

# President Diana Cohen



“We Serve Better Together”

## The Kentucky Lamplighter

Greetings Kentucky ESA Members! The cold rainy weather has hopefully moved on and Spring is just around the corner. IT'S TIME FOR SPRING CONVENTION!! The details for the convention can be found in this Lamplighter. We are planning a fun time for all whether you come for Saturday daytime or stay for the Saturday evening installation and Sunday morning session. Please come and welcome in Kelli Thornberry as the new State President. There is an optional Friday evening activity at a studio to make door hangers for \$45. It's on the registration sheet. Hope to see everyone there!

My grandchildren have grown up so much during my 2 years as President. Dorian is in his 2nd semester at ECU studying Animal Sciences. This semester he is also employed as a dorm RA. Dorian is a responsible, mature

and level headed young man. Aiden is a senior at Calloway County High. He is active in many organizations and clubs. His hobby is tractor restoration. Aiden is attending Murray State in the fall pursuing an Agriculture Technology degree with plans to eventually work for John Deere. Freshman Emma is on the JV and Varsity basketball teams at Calloway County High. She is a force to be reckoned with on the court. Levi is in Junior High and involved in robotics. Korra is in first grade. She is a girly girl and loves her dance class. I am so proud of my sons and their families!!

The Kentucky State Council Popcorn Fundraiser was a HUGE success. **Thank you** to all the chapters and members who participated. The State raised \$1,775. A percentage of the proceeds will be donated to St. Jude in the names of the participating Chapters.

A while ago, I sent out emails about the St. Jude National Collection Drive. Please consider collecting items to ship or purchasing a few items from their Amazon Wish Lists (which eliminates arrangements for shipping) before March 28th. Check the emails for links and details, contact our State St. Jude Chair Sandy Pritchard, or go [stjude.org/child-life](http://stjude.org/child-life). On the right side of the page is a choice for Donating Supplies to St. Jude. To participate in the optional ESA virtual celebration event, register by March 21<sup>st</sup>.

The four Kentucky St. Jude Dream Homes are starting soon. Louisville's broke ground February 22nd. Since it's the last one in giveaway sequence, I assume the rest are already started. I look forward to this time every year! There is such joy and sense of accomplishment in



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## President Diana Cohen Continued

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helping St. Jude.

In this lamplighter, I am rerunning the article about the ESA program, The Power of Connection. Please submit your activities to HQ by the May deadline. Help Kentucky not be a zero in this program. I KNOW every chapter has completed at least 2 of the 3 Pow-

ers as part of your normal annual activities.

It's been an honor and privilege to be your State President for the last 2 years. I am very happy with my decision to join the Appointed Board as Awards Chair and eventually

the Executive Board as Recording Secretary years ago under President Bertha Warner. It is a truly wonderful experience. I hope you will consider participating on the State Board and keep ESA alive and well here in Kentucky.

## Treasurer Karen Williams

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Many thanks to members who participated in the additional fundraisers over the last two years. These fundraisers have added much needed monies. During Diana's first year as president, KY t-shirts were sold. And, this year participation in DoubleGood popcorn sales. Both these fundraisers added over \$1500 to the state treasury.

We will continue the tradition of having a silent auction at this year's convention in Hopkinsville. The executive board asks that each chapter donates 2 to 3 items.

Executive and Appointed Board Members please check your budget allocations. All receipts and vouchers need to be sent to me (198 Benjamin

Place Mt. Washington, KY 40047) no later than April 5, 2024. A new treasurer begins with President Kelli Thornberry and the books will be closed to the current budget year. If you have any questions, contact me at [karenw77@yahoo.com](mailto:karenw77@yahoo.com).



## Educational Chair Diane Smith

Greetings from your Educational Chair, Diane Smith

I am thankful for Diana giving me the opportunity to be your Kentucky State Educational chair. Two years have flown by in this position.

Kappa Psi did a card educational by our own Karen Williams and we also had a BE KIND educational by Dee Dee Gnadinger. We each wrote down five things of what our Kappa Psi chapter meant to us. Being a family is number one on the list, all the adventures we have together traveling, having a purpose to all the different causes we raise money for, the wonderful food and socials we have together, the friendships we have made, and all the stories we have to share. I have loved being a part of ESA. I hope to see you all in April at the state convention.

