from our girls JV team, as well as of February.

... [Continue on page 16](#)

# The Year In Review

My Brother's House  
Painting

Lupus Awareness 5K Run/Walk

Lupus Awareness Car Show

My Brother's House  
Food Drive

Fall Vendor Bazaar  
For Lupus

HEB Food Drive

C Zack Charity Bowling  
Tournament

Helping Homeless In Killeen  
Breakfast



Jasmin Lyons presents a donation check to the Central Texas Lupus Group.



The Team Jlyons bowling team at the C Zach Charity Bowling Tournament



Jasmin and the Copperas Cove Five Hills Royalty at the C Zach Charity Bowling Tournament



Homeless In Killeen  
23 December 2019



Homeless In Killeen  
23 December 2019



Fall Vendor Bazaar  
23 November 2019



Fall Vendor Bazaar  
23 November 2019



Copperas Cove Five Hills Royalty  
Fall Vendor Bazaar  
23 November 2019



Fall Vendor Bazaar  
23 November 2019



Lupus Awareness Walk/Run  
14 September 2019



Lupus Awareness Car Show  
14 September 2019

# Helping Homeless In Killeen

December 23, 2019. Team Jlyons traveled to Killeen to support Helping Homeless in Killeen (HHIK). Team JLyons provided a hot breakfast meal of scrambled eggs, sausage, creamed beef gravy, biscuits, breakfast bars and milk for members of the homeless community. HHIK is about a community coming together and supporting/helping the homeless enjoy the comforts of life!!

Team Jlyons thanks Mrs. Valarie Wright for coming out to volunteer with us. We look forward to building our volunteer base.

HHIK meets at Anointed Christian Church located at 333 E Avenue D in Killeen, Texas on scheduled Monday mornings, 7:00 am - 8:00 am. Our serving schedule is posted on our Facebook page at [www.facebook.com/HomelessinKilleen](http://www.facebook.com/HomelessinKilleen).

You can help by providing needed donations from our posted list on our Facebook page, monetarily, serving meals, preparing meals, and sharing HHIK information with others.

For more information, please contact Anita Y. Armstrong (254) 203-5005



**Team Jlyons**  
We will be serving a hot breakfast  
I say to you, ever you go along, you did

## FEED THE HOMELESS

**ANOINTED CHRISTIAN CHURCH**  
December 23, 2019  
7:00 am  
333 E Ave D

# Poverty is Down — But Concerns About Homelessness Remain Up



Written by Jackie Janosko October 7, 2019  
National Alliance to End Homelessness

Poverty rates are down: the U.S. Census Bureau has been documenting modest declines since 2010. And, in a report, the agency detailed a 0.5 percent decrease in the number of people living below the poverty line in 2018. Since poverty status puts people at risk of homelessness, such declines are a positive sign. However, other data points raise concerns about homelessness risks among older adults, racial minorities, uninsured people, and those most vulnerable to an economic recession.

## ELDER POVERTY

Elder poverty is on the rise. In 2015, 8.8 percent of elderly people were poor. The 2018 data showed the rate of elderly homelessness to be up to 9.7%. Similarly, the portion of the aging population living in deep poverty was 2.8% in 2015, but that grew to 4% in 2018.

Researchers have already been sounding the alarm on elder homelessness. They predict that the homeless population over the age of 65 will triple in the next decade. The Census is already reflecting these changes among older adults.

## RACE AND ETHNICITY

Poverty rates for people of color are on the decline. However, the inequity between the percentage of Whites in

poverty compared to Blacks, Asians, and Hispanics is staggering. This is particularly striking among children. White children's rate of poverty was 8.9%, while Asian children were 11.3%, Hispanic children were 23.7%, and Black children were 29.5%.

Race	Under 18	Adults 18-64	65+
White Alone	8.9%	8.1%	7.3%
Asian Alone	11.3%	9.4%	11.7%
Hispanic (any race)	23.7%	14.2%	19.5%
Black Alone	29.5%	17.5%	18.9%

The impact of poverty on children is severe. Higher rates of chronic health conditions; problems with hearing, vision, speech, behavioral issues; and mental health problems afflict children in poverty at much higher rates than their non-impooverished peers.

Of course, this disparity extends to adults. While Black people make up about 14% of the US population, they are about 23% of the impoverished population and 40 percent of the homeless population. Similarly, Hispanics make up about 16% of the population but are impoverished at 23% and homeless at 22%.

**SPOTLIGHT ON MEDICAID** Health insurance coverage rates fell a half of percentage point leaving 8.5% of the nation uninsured. The most significant loss was a 0.7% reduction in the number of people receiving Medicaid, which has a direct correlation.

