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## ACSA Cheer Documents

1. IASF Cheer Legality Rules:
  - Outlines the rules for All Star Cheer Levels 1-7.
2. ACSA Cheer Age Grid:
  - Outlines the divisions on offer, including ages, team sizes and levels for each division.
3. ACSA Cheer Deduction System:
  - Outlines the definitions for routine infractions and rule violations for All Star cheer routines.
4. ACSA Cheer General Scoring:
  - Outline general information regarding divisions, building information, and tumbling information.
5. ACSA Cheer Image Policy:
  - Outlines the expectations and requirements regarding appropriateness of choreography as well as appearance.
6. ACSA Cheer Novice Rules:
  - Outlines specific requirements within the novice division
7. ACSA Cheer Scoring Rubric:
  - Outlines the requirements and how an All Star cheer routine will be scored.
8. ACSA Cheer Skills List:
  - Includes examples of level appropriate skills.
9. ACSA Cheer University General Scoring:
  - Outlines specific requirements within the university divisions
10. ACSA Cheer Stunt General Guidelines
  - Outlines general rulings and policies within the stunt divisions

# ACSA Cheer Age Grid

## 1. Explanations Of Changes

- 1.1. The ACSA Judging technical committee have made the following changes to the age and division grid, which are aimed to help you keep athletes involved and engaged with your club.
  - 1.1.1. The upper age of the ACSA divisions has been increased by 1 year
- 1.2. The exception to this will be for:
  - University & Scholastic divisions
  - IASF Cheer divisions
- 1.3. The age of senior cheer level 6 will be altered as per the above, however if you are aiming for a Worlds or Summit Bid you must make sure all of your athletes are eligible based on the relevant ages for that IASF / USASF division.
- 1.4. To further help form teams for this season, EPs will have the discretion to accept additional requests regarding age divisions on a case by case basis.

## 2. Cheer Age Grid Notes

- 2.1. Age is as of December 31st, 2022 for cheer divisions. i.e. Open Age, 14 yrs & older, athlete must turn 14 by 31st December in the year of competition being 2022. Exceptions:
  - 2.1.1. IASF Worlds Bid, IASF Divisions, where the athlete must be of eligible age at any time during the year 2023, meaning they are eligible to compete at the 2023 Cheerleading Worlds or International Summit. For consistency this will also apply to Open level 5, 6, 6NT & 6 Global Club (for teams with less than 16 athletes).

- EXAMPLE FOR IASF DIVISIONS ONLY: If a 13-year-old athlete is participating in a division where the minimum age is 14; that athlete is legal for the division if the athlete turns 14 on or before December 31st, 2023.
  - EXAMPLE FOR IASF DIVISIONS ONLY: If a 20-year-old athlete is participating in a division where the maximum age is 19; that athlete would be legal for the division if the athlete was 19 years old at any time in 2023.
  - Senior Level 6 may change further if the USASF announces changes to their age requirements. Bids may be offered to the Senior level 6 divisions at USASF Worlds. It is up to teams that compete for these bids to ensure their teams comply with any updated USASF guidelines.
- 2.2. Any teams seeking to compete Internationally need to ensure their athletes adhere to the age and division requirements of the competition they are attending. This includes having a minimum of 10 athletes for IASF divisions at Worlds.
  - 2.3. All levels are as defined by the IASF rules. Exception: University Elite & Premier are as defined by the UWCC university rules.
  - 2.4. Minimum and maximum number of team members are displayed in the grid below. Where applicable, divisions will be split by the following team sizes:
    - Extra Small = 6 to 15 members
    - Small = 16 to 24 members
    - Large = 25 to 30 members
    - Extra Large = 31 to 38 member

