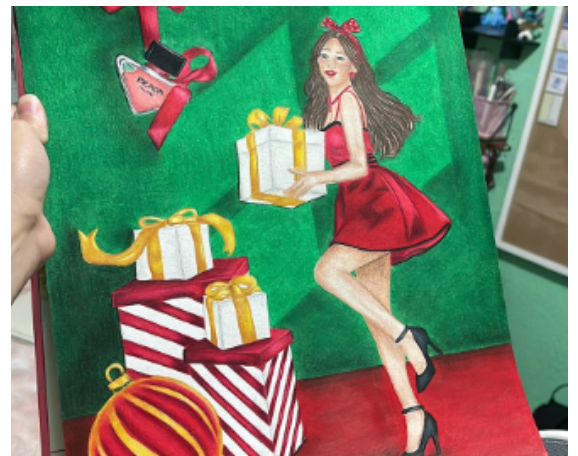


JIM AND KAY HINES

HESED LIFE MINISTRIES INTERNATIONAL



November and December mark the end of the school year in Guatemala. As always, it is a time for the girls to relax and enjoy the holiday seasons. Adela has completed her coursework and has graduated from cooking school. In December, Catty will complete her coursework for her Master's degree in human resources. We have several new girls who we anticipate becoming part of the program in the coming year, and we will report on those more in January.

Again, on behalf of each one of these young ladies, we thank each of you for your prayers and financial support in changing the lives of these young ladies. You have touched that which is dear to the heart of God. Without you, it does not happen. May your rejoicing be great as you have walked with God in changing their lives.

GUATEMALAN GIRLS LIFE PROJECT

1 God is our refuge and strength,
a very present help in trouble.

Psalms 46:1, AV

DOUBLE BLESSING: \$10,000 MATCHING CHALLENGE

As we shared in our June and September newsletters, a generous couple has offered to match every dollar you give—up to \$10,000—if we can raise an additional \$10,000 before the end of this year. We still have a significant way to go, and that's why we're asking you to pray and consider how God might lead you to be part of this blessing. Every gift, big or small, will be doubled and will make a real difference. Give today and help us reach the goal!

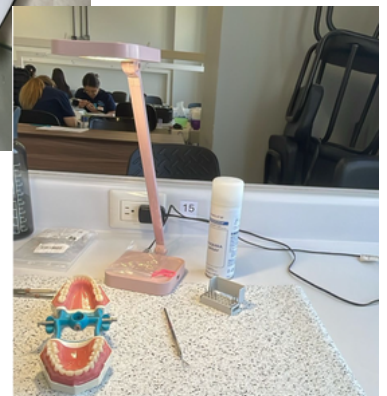
ADELA



In December 2022, we reported that Adela with great endurance and perseverance, had completed a modified high school program and graduated. The following year she entered a program to learn to be a chef. This had been a lifelong dream for her. She did finish the first year and learned a lot, but after careful consideration, she changed to another program that was a two-year program. That program fit her very well and she was diligent in the work that was required in learning all the different cooking techniques. As we noted in our newsletter in September this year that during our August visit, she had come over to the house of Lisdenia and cooked us a very nice meal. At the end of November, she graduated from the two-year program and is now pursuing employment. We are very proud of her. It has been a long and difficult road for her, but she never lost sight of her goal.

EMELY

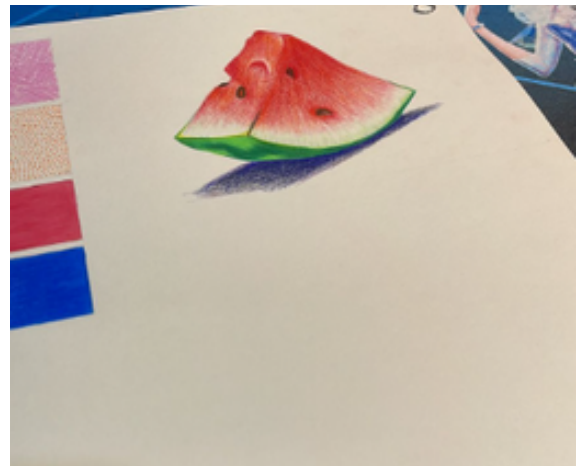
Emely is the only young lady in our program who was never a resident at Prince of Peace home for girls, but her mother was. Emely is also the granddaughter of Desi, who has been the cook at Principe of Peace for over 30 years. Emely is completing her second year of dental school. The academics have become more difficult, but she is doing well and she very much enjoys the hands-on with the multiple different dental tools and restorative materials.



DULCE JASMIN

Jasmin Dulce continues to study a graphic design at the university. It is a five-year program, and she had hoped to be able to complete her coursework this year and then begin working on her one-to-two-year internship next year. She recently changed employment and is now working for a design company that is dedicated to assembling of events with stands and LED screens. This is a very good experience for her.

She is most thankful to God that things have gone very well for her this year. She is now finishing her coursework for the year. She is very grateful for the employment but since she continues to work full-time, she's not able to take all of her classes, so she will need a few additional classes next year. She is very excited to be able to finish her classes next year and then begin her internship. She is always a delight to be around with a great attitude and a big smile.



GABRIELA



Gabriela began in the program in January 2022 at which time she entered law school. She was living with her husband and two small children. She did well in her first year of law school and seemed to really enjoy it. Unfortunately, at the beginning of her second year, her husband left the family. She began to live with her mother and to work part-time, but continue to attend law school. We were very concerned, but she did manage to work and continue to attend law school and finish the year again with good grades.

2025 has been a difficult year for her because in the middle of the year she lost her employment. She was able to find part time work but only recently found full employment, although it is a temporary position. Fortunately, we were able to help support her through this difficult time. Her two sons, Thiago and Eduard are the motivation that drives her. We just received her grades and they are excellent.

AZUCENA

With the knowledge that I have gained, it has been a year of deep personal and academic growth. Throughout my courses and experiences, I discovered that psychology is not only about understanding theories or memorizing concepts, but also about learning to connect with people on a more human and authentic level.

One of the most important lessons I learned is that every behavior carries meaning. Behind every reaction, emotion, or decision, there is a story that deserves to be heard without judgment.

Another valuable lesson was the importance of self-awareness. I learned that to truly support others, I must first take care of my own emotional well-being. This means recognizing my limits, managing stress, and being honest with myself about what I feel. By doing so, I can offer more genuine and healthier support.

Academically,

I strengthened my understanding of psychological theories, therapeutic approaches, human development, and the biological and social factors that influence mental health. Each topic deepened my appreciation for how complex and delicate the human mind really is.

In summary, this year taught me that studying Clinical Psychology requires much more than academic skills: it demands compassion, responsibility, and emotional maturity. I don't know everything yet, but I have grown, and I feel more confident and committed to the path I have chosen. That growth, both personally and professionally, is one of the biggest achievements I can carry with me from this year.



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With your valuable contribution, you not only transform one life but also impact lives across generations.