Part of the decline may be attributable to the growing use of Medicaid work requirements. Currently, six states have them and they are pending approval in an additional seven.

# Poverty is Down — But Concerns About Homelessness Remain Up

Individuals losing Medicaid only worsens an existing problem of not all poor people having access to the program. Significantly, some states refused the expansion offered through the ACA. According to census data, people living below 100% of the Federal Poverty Level in Medicaid Expansion states had an uninsured rate of 16.9%. Conversely, in Non-Expansion states, the uninsured rate of people in poverty was 35.6%. People experiencing homelessness are amongst those not receiving services in non-expansion states.

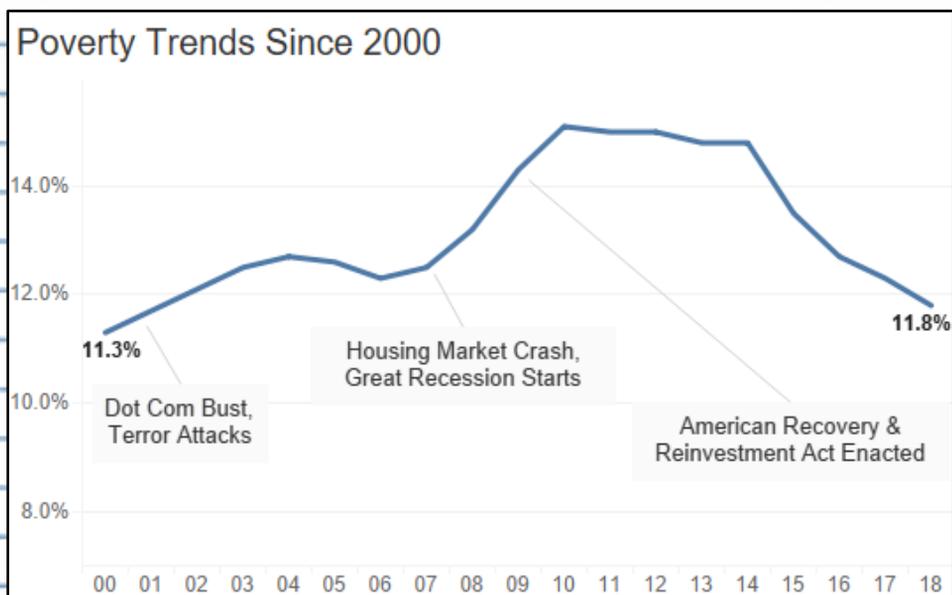
## CONCERNS FOR THE FUTURE

While the overall picture of poverty in the US is improving, fears of another recession loom. This could drive the poverty numbers back up, putting more people at risk of homelessness. Those at the bottom of the economic ladder often need many years to financially recover from a recession; some never fully recover.

## CONCLUSION

Poverty increases the risk someone may become homeless. People of color are impoverished at higher percentages than their white peers. This inequity is amplified among people who experience homelessness. More research needs to be done to fully understand the connection between race, ethnicity, age, and gender in both poverty and homelessness.

Additionally, people experiencing homelessness are more vulnerable to health challenges, so it is critical that Medicaid be available to them—without burdensome work requirements that disproportionately impact people living in shelters or on the street. States should be willing to expand their Medicaid coverage, especially in the face of a potential new recession. This safety net program, among others, can be the difference between living in poverty and falling into homelessness and staying stably housed.



# MY BROTHERS HOUSE FOOD PANTRY

Food banks and food pantries like My Brothers House organize the collection of food donations and distribution to those in need. Most non-profit hunger relief organizations like My Brothers House rely on volunteers and donations from people with big hearts that don't want anyone in need to go hungry. Visit My Brothers House to donate or volunteer and help to make your community hunger-free.

## ADDRESS:

107 Lyons St  
Copperas Cove, Texas 76522

## PHONE:

(254) 547-5206

## HOURS:

Tues: 10:00 am – 1:00 pm  
Wed: 10:00 am – 1:00 pm  
Fri: 10:00 am – 1:00 pm  
Sat: 10:00 am – 12:00 pm

Closed Monday and Thursday

# Care Kits

→ for the  
**HOMELESS**

We are always in need of the following items to be redistributed

- Socks
- T-shirts
- Undergarments
- Gift certificates for fast food
- Hand wipes
- Hand Lotion
- Deodorant
- Mouth Wash
- Pack of Kleenex
- Maxi pads
- Toothbrush and toothpaste
- Dental Floss
- Nail clippers
- Band Aids
- Lip Balm
- Comb or small brush
- Mints, cough drops or gum
- Bottled water
- Tuna and crackers
- Granola Bar or cereal bar
- Fruit snack or applesauce cup
- Crackers with peanut butter/cheese
- Note of encouragement verse

Contact us at [teamjlyons@aol.com](mailto:teamjlyons@aol.com)

# House of Representatives Approves Nearly \$19 Million in Lupus Funding



Year-round efforts of Lupus Foundation of America advocates lead to increased funding levels for lupus research and education.