Happy Spring Everyone

# Chaplain Velva Yeomans

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## ONE

*I am only one, but I am one.  
I cannot do everything, but I  
can do something.  
What I can do, I should do and,  
with the help of God I will do.*

-Everett Hale

Have you ever taken the time these past two years to study the icon Diana choose for her theme? There are many little people encircling the earth. Starting with the front center, there is a gold one and from each side follow and from each side followed by green, blue and red. They have joined hands so that "*We Serve Better Together.*" In the past two years, we have done some rather amazing things. One I will mention is the popcorn fundraiser. By joining together, it proved to be a very successful venture. Diana spent a good bit of time coaching me to enable me to participate.

Speaking of help, with Vicky Jones' help all chapters were able to learn each time a Kentucky ESA sister needed to be remembered. Due to illness and a nonworking computer, Vicky took over and kept you informed. Thanks, Vicky, for getting my ox out of the ditch several times this year.

## Kentucky lost two more members this year:

Peggy Tucker (10/13/38 - 1/4/24), Alpha Theta, Bowling Green:



Peggy pledged Alpha Theta in December 1961 and was a member for 63 years. During those years, she sponsored 12 members, 10 of those the same year! Peggy's funeral was held at First Baptist Church of which she was a member on January 8, 2024. In addition to her outstanding service to ESA, among her many accomplishments were co-owner of Tucker Farms, member of Homemakers for over 60 years, named Master Farm Home-maker, and served on the board of the Warren County Farm Bureau and Girls Club. Peggy is survived by her husband, Dale, 3 daughters, 1 son, 9 grandchildren, and 11 great grandchildren. Peggy and Dale loved to travel and during their marriage were able to visit all 50 states. Dale also accompanied Peggy to the 1968 IC con-

vention in New Orleans.

Margie Mitchell, (9/19/64 -- 1/14/24), Beta Nu, Cadiz:



Funeral services were held January 19, 2024. Margie had retired from the United States Forestry Service in the Land Between the Lakes. Margie was a Beta Nu member for 22 years and during this time sponsored 3 members. Margie was inactive at the time of her death but during the 22 years of service, she made a positive contribution. She is survived by her mother and one brother.

A Celebration of Life Service will be held during the upcoming state convention to remember these two ESA sisters.

Hope to see many of you in Hopkinsville for our State Convention in April!

# EasterSeals Chair Laurie Mulroony

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**“Your life and mine should be valued not by what we take...but by what we give.”**  
**–EDGAR ALLEN, EASTER SEALS FOUNDER**

Greetings! We are quickly approaching Spring and I am more than ready for it!

As you may already know, ESA is a huge supporter of EASTER-SEALS on the National, State and Local levels. Easter-Seals offers help, hope and answers to adults, children and families living with special needs. Veterans and senior citizens are also recipients of services provided by Easter-Seals through our support.

## **EasterSeals, West Kentucky**

801 N. 29th Street

Paducah, KY

42001

(270) 444-9687

[www.easterseals.com](http://www.easterseals.com)>westky

### **Programs West Kentucky offers:**

Adult Day Health Care  
Adult Day Training  
Adult Foster Care  
Case Management  
Community Living Supports  
Personal Assistance  
Child Development Center  
The Lily Pad  
Behavior Supports  
Adult Transportation  
Children Transportation  
Medical Rehabilitation

## **EasterSeals Bluegrass**

1900 Richmond Road

Lexington, KY 40502

(859) 399-6270

[www.Cardinalhill.org](http://www.Cardinalhill.org)

### **Programs and services offered:**

Adaptive Recreation  
Adult Day Health  
Creative Beginnings Child Development Center  
HorseAbility  
Pediatric Therapy

## EasterSeals Chair Laurie Mulroony Continued

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### **DONATION INFO:**

ESA has been donating to EasterSeals for a long time now. Please continue to send your chapter donations so all of these wonderful services may continue to help individuals of all ages. Easterseals and its affiliate organizations are 501(c)(3) nonprofit organizations and your donations are tax deductible!

