

UPDATED MAR 25, 2022

# ALP'S SAFETY PLAN:

Complete **Symptom Screening** which is emailed to you 24 hours before your appointment.

**Stay home** if you have symptoms, or have tested + for Covid. Call the clinic to reschedule or switch to virtual.

**Masks** are still required for everyone while in all areas of the clinic. We are a medical facility.

**Hand sanitize** upon entry, exit, and before touching any equipment.

**Waiting room** (3 chairs) available, abiding by mask policy and physical distancing (2M).

**Enhanced cleaning** of all high-touch surfaces continues.

**Maintain physical distance (2M)** whenever possible at clinic.

**Classes** require **proof of full vaccination status (until April 8, 2022). MASKS MUST BE WORN.**



ACTIVE  
LIVING  
physiotherapy