Today, the U.S. House of Representatives took action and passed two funding packages that will provide nearly \$19 million in new funding for lupus-specific programs as well as a significant boost in funding for the National Institutes of Health, the largest funding source for lupus research.

Last night, the House and Senate released details about these spending packages which are part of a budget agreement they reached to continue funding government programs for fiscal year (FY) 2020. The spending packages are expected to pass the Senate and be sent to the president for his signature before the end of the week. The packages include all of the funding that we advocated for on Capitol Hill this year:

- \$10 million for the Lupus Research Program at the Department of Defense (DoD), a doubling of funding over FY 2019. The Lupus Foundation of America and its network of lupus advocates led the work to establish the DoD Lupus Research Program.

- \$58.7 million for the Office of Minority Health (OMH), including congressionally mandated \$250,000 increase specifically

for their lupus program. This increase is in addition to the amount OMH already allocates to their lupus program, typically around \$2 million per year.

- \$41.7 billion for the National Institute of Health, an increase of \$2.6 billion over FY 2019.

As always, we are extremely grateful to the Congressional Lupus Caucus and its co-chairs, Representatives Bill Keating (D-MA), Eddie Bernice Johnson (D-TX), and Peter King (R-NY), as well as the leaders of the Appropriations Committee in the House and Senate, Senators Richard Shelby (R-AL) and Patrick Leahy (D-VT) and Representatives Nita Lowey (D-NY) and Kay Granger (R-TX), for their commitment to lupus research and education.

Most importantly, thank you to every lupus advocate who made their voice heard over the past year - without your passion and commitment, this victory would not have been possible. Stay tuned to our social media pages for updates as this package moves through the Senate and heads to the president's desk.

## SISTERS

Normally sisters are related by their parents

But sisters actually can be formed through any different ways

I want you to know that I have many sisters

Many of them are considered sisters from another mother

I say out of all of them you are not

From another mother but a sister non the less

For you are just like me

We are so similar that our daily struggles are the same

Even though we have different diseases

The outcome is pretty much the same

There will be a day

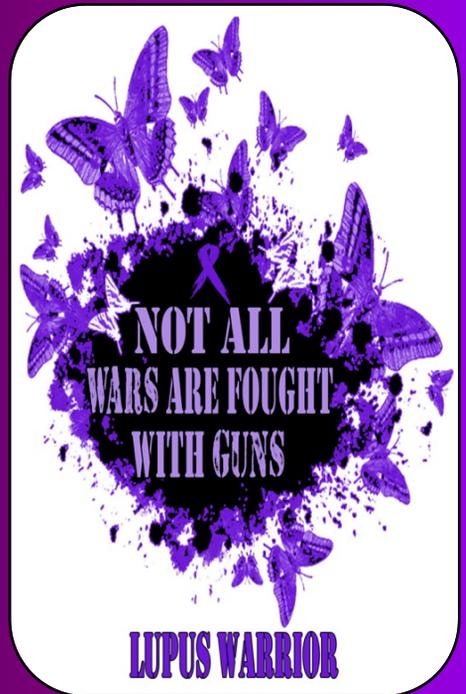
Where we can celebrate and say

The diseases are no more

For my hope is a future

They have found the cure

*Alida J. Torres*



**Join our mailing list and  
connect with other  
Lupus Warriors.  
Contact us at  
[teamjlyons@gmail.com](mailto:teamjlyons@gmail.com)**



# Purple in the Park

**A gathering Of Lupus Warriors**



WORLD

LUPUS

AWARENESS

MONTH



**Music, Entertainment,  
1-mile Walk Around Park**

**May 9, 2020 at 3:00 pm**

**City Park**

**1206 W Avenue B**

**Copperas Cove, Texas**



**For more information ... email at [teamjlyons@aol.com](mailto:teamjlyons@aol.com)  
or visit our website at [www.teamjlyons.com](http://www.teamjlyons.com)**

# Looking back at 2019



6th Grade Girls



2019, the Central Texas STARZZ completed their 11th year of youth basketball. They fielded four youth teams. This year, the goal is to add two more teams, boys and girls 3-4 grade teams.