### **Ways that your donations can be sent:**

1. Send check to me and letting me know your chapter name & which affiliate you'd like to send it to (WEST KY or BLUEGRASS IN Lexington). My address is:

Laurie Mulroony  
240 Louis Lane  
Mt. Washington, KY, 40047

2. Send to me via one of the following:

VENMO : @Laurie-Mulroony.  
PAYPAL: Laurie Mulroony @Laurie Mulroony

3. You may also choose to send donations directly to one of the KY affiliates or national Chicago. Don't forget to put your chapter name & number on the check or website for a tax deduction and to email or text me the dollar amount, your ESA state chapter's name & date it was sent.

\* Note that donations sent to the Ky affiliates will keep the monies /services in our state.

\*\* If your chapter has a fundraiser or a fun activity, let me know name of activity or fundraiser to include in the *LAMPLIGHTER*

To: **ESALaurie@yahoo.com**  
502 409-3922 (text)

\*\*\* Send your photos with a description to:  
**vickyjones325@bellsouth.net**

## Scrapbook Chair Karen Williams

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I continue to need YOUR help with collecting pictures and materials from the various conventions and events you have attended. If you have taken pictures or picked up handouts, booklets, table decor during Diana's year as president and are willing to share, please email me the photo as an attachment to [ka-rencw77@yahoo.com](mailto:ka-rencw77@yahoo.com). These pictures can include: State Convention in Shepherdsville, Fall Board in Henderson, travels to SERC or IC Convention in Texas and much more. Your contributions are what makes a scrapbook special.



## St. Jude Chair Sandy Pritchett

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Hello all!! I am so proud of Kentucky and the fundraising that was completed for St Jude in 2023!! As expected, the dream homes were the biggest fundraiser; however, each member/chapter that donated money to St. Jude - it is so very appreciated!

The Power of Connection: St. Jude and ESA are now holding a national collection drive for St. Jude. We know that our monetary donations help with treatment, food, housing, and travel, but there are additional items needed year-round to help make patient's daily lives feel more normal. We are asking members to participate with your chapter or individually to gather items like crafts, toys, games, and books. There is a virtual collection on March 28, 2024 and we will all come together to see what we have collected, hear from a special guest at ALSAC, and learn firsthand just how these items can positively impact patients and families at St. Jude.

Go to <http://www.stjude.org/child-life>. Then select 'Toys, Gift Cards, and Supplies Needed for St. Jude patients. There are lists for each age group as well as Amazon wish lists.

Please share and discuss with your Chapter. Thank you!!

## 2024 Kentucky State Convention

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We are hoping many of you can come to Kentucky State Convention on Friday to participate in our Paint and Pour Event. The cost is \$45, and you will go home with an adorable door hanger. Be sure to mark this on your registration form. Angie Gibbs & Tina Rogers, owners of She Shed Crafting Shop (they're also on ETSY), will be our demonstrators.



We will meet in the hotel lobby at 6:30 pm on Friday, April 19, 2024 to car-pool to their event space. Don't forget to bring your favorite wine or adult beverage!

The registration form is included in this issue of *The Kentucky Lamplighter*. PLEASE register by March 30, 2024. Also, we **CAN NOT ACCEPT ANY REGISTRATIONS AFTER APRIL 12TH**. We are having lunch catered, and have to have our numbers in 1 week prior to convention.

This will be Diana Cohen's last convention, so let's make it a great one. Kelli Thornberry will be installed as our new president!!

Hope to see you in Hopkinsville!

# Chapter News

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## **Alpha Epsilon, Paducah**

There will be a St. Jude Dream Home in the Paducah area this year. It will be built in the Hill Creek Subdivision which is three miles into Marshall County from I-24 Exit 16 off Highway 68. It is located in the Sharpe community. A total of 9,500 tickets will be sold. Ticket sales will begin in May. Actual dates for ticket sales to begin and for the house giveaway have not been announced. I'm sure I will be involved with the home again this year.

## **Alpha Theta, Bowling Green**

Here we are! The first newsletter of 2024. Can you believe it?

Alpha Theta hopes everyone had a Merry Christmas and that the New Year is off to a good start, being kind to you, your family and ESA sister.

