

## FALL SCHEDULE

### TUMBLING CLASSES

Classes below are designed to teach tumbling skills in a safe, progressive way, each class building on the foundation laid in the previous class. Classes should be completed in the following order:

1. Tumbling Tots
2. Tumbling Basics
3. Walkover Class
4. Handspring Class
5. Power Tumbling

Register online or email us at [info@muskokaelite.com](mailto:info@muskokaelite.com)! See you this fall!

#### Tumbling Tots

Choose one:

- 2yrs, Saturdays 9:15-9:45am (\$70, 8 weeks)
- 3yrs, Saturdays 10:00-10:45am (\$100, 8 weeks)
- 4yrs, Saturdays 11:00-11:45am (\$100, 8 weeks)

#### Tumbling Basics, Ages 5-8

Choose one:

- Sundays 1:00-2:00pm (\$50/mo)
- Tuesdays 6:30-7:30pm (\$50/mo)
- Wednesdays 5:00-6:00pm (\$50/mo)

#### Walkover Classes, Ages 6+

Choose one:

- Sundays 12:00-1:00pm (\$50/mo)
- Sundays 3:00-4:00pm (\$50/mo)
- Tuesdays 5:30-6:30pm (\$50/mo)
- Wednesdays 7:00-8:00pm (\$50/mo)

#### Handspring Classes, Ages 6+

Choose one:

- Sundays 2:00-3:00pm (\$50/mo)
- Thursdays 6:00-7:00pm (\$50/mo)

#### Power Tumbling Class, Ages 8+

- Sundays 5:00-6:00pm (\$50/mo)

**Cheer Teams Now Open for Registration**  
**Tumbling Classes Open August 19, 2022**

Enrol online at [www.muskokaelite.com](http://www.muskokaelite.com)

Contact us at  
(705) 640-0521  
or [info@muskokaelite.com](mailto:info@muskokaelite.com)

### RECREATIONAL CHEER TEAMS

Recreational cheer teams are the perfect introduction to cheerleading! Learn to stunt, tumble, jump and dance while learning and mastering a beginner cheerleading routine. Perform at Muskoka elite's Showcase in November! Perfect for beginners. Join us!

\*Prices include t-shirt and performance Nov 21

#### Mini Teams, Ages 5-6

Choose one:

- Snowflakes, Thursdays 5:00-6:00pm (\$160, 10 weeks)
- Mini Myst, Sunday 12:00-1:00pm (\$140, 8 weeks)

#### Junior Teams, Ages 7-11

Choose one:

- Junior Frost, Wednesdays 6:00-7:00pm (\$160, 10 weeks)
- Ice Crystals, Sundays 4:00-5:00pm (\$140, 8 weeks)

#### Adult Rec Cheer, Ages 17+

- Tuesdays 8:30-10:00pm (\$120, 10 weeks)

### COMPETITIVE CHEER TEAMS

We have competitive teams for beginners! Muskoka Elite hosts three competitive cheer teams for beginners each year. Want something more challenging than recreational cheer? Contact us to be assessed for a competitive team today!

See Program Handbook for pricing and enrolment details  
Visit [www.muskokaelite.com](http://www.muskokaelite.com), click "Cheer Teams"

#### Tiny Twinkles, Ages 5-6

- Tuesdays 5:00-6:30pm, Sept to Mar
- 3 regional competitions

#### Mini Minnows, Ages 7-8

- Wednesdays 5:00-7:00pm, Sept to Mar
- 3 regional competitions

#### Sun Rays, Ages 8-12

- Thursdays 5:00-7:00pm, Sept to Mar
- 3 regional competitions