## 2019 TEAMS/COACHES

- 4<sup>th</sup> Grade Girls Tony Adams and Samantha Gibbs
- 4<sup>th</sup> Grade Boys Joel Hanley and Michael Watson
- 6<sup>th</sup> Grade Girls Charles and Dorothy Lyons
- 9<sup>th</sup> Grade Girls Ty and Cathleen McGriff



Spring - Summer  
Travel Basketball Program  
Copperas Cove



**Players Wanted**  
3d - 4<sup>th</sup> Grade Boys and Girls  
5<sup>th</sup> - 6<sup>th</sup> Grade Girls  
Boys and Girls

ccstarzz09@aol.com starzzbasketball.com 254-290-0730  
Members of the AAU since 2008





# Supporters

# Dallas Wings



Mrs. Gladys M. Miller



Mrs. Janet Ritter



Mrs. Eva Eutsey



20 April 2019. Central Texas STARZZ 6th grade girls pose with Alisha Gray of the WNBA Dallas Wings and the Wings mascot at the Ramonce Taylor Youth Association tournament in Belton, Texas.

# Copperas Cove Parks and Recreation



Front row: Madison Johnson, Maryana Knotts, Jessica Duke, Audrey Herline, Back Row: Coach Charles Lyons, Chloe Tuiasosopo, Indigo Newbury, Hadassah Knotts, Ja'Nay Brown, Coach Dorothy Lyons (Not pictured is Haley Moser)





# 2020 EVENTS

SATURDAY 4 JANUARY 2020

**STARZZ MEETING**

SATURDAY 22 FEBRUARY 2020

**BOWLING TOURNAMENT FUNDRAISER**

SATURDAY 21 MARCH 2020

**PROJECT GRADUATION CAR SHOW**

SATURDAY 4 APRIL 2020

**RELAY FOR LIFE**

SATURDAY 9 MAY 2020

**PURPLE IN THE PARK FOR LUPUS AWARENESS**

SUNDAY 10 MAY 2020

**WALK FOR LUPUS - BAGRAM AFB**

FRIDAY 19 JUNE 2020

**CCHS PROJECT GRADUATION**

MONDAY 6 JULY 2020

**HHIK FEED THE HOMELESS**

SATURDAY 24 OCTOBER 2020

**MY BROTHERS HOUSE FOOD DRIVE**

SATURDAY 21 NOVEMBER 2020

**FALL VENDOR BAZAAR**

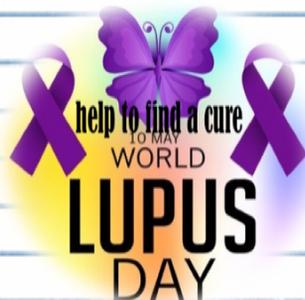
**Facebook at teamjlyons  
visit us at [www.teamjlyons.com](http://www.teamjlyons.com)  
email us at [teamjlyons@gmail.com](mailto:teamjlyons@gmail.com)**

## Notes cont

our 5<sup>th</sup> grade boys and girls. We hope to start new 4<sup>th</sup> grade boys and girls teams. We are looking looking for coaches for the 4<sup>th</sup> grade boys and girls teams. Contact us if interested. We are hoping for tryouts to begin at the beginning of February. We will put that information out as soon as coordinated.

### Purple in the Park

In honor of and supporting World Lupus Day, Team Jlyons will host a Purple in the Park event at City Park honoring our Lupus Warriors and to bring awareness to this terrible disease. We will hold this event on Saturday, **May 9 instead of May 0**. We are still in the planning phase but will include a short Lupus Awareness walk around the park and entertainment. If you would like to help with this event ... email us at [teamjlyons@gmail.com](mailto:teamjlyons@gmail.com)