I cannot believe that the Ides of March are almost upon us. This year is spinning with busyness. Alpha Theta's year began with the nominating committee meeting for prospective new Board candidates. Now with the election of a new Board behind us, we are anticipating an exciting new year with new leadership and ideas.

Now we are busy planning the 2024 Heart Luncheon and Fashion Show. This year the date is March 20<sup>th</sup>, 2024, at 12:00pm. Kenzie Parker will be providing the fashions. We would love to extend an invitation to each of you to come and join us for good food and fashions.

February also saw the groundbreaking of this year's St. Jude Dream Home. The home is going to be in Carter's Crossings with Sweets Design as the builder again this year. We hope to sell out early again this year.

On a sad note, Alpha Theta lost our dear sister Peggy Tucker. Peggy was a member of ESA over 60 years. Each of us will treasure our time and fond memories we have of Peggy.

Finally, we are anticipating seeing everyone at the State Convention. So, stay safe, healthy and we hope to see you in Hopkinsville in April!

## **Gamma Tau, Henderson**

Gamma Tau had a wonderful Christmas party at a local restaurant!! We adopted three kids from our local Salvation Army Christmas tree and were able to provide clothing and toys that were requested! We were entertained at our Christmas Party by having a Christmas Auction - members cleaned out items they no longer needed and those items were auctioned off by one of our members, Glenda Sutton!! The bidding was lively and fun and we ended up raising a nice sum of money!!

We have several speakers planned for the spring/summer months!! Our first will be from our local 4-H Extension Office!! She will complete a craft activity with members and provide information about the extension office's role and support for our community! We also have a planned tour of the Azalea Gardens in Hazelton, Indiana! We are all looking forward to spring and this seems a perfect way to kick off the spring season!! We have also hosted a Game Night for members and have planned a Trivia night in March!! We all look forward to having a fun evening with our sisters!!

Gamma Tau would like to extend our thanks to our President, Diana Cohen! She has been a great leader and we wish her the best as her term comes to an end!!

## **Kappa Psi, Louisville**

Hi. I hope you all had a great holiday. December is so busy that it is hard to keep up with everything. We started our holiday activities by adopting 2 families for Christmas. Karen had a good time shopping for everyone. She had one of the little girls in her classroom so she got to see her wearing all the clothes we bought.

Instead of a meeting in December we had our annual Christmas Party. We exchanged gifts, played games, revealed our secret sisters and ate

## Chapter News Continued

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### Kappa Psi, Louisville (Continued)

a lot of good food. It is a lot of fun and nice to not have to worry about business.

Some of our members went on our annual trip to Patti's for the weekend. The food is great, the shopping fun and spending time with friends is the best.

We have a new member, Kitty Beall. We are really glad to have her.

We have been celebrating birthdays the last couple of months. DeeDee, Tiffany, Diane and Kitty all became a little older.

Diana went to the kick off for the St. Jude Dream Homes. Kappa Psi and Delta Tau will be handling the paperwork for Louisville, Lexington, Paducah and Bowling Green. It is a lot of work but really worth our time. Most of us help in one way or another. It really makes us feel good when they sell out and we know we had a part in the process.

I hope you all are planning on attending our State Convention. It is a lot of fun seeing everyone. If you haven't been to one please come. We will make you feel right at home.

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## French Fried Chicken Rice Casserole by Vicky Jones

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### INGREDIENTS

- 2 cups instant white rice
- 2 cups water
- 2 cups cooked chopped chicken, about half of a rotisserie chicken
- 1 cup refrigerated sour cream French onion dip
- 1 (10.5-oz) can Unsalted Cream of Chicken Soup
- ½ cup chicken broth
- 1 cup shredded cheddar cheese
- ½ cup French Fried Onions



### DIRECTIONS

1. Preheat oven to 350°F. Spray a 9×13-inch pan with cooking spray. Set aside.
2. In a medium saucepan, bring water to a boil. Add instant rice, cover and turn off heat. Allow to stand for 5 minutes, until all water is absorbed.
3. In a large bowl, combine chicken, chicken soup, French onion dip, cheddar cheese, chicken broth and cooked rice. Spread into prepared pan.
4. Top with French Fried Onions.
5. Bake for 20-25 minutes, until cheese is melted and bubbly.



