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ACSA Cheer Documents

1. IASF Cheer Legality Rules:
 - Outlines the rules for All Star Cheer Levels 1-7.
2. ACSA Cheer Age Grid:
 - Outlines the divisions on offer, including ages, team sizes and levels for each division.
3. ACSA Cheer Deduction System:
 - Outlines the definitions for routine infractions and rule violations for All Star cheer routines.
4. ACSA Cheer General Scoring:
 - Outline general information regarding divisions, building information, and tumbling information.
5. ACSA Cheer Image Policy:
 - Outlines the expectations and requirements regarding appropriateness of choreography as well as appearance.
6. ACSA Cheer Novice Rules:
 - Outlines specific requirements within the novice division
7. ACSA Cheer Scoring Rubric:
 - Outlines the requirements and how an All Star cheer routine will be scored.
8. ACSA Cheer Skills List:
 - Includes examples of elite level appropriate skills.
9. ACSA Cheer University General Scoring:
 - Outlines specific requirements within the university divisions
10. ACSA Cheer Stunt General Guidelines
 - Outlines general rulings and policies within the stunt divisions

ASCA Cheer Age Grid

1. Cheer Age Grid Notes

The eligible age for an athlete is determined by the BIRTH YEARS column on the Age Grid.

Exceptions:

- 1.1. IASF Divisions, where the athlete must be of eligible age at any time during the year of international provider competition, meaning they are eligible to compete at the Cheerleading Worlds or International Summit etc.
 - EXAMPLE FOR IASF DIVISIONS ONLY: If a 14-year-old athlete is participating in a division where the minimum age is 15; that athlete is legal for the division if the athlete turns 15 during the year of competition
 - EXAMPLE FOR IASF DIVISIONS ONLY: If a 19-year-old athlete is participating in a division where the maximum age is 18; that athlete would be legal for the division if the athlete was 18 years old at any time in the year of competition.
 - All IASF age groups are subject to change according to IASF updates
- 1.2. Any teams seeking to compete Internationally need to ensure their athletes adhere to the age and division requirements of the competition they are attending. This includes having a minimum of 10 athletes for IASF divisions at Worlds.
- 1.3. All levels are as defined by the IASF rules. Exception: University Elite & Premier are as defined by the UWCC university rules.
- 1.4. Clubs who utilise crossover athletes must familiarise themselves with the specific EP's policy and adhere to those guidelines.

- 1.5. Where applicable, divisions will be split first by the following team sizes:
 - Extra Small = 6 to 15 members
 - Small = 16 to 24 members
 - Large = 25 to 30 members
 - Extra Large = 31 to 38 member
 - Coed = (At the EP's discretion regarding number of males)
- 1.6. EPs will have the discretion to accept additional requests regarding age divisions on a case by case basis.



| ACSA Club Age Grid | | | | | |
|--------------------|-------|-----------------|----------------|-----------|-------------------------|
| Division | Age | Birth Years | Gender | #Athletes | Level |
| Tiny | 5-6 | 2019-2018 | N/A | 5 - 38 | N, 1 |
| Mini | 5-9 | 2019-2015 | N/A | 5 - 38 | N, 1, 2 |
| Youth | 6-12 | 2018-2012 | N/A | 5 - 38 | N, 1, 2, 3, 4 |
| Junior | 8-15 | 2016-2009 | N/A | 5 - 38 | N, 1, 2, 3, 4 |
| Junior | 10-16 | 2014-2008 | N/A | 5 - 38 | 5, 6 |
| Senior | 11-18 | 2013-2006 | N/A | 5 - 38 | N, 1, 2 |
| Senior AG | 11-18 | 2013-2006 | Female | 5 - 38 | 3, 4, 4.2, 5 |
| Senior Coed | 11-18 | 2013-2006 | 1 or more Male | 5 - 38 | 3, 4, 4.2, 5 |
| Senior AG | 13-18 | 2011-2006 | Female | 5 - 38 | 6 |
| Senior Coed | 13-18 | 2011-2006 | 1 or more Male | 5 - 38 | 6 |
| Open | 14+ | 2010 or earlier | NA | 5 - 38 | 1, 1NT, 2, 2NT |
| Open AG | 14+ | 2010 or earlier | Female | 5 - 38 | 3, 4, 4.2, 5, 6, 7 |
| Open Coed | 14+ | 2010 or earlier | 1 or more Male | 5 - 38 | 3, 4, 4.2, 5, 6, 7 |
| Open AG | 14+ | 2010 or earlier | Female | 5 - 38 | 3NT, 4NT, 5NT, 6NT, 7NT |
| Open Coed | 14+ | 2010 or earlier | 1 or more Male | 5 - 38 | 3NT, 4NT, 5NT, 6NT, 7NT |
| Adult | 18+ | 2006 or earlier | N/A | 5 - 38 | 1NT, 2NT |

Athletes aged 18+ are encouraged to provide a Working With Children Check or equivalent

| IASF Division List 2023/2024 season (Weblink) | | | |
|---|--------|----------|----------|
| Division | Gender | #Members | Level |
| Open | N/A | 10 - 30 | 5NT, 6NT |
| Open | N/A | 10 - 24 | 5, 6 |
| Open | 1+M | 10 - 24 | 5, 6 |
| Open | F | 10 - 24 | 7 |
| Open | 1+M | 10 - 24 | 7 |
| Open | N/A | 10 - 30 | 7NT |
| Global | F | 10 - 24 | 6 |
| Global | 1+M | 10 - 24 | 6 |

- See official IASF documentation for specifics
- Teams with less than 10 athletes can enter Open level 5, 6, 6NT or 6 Global Club divisions, however, IASF Cheer Worlds Bids Divisions are only offered to teams with 10 or more athletes as per IASF requirements.

| ACSA Scholastic Age Grid | | | | |
|--------------------------|-----------|--------|-----------|----------------------|
| Division | Grade | Gender | #Athletes | Level |
| Primary | 6 & Below | N/A | 5 - 38 | N, 1, 1NT, 2, 2NT |
| High School | 7-12 | N/A | 5 - 38 | N, 1, 1NT, 2, 2NT, 3 |

| ACSA CheerABILITY Age Grid | | | | |
|----------------------------|----------|--------|-----------|------------|
| Division | Age | Gender | #Athletes | Level |
| CheerABILITY (Independant) | All Ages | N/A | 5 - 38 | 1, 2, 3, 4 |
| CheerABILITY (Unified) | All Ages | N/A | 5 - 38 | 1, 2, 3, 4 |