



Finding Happiness
Series: Gospel of John, #25
John 13:1-20
Pastor Lyle L. Wahl
September 10, 2026

Theme: **Believers find happiness through knowing and doing.**

Key verse: “Now that you know this truth, how happy you will be if you put it into practice!” (17, GNT).

The importance of combining knowing and doing.

1. Know. (17; see also 10, 13; 12:47-48; Mark 3:35; James 1:22-25)
2. Do. (17; see also James 1:22-25; 4:17)
3. Blessed, happy. (17; see also Matthew 5:3-12; Philippians 4:7-9)

Things believers need to know and do.

1. The correct relationship with Jesus. (13-16; 20)
2. The correct remedy for sin. (6-10)
3. The correct attitude toward service. (1-5, 13-14)

In My Life This Week

As you use this daily guide, write out your observations and responses on a separate piece of paper and save them with this sheet for reference.

Monday. Read 13:1-20. Remember that John 13-16 records Jesus' final instructions to the disciples to prepare them for His crucifixion, just a few days away. The key verse in 13:1-20 is verse 17. Considering the setting, summarize your response to the meaning and importance of (1) blessed, or happy; (2) knowing; and, (3) doing; and their relationships. Evaluate where you are at in light of this.

Tuesday. One of the things believers need “to know and do” is the correct relationship to Jesus. Review verses 13-16 & 20, as well as any notes you made on Sunday. Who is Jesus to you, right now, really? What are you to Him (see 13-16, 20)? Remember, it is *both* knowing and doing that leads to the blessed or happy state.

Wednesday. Peter's interaction with Jesus over the Master's washing of His disciples feet (6-10) reveals the importance of “knowing and doing” with respect to the correct remedy for sin. Thank God now that when you accepted Jesus *all* your sins — past, present future — were dealt with, and that your relationship with Him is eternally secure. Also recognize the importance of keeping current with God, confessing your sins to have full and open fellowship with God, and happiness.

Thursday. Another thing believers need “to know and do” is having the correct attitude toward service. Check out 13:1-5, 13-14. Jesus is eternal God the Son, the Savior, Teacher and Lord, yet He humbled Himself and came to serve, not be served. What is the state of your attitude toward serving God and others? How is this displayed in what you actually do?

Friday-Saturday. On Sunday we plan to look at *Calming the Turmoil Within*, from 14:1-31. Read and think through this section in preparation for our time of worship together.