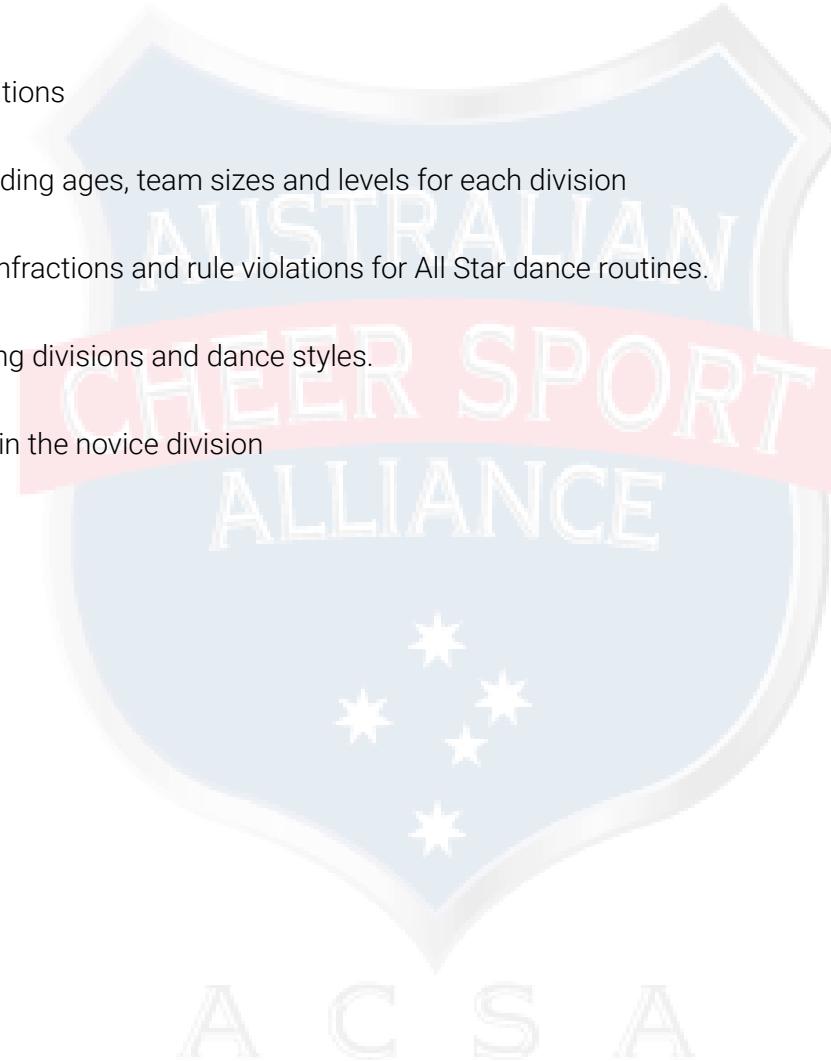


ACSA Dance Documents

1. IASF Dance Rules:
 - Outlines the rules for All Star Dance
2. IASF Dance Glossary
 - Outlines terms used and their definitions
3. ACSA Dance Age Grid:
 - Outlines the divisions on offer, including ages, team sizes and levels for each division
4. ACSA Dance Deduction System
 - Outlines the definitions for routine infractions and rule violations for All Star dance routines.
5. ACSA Dance General Scoring
 - Outline general information regarding divisions and dance styles.
6. ACSA Novice Dance Rules
 - Outlines specific requirements within the novice division



Novice Dance Rules

Novice must follow the relevant IASF Rules for Dance in the chosen category and age group, with the following amendments:

A. Turns	Stationary (pirouette) turns are limited to one turning rotation. Series non-travelling turns such as fouettés are not allowed. Series turns which intentionally travel must not involve a jump or leap. Clarification: travelling turns which involve jumps or leaps include axel turns and turn jetes (tour jeté). These are not allowed in any Novice section.
B. Leaps & Jumps	'Russian' or 'Switch Jetes' in any position are not allowed.
C. Inverted Skills	Non-airborne skills must involve hand support with at least one hand throughout the skill (example: shoulder stall).
D. Tumbling & Tricks	All hip overhead rotation skills must involve hand support with at least one hand throughout the skill. Airborne hip over head rotation skills are not allowed. Exception: round-offs.
E. Partnering & Lifts	Any lift in which the executing dancer has their head, neck and torso above extended arm level must involve 3 or more supporting dancers with at least 1 of these in a position to protect the head and neck.
F. Inverted Lifts	Any time a dancer becomes inverted they must have contact with at least one hand on the performance surface. Therefore, any lift in which the executing dancer becomes inverted while not in contact with the performance surface is not allowed (example: cartwheel lift over supporting dancer's legs is illegal in Novice).