## No-Bake Energy Bites by Theresa Anderson

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### INGREDIENTS

- 1 cup old-fashioned oats
- 2/3 cup toasted shredded coconut (*sweetened or unsweetened*)
- 1/2 cup creamy peanut butter
- 1/2 cup ground flaxseed
- 1/2 cup semisweet chocolate chips (*or vegan chocolate chips*)
- 1/3 cup honey
- 1 tablespoon chia seeds (*optional*)
- 1 teaspoon vanilla extract



### DIRECTIONS

1. **Stir everything together.** Stir all ingredients together in a large mixing bowl until thoroughly combined.
2. **Chill.** Cover the mixing bowl and chill in the refrigerator for 1-2 hours, or until the mixture is chilled. (This will help the mixture stick together more easily.)
3. **Roll into balls.** Roll into mixture into 1-inch balls.
4. **Serve.** Then enjoy immediately! Or refrigerate in a sealed container for up to 1 week, or freeze for up to 3 months.

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## Perfect Apple Crumb - Classic Comfort Staple in Ireland by Sherry Suggs

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### INGREDIENTS

- ¾ cup butter, melted
- 1 ½ cup all-purpose flour
- 1 cup chopped pecans
- 1 cup lightly packed brown sugar
- ½ tsp salt
- 6 lg apples cored and cut into wedges
- ½ cup granulated sugar
- 2 tsp ground cinnamon
- ½ tsp ground ginger
- juice of ½ lemon
- Vanilla ice cream for serving

### DIRECTIONS

1. Set oven at 350° F
2. Grease large baking dish with butter
3. In medium bowl, whisk together pecans, brown sugar & salt
4. Stir in butter until texture is course and sandy
5. Add apples, sugar, cinnamon, ginger, lemon juice to baking dish and toss to combine
6. Spread in an even layer, then add crumb mixture on top of the apples
7. Bake until bubbling and topping golden, about 50 minutes
8. Serve with ice cream.

## Pot Roast Submitted by Laurie Mulroony

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This recipe is from my BFF's daughter (since high school) who has a farm in Cove, Oregon. She adapted this recipe from The NY Times Cooking. Her farm only grows natural/organic vegetables & produce and delivers to grocery stores and restaurants.

### INGREDIENTS

- 4 lbs. beef chuck roast
- salt and pepper
- 2 teaspoons vegetable oil
- 1 yellow or red onion cut into wedges
- 8 garlic cloves, chopped
- 1.5 cups red wine
- 1 tablespoon red wine or apple cider vinegar
- 5 wood herb stems like thyme, sage and/or rosemary or 1 dry teaspoon each
- 1.5 lbs. of root vegetables, chopped for stew
- Pickled onions for serving



### DIRECTIONS

1. Season the beef with salt and pepper. Using the sauté setting, warm the veg oil in the Instant Pot. Brown the beef for 3-5 minutes on each side using the timer. If the beef cut won't fit in the pot, cut it in half if need be and work in two batches. Remove the meat.
2. Add the yellow/red onion wedges, garlic, and season with salt and pepper. Cook, stirring about 2 minutes. Pour in the wine and 1/2 cup of water. Scrape the browned meat bits off the bottom. Put the beef back in the pot. Add the herbs and more pepper and put on the lid.
3. Turn off the sauté setting and cook on high pressure for 1 hour using the timer. After an hour, release the pressure. Open the lid and add the root vegetables, tucking them under the liquid. Replace the lid and cook on high for 3 minutes. Release the pressure and serve!

### **Nella Mae's Farm**

Fresh, naturally-grown produce from our family farm in Cove, Oregon

## Homemade Pink Lemonade Sugar Scrub

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### **How to Make A Sugar Scrub**

1. Gather ingredients:
  3. Store in
  - ◆ 1 cup of sugar
  - ◆ ½ cup oil (almond, olive oil, or coconut work best)
  - ◆ ½ teaspoon vitamin E oil
  - ◆ 15 drops lemon essential oil
  - ◆ 1-2 drops red food coloring (optional if you want the pink color)
2. Place all ingredients in a bowl and mix. You can add more or less oil to your liking.
3. Store in an airtight container. Since this recipe doesn't contain any preservatives, it's best to use it within a month or two.