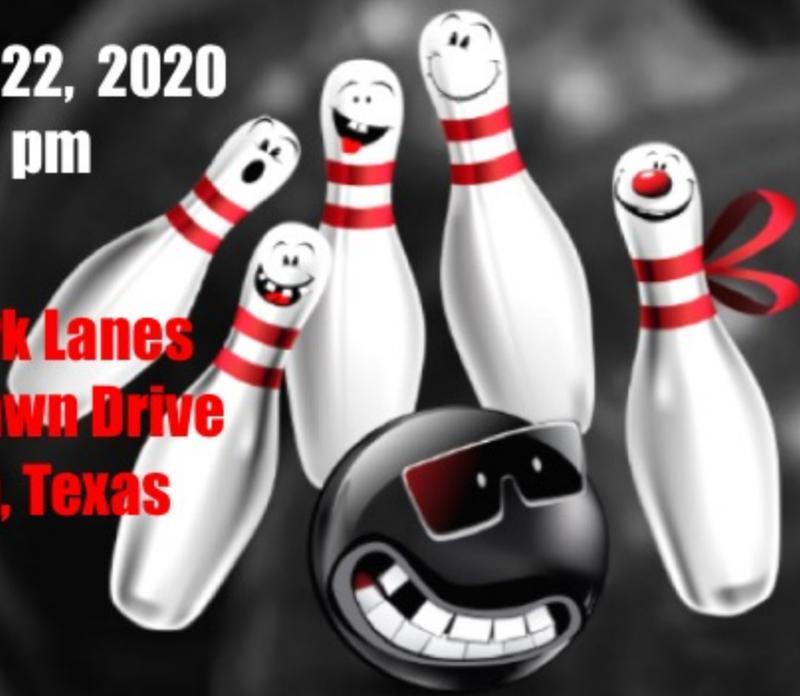
# BOWLING TOURNAMENT



**3-6-9 Format / 4-Person Teams**

**February 22, 2020  
1:00 pm**

**Hallmark Lanes  
4203 Shawn Drive  
Killeen, Texas**



**\$75**  
Per team

**\$20**  
Individual

## Awards

- Highest Scratch Game (Male and Female)
- High Individual Scratch Series (Male and Female)
- Highest Scratch Team Series

**Last day to register is February 19, 2020**

**Sponsor a lane for \$50 (Lane Banner)**

**Call charles at 254-290-0730 or email [teamjlyons@gmail.com](mailto:teamjlyons@gmail.com)**

**Relay For Life – Copperas Cove/Lampasas and Central Texas STARZZ AAU**



# Organization Meeting

Saturday, January 4, 2020  
Lil Tex Restaurant  
at 5:30 pm



email at [ccstarzz09@aol.com](mailto:ccstarzz09@aol.com)  
webpage at [starzzbasketball.com](http://starzzbasketball.com)

Made with PosterMyWall.com



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Relay For Life – Copperas Cove/Lampasas and Central Texas STARZZ AAU

Made with PosterMyWall.com

## COPPERAS COVE HS PROJECT GRADUATION

# CAR SHOW

March 21, 2020  
9:00 am - 1:00 pm  
Cove Terrace Shopping Center  
Bus Hwy 190 Copperas Cove, Tx

### AWARDS

- People's Choice
- Oldest In Show
- Something Special
- Best Car
- Best Car Pre-72
- Best Truck
- Best Truck Pre-72
- Best Motorcycle
- Best Muscle Car
- Best Lowrider
- Best Patriotic
- Best Import
- MORE



\$20

Registration

8:30 am - 10:00 am

Awards at 12:45

Contact Charles  
254-290-0730  
[teamjlyons@gmail.com](mailto:teamjlyons@gmail.com)

Benefit for Copperas Cove High School Class of 2020

Made with PosterMyWall.com

RELAY FOR LIFE



Relay For Life of  
Copperas Cove  
& Lampasas

4.4.20  
Carnival to Fund A Cure

Bulldawg Stadium 9am - Midnight  
[www.RelayForLife.org/CopperasCoveTX](http://www.RelayForLife.org/CopperasCoveTX)

FRI & SAT MAY 1 & 2, 2020

# Dallas Wings Training Camp



PHOTO OPS AND AUTOGRAPH SIGNINGS  
YOUTH CAMP FEATURING DALLAS WINGS  
COACHING STAFF ON SATURDAY.

*OPEN TO THE PUBLIC  
FREE OF CHARGE*

**@ABRAMS GYM**

62ND ST. BUILDING #23001  
FORT HOOD, TX, UNITED STATES 76544



## Purple in the Park

A gathering Of Lupus Warriors



Music, Entertainment,  
1-mile Walk Around Park



May 9, 2020 at 3:00 pm  
City Park  
1206 W Avenue B  
Copperas Cove, Texas

For more information ... email at [teamjlyons@aol.com](mailto:teamjlyons@aol.com)  
or visit our website at [www.teamjlyons.com](http://www.teamjlyons.com)

## WALK For LUPUS

help to find a cure



help to find a cure  
10 MAY  
WORLD

# LUPUS DAY

May 10, 2020 at 12:00 o'clock  
Bagram AFB  
We will meet at the track