ACSA Club Age Grid 2022				
Division	Age	Gender	# Athletes	Level
Tiny Novice	3-6	Female / Male	6 - 38	Novice
Tiny	5-6	Female / Male	6 - 38	1
Mini Novice	4-8	Female / Male	6 - 38	Novice
Mini	5-8	Female / Male	6 - 38	1, 2
Youth Novice	5-12	Female / Male	6 - 38	Novice
Youth	6-12	Female / Male	6 - 38	1, 2, 3, 4
Junior Novice	7-15	Female / Male	6 - 38	Novice
Junior	8-15	Female / Male	6 - 38	1, 2, 3, 4
Junior	9-15	Female / Male	6 - 38	5, 6
Senior Novice	10-18	Female / Male	6 - 38	Novice
Senior	11-18	Female / Male	6 - 38	1, 2, 4.2
Senior AG	11-18	All Girl	6 - 38	3, 4, 5
Senior Coed	11-18	1 or more Male	6 - 38	3, 4, 5
Senior AG*	13-18	Female	6 - 38	6
Senior SM Coed*	13-18	1-5 Male	6 - 22	6
Senior MD Coed*	13-18	1-8 Male	6 - 30	6
Senior LG Coed*	13-18	1-19 Male	6 - 38	6
Open	14+	Female / Male	6 - 38	2, 4.2 1NT, 2NT
Open AG	14+	All Girl	6 - 38	3, 3NT, 4, 4NT
Open Coed	14+	1 or more Male	6 - 38	3, 3NT, 4, 4NT
Adult	18+	Female / Male	6 - 38	1NT

\*L6 Senior Cheer & L6 Senior Worlds Bid Divisions –The extra year of eligibility applies to this division, however any teams seeking a world's bid must conform to the 2022-2023 USASF Age Grid (expected to be released in November)

ACSA Scholastic Age Grid 2022				
Division	Grade	Gender	# Members	Level
Primary Novice	6 & Below	Female / Male	6 - 38	Novice
Primary	6 & Below	Female / Male	6 - 38	1, 1NT, 2, 2NT
High School Novice	7-12	Female / Male	6 - 38	Novice
High School	7-12	Female / Male	6 - 38	1, 1NT, 2, 2NT
High School AG	7-12	All Girl	6 - 38	3
High School Coed	7-12	1 or more Male	6 - 38	3

ACSA CheerABILITY Age Grid 2022				
Division	Age	Gender	# Members	Level
CheerABILITY	All Ages	Female / Male	Unlimited	1, 2, 3*, 4*

\*(No Baskets) Refer to ACSA CheerABILITY document

IASF Age Grid 2022				
Division	Age	Gender	# Members	Level
IASF Junior (U17)	10-17	Female / Male	10 - 24	1, 2, 3, 4
IASF Senior (U19)	14-19	Female / Male	10 - 24	1, 2
IASF Senior AG (U19)	14-19	All Girl	10 - 24	3, 4
IASF Senior Coed (U19)	14-19	1 or more Males	10 - 24	3, 4
IASF Open	14+	All Girl	10 - 24	4
IASF Open Coed	14+	1 or more Males	10 - 24	4

Must be age eligible at some point during 2023. These divisions have been matched to the 2022 ages released by IASF so they are eligible to compete at the 2023 Summit. The extra year of eligibility does not apply to these divisions.

ACSA will follow the 2023 USASF & IASF Age Grids for the Australian 2022 season. These are generally released in November.

IASF Worlds Age Grid 2022 - Age as of 31st December 2023				
Division	Age	Gender	# Members	Level
IASF Open AG	14+	All Girl	6 - 24*	5, 6
IASF Open SM Coed	14+	1-4 Males	6 - 24*	5, 6
IASF Open LG Coed	14+	5-16 Males	6 - 24*	5, 6
IASF Open AG NT	14+	All Girl	6 - 30*	6NT
IASF Open Coed NT	14+	1-20 Males	6 - 30*	6NT
IASF Open AG	17+	All Girl	10 - 24	7
IASF Open SM Coed	17+	1-4 Males	10 - 24	7
IASF Open LG Coed	17+	5-16 Males	10 - 24	7
IASF Open AG NT	17+	All Girl	10 - 30	7NT
IASF Open Coed NT	17+	1-20 Males	10 - 30	7NT
IASF Global Club AG	14+	All Girl	6 - 24*	6
IASF Global Club Coed	14+	1-16 Males	6 - 24*	6
*Please note, teams with less than 10 athletes can enter Open level 5, 6, 6NT or 6 Global Club divisions, however, IASF Cheer Worlds Bids Divisions are only offered to teams with 10 or more athletes as per IASF requirements.				