### **How to Use Your DIY Sugar Scrub**

- Scoop a small amount of the Pink Lemonade Sugar Scrub in your hands with a spoon.
- Scrub all over your hands or feet in a circular motion – or wherever you'd like a little extra softness.
- Allow your scrub to sit on your skin for 3-4 minutes. Enjoy this time to rest and relax.
- Rinse well, and then pat dry with a soft towel.



This year's International Council Convention will be held in Overland Park, Kansas on July 7-14, 2024 at the DoubleTree by Hilton.

An IC Convention Registration form is included in this issue of *The Kentucky Lamp-lighter*.

There's a lot to do in Overland Park. Consider visiting:

- Museum of Prairiefire
- Deanna Rose Children's Farmstead
- Old World Ballonery
- BRKTHROUGH
- Overland Park Farmer's Market
- The New Theatre & Restaurant
- The Culinary Center of KC

### ▶ TOUR OPPORTUNITIES

Kansas is proud to provide tour options for your enjoyment in attending IC Convention. Transportation will be provided by 15- passenger vans. Register early to be a part of the fun! Space will be limited—only 14 seats available for each tour van. Tour Deadline is June 1, 2024



There will be numerous workshops throughout the week. Opening workshop for Hope for Heroes will feature Mary Jean Eisenhower, granddaughter of President Dwight D. Eisenhower and honoring Gold Star Mother Anita Faye Dixon, mother of Sergeant Evan S. Parker. This workshop will take place on Wednesday, July 10, 2024 from 1:15-3:15 pm.

*Hope to see you there!*

- Hit Hard, Run Fast and Turn Left Tour ..... Sunday, July 7**  
 The Legends is a premier outdoor super-regional outlet shopping mall and entertainment destination located in the Village West development in Kansas City, Kansas. We have several options to offer for a Sunday afternoon of food, fun and friends. Departure and Return Times Vary.  
**Option A:** Maybe you would like trying your luck at the *Hollywood Casino*; there are four different options available at the Casino for your dining pleasure. This price includes transportation only. Departure Time: 10 AM. Return Time: 2 PM (\$24)  
**Option B:** Maybe shopping the outlet stores is more your game. The *Legends* is the only designer outlet center in the area so come explore more than 100 designer retail outlets and dine in one of their 30 restaurants. This price includes transportation only. Departure Time: 11 AM. Return Time: 3 PM (\$24)  
**Option C:** If you are a baseball fan, you will love the *KC Monarchs*! This is a minor league baseball team that is interactive, family oriented and moderately priced. *The VIP experience includes all you can eat buffet; all you can drink beer, wine, soda & water; as well as reserved outdoor balcony seat and indoor communal seat. And—if that isn't enough, one lucky ESA person will get to throw out the Ceremonial First Pitch!* Departure Time: Noon. Game Time: 1 PM. Return Time: 4 PM (\$105)
- Newsies at the New Theatre ..... Sunday, July 7, 6 PM seating**  
 Enjoy dinner and the Disney musical production of *NEWSIES*. *NEWSIES* spins the inspirational tale of Jack Kelly - a charismatic newsboy who dreams of a better life. When the unscrupulous newspaper tycoon, Joseph Pulitzer, raises prices at the newsboys' expense, Jack, along with spitfire reporter, Katherine Plummer, rouse the downtrodden "newsies" to stand up against Pulitzer and fight for what's right!  
 Departure time: 5:30 PM. Return Time: approximately 10 PM (\$85)
- Nature that Nurtures Tour ..... Monday, July 8, 11 AM-2 PM**  
 The *Overland Park Arboretum and Botanical Garden* featuring Margaret's Pond, Monet Garden, sculpture trail and herb garden. All prices include catered box lunch from *Jack Stack BBQ* at the *brand new* visitor's center and your choice of a self-guided walking tour, walking tour with guide or golf cart tour. Departure time: 11 AM. Return Time: 2 PM  
**Option A:** Self-Guided Walking Tour (\$50)  
**Option B:** Walking Tour with Guide (\$80)  
**Option C:** Golf Cart Tour (\$80)
- Witches "Twisted" Brew Bash ..... Tuesday, July 9, 10 AM-4 PM**  
 Spend the day visiting a brewery, a coffee shop, and a olive oil/vinaigrette store in historic downtown Overland Park. We will have taco bar lunch at the *Brew Lab* as well as enjoy a flight of your favorite ciders or brews. You might also enjoy visiting the *Paris! Coffee* shop nearby that will enlighten you about the art of brewing a quality cup of joe and they will share a sweet treat. A little "twist" in the brew bash is a visit to *The Tasteful Olive* where you can sample and purchase your favorite blend of olive oil or vinaigrette dressing. We will finish the day with a visit to *Aubrey's Vineyard* on the way back to the hotel for a tour and flight tasting of your favorite wines. Underage guests are allowed, including children. Departure time: 10 AM. Return Time: 4 PM (\$82)
- Crossing the Border Tour ..... Tuesday, July 9 (anyone), 9 AM - :3:30 PM**  
 We will cross the state line to Kansas City, Missouri to visit three great museums. First you will see the *Negro League Baseball Museum* and the *Jazz Museum* followed by lunch (included) at the *WWI Museum*. After lunch, spend the afternoon at the National WWI Museum and Memorial. Departure time from hotel: 9 AM. Return Time: 3:30 PM (\$73)
- The *Negro League Baseball Museum* highlights the obstacles players of color faced, what they did to overcome the challenges of prejudice and social injustice in this country and how their talent, passion and perseverance changed Major League Baseball and America.
  - The *Jazz Museum* preserves the history of American jazz music, with exhibits on Charlie Parker, Duke Ellington, Louis Armstrong, Ella Fitzgerald and others.
  - The *WWI Museum* and Memorial is the nation's only public museum dedicated to WWI, with a large collection of photos, weapons and more.



# 2024 Kentucky State Convention Registration

## April 19-21, 2024

### Denim & Diamonds

Clarion Pointe  
2910 Ft. Campbell Blvd.  
Hopkinsville, KY 42240



#### ESA Member

Name: \_\_\_\_\_ Chapter Name \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

#### Guest (Non-ESA Member)

Name: \_\_\_\_\_

#### Please check:

<input type="checkbox"/> Full Convention Registration (registration, meeting & all catered meals)	\$ 95.00
<input type="checkbox"/> Partial Registration (includes registration, meeting & Saturday lunch only)	\$ 60.00
<input type="checkbox"/> Late fee – postmarked after March 30, 2024 and walk-ins	\$ 15.00
<input type="checkbox"/> I'm coming in Friday (by 7pm) & want to attend the "Paint & Pour Party"	\$ 45.00 **
<b>NO REGISTRATION ACCEPTED AFTER APRIL 12, 2024</b> (Food has to be ordered 1 week prior)	TOTAL Enclosed \$ _____

\*\* During the "Paint & Pour Party", you will be making a gorgeous door hanger.

#### Please check all that apply

KY Executive Board       Chapter President 2022-23       Ky PPA  
 KY Appointed Board       Chapter President 2023-24       Pledge  
 Chapter Voting Delegate       First Time Attendee  
 SERC Officer (Executive / Appointed)       IC Officer (Executive / Appointed)  
 Vegetarian food option       Food allergies: \_\_\_\_\_

#### **ALL registrations choose 1 Lunch option:**

Chicken Wrap     Ham Sandwich     Vegetable Wrap

Make checks payable to Alpha Delta Chapter, ESA and mail to:

Vicky Jones  
664 Grigsby Lane  
Cadiz, KY 42211

Or pay by Venmo to:  
@vicky325

**Hotel Reservations:** Call 270/886-4413 and mention Epsilon Sigma Alpha (Keep in mind, beds are Full Size NOT Queen Size)

**Room Rate:** \$89++ (\$100.98 all inclusive)    Hot Breakfast included



2024 INTERNATIONAL CONVENTION

There's No Place Like Kansas

July 7 - July 14, 2024

DoubleTree by Hilton Hotel Kansas City - Overland Park

10100 College Blvd., Overland Park, KS 66210

DoubleTree Hotel at: (913) 451-6100



MEMBER NAME \_\_\_\_\_ MEMBER NUMBER/STATE \_\_\_\_\_ / \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY, STATE, ZIP \_\_\_\_\_  
 CELL # \_\_\_\_\_ EMAIL \_\_\_\_\_  
 CHAPTER NAME \_\_\_\_\_ CHAPTER # \_\_\_\_\_ STATE COUNCIL \_\_\_\_\_  
 DATE OF ARRIVAL \_\_\_\_\_ TIME OF ARRIVAL \_\_\_\_\_ FLY DRIVE USING SCOOTER Y N  
 DO YOU NEED A NAME BADGE HOLDER? Y N WOULD YOU LIKE A PDF BOOKLET? Y N  
 ROOMMATE(S) \_\_\_\_\_

\*Each registered guest will receive an email confirmation after form and payment has been received\*

CHECK ALL THAT APPLY

- First IC Convention  Pledge  ELAN  Collegiate Member - Campus \_\_\_\_\_  HQ Staff
- ESA Foundation Board  IC Elected/Appointed Board  Past IC President (year) \_\_\_\_\_
- 2023-2024 State President - State \_\_\_\_\_  2024-2025 State President - State \_\_\_\_\_
- Previous State President - State(s)/Year(s) \_\_\_\_\_ Served with: \_\_\_\_\_
- I will be recognized at convention for my years of ESA Service 25-70 years in 5-year increments: \_\_\_\_\_
- Dietary Restrictions: The hotel will do its best to accommodate **DIETARY RESTRICTION requests only.**  
 Restriction or Allergy alert: \_\_\_\_\_ (Additional costs may apply)

CIRCLE AMOUNT

- MEMBER FULL REGISTRATION FEE:**  Postmarked by May 1, 2024 ..... \$275  
 Includes general assemblies, workshops, welcome party, recognition luncheon and banquet  
 After May 1, 2024 (see payment note on page 2) ..... \$325
- MEMBER FRI. & SAT. REGISTRATION FEE:**  Postmarked by May 1, 2024 ..... \$250  
 Includes general assemblies, recognition luncheon and banquet  
 After May 1, 2024 (see payment note on page 2) ..... \$300
- MEMBER SAT. ONLY REGISTRATION FEE:**  Postmarked by May 1, 2024 ..... \$150  
 Includes general assembly and banquet  
 After May 1, 2024 (see payment note on page 2) ..... \$200
- MEMBER/NON-MEMBER WALK-IN REGISTRATION FEE:**  See payment note ..... \$350  
 Includes everything in full registration
- \*PICPA STATE PRESIDENT'S LUNCHEON (ADDITIONAL FEE)** ..... \$45  
 (all past and present state presidents/IC presidents)

\*If served with multiple IC presidents, indicate with whom you wish to sit? \_\_\_\_\_

SUBTOTAL MEMBER REGISTRATION: \$ \_\_\_\_\_

CONVENTION HOTEL ROOM RATES

Single/Double \$154 plus tax. King \$154 plus tax. Junior King Suite \$204 plus tax.  
\$10 Each additional person in the room over 2

To receive the group rate, you MUST make reservations by June 16, 2024.  
In House Reservations at 913-323-1947; reference code: CDT90H  
or click on the link: [Hotel Reservation Link](#)



Member Name and Number as listed on first page \_\_\_\_\_

**MEMBER MAY NOT REGISTER AS NON-MEMBER FOR ANY EVENT**

NON-MEMBER NAME \_\_\_\_\_

Please indicate if special guest of the following:  ALSAC  EASTERSEALS  INCOMING IC PRESIDENT

OTHER (Please specify) \_\_\_\_\_

	<u>CIRCLE AMOUNT</u>
<b>NON-MEMBER FULL REGISTRATION FEE:</b> Includes general assemblies, workshops, welcome party, recognition luncheon and banquet	<input type="checkbox"/> Postmarked by May 1, 2024 .....\$275 <input type="checkbox"/> After May 1, 2024 (see payment note below).....\$325
<b>NON-MEMBER attending WELCOME PARTY:</b>	<input type="checkbox"/> Postmarked by May 1, 2024 .....\$ 65 <input type="checkbox"/> After May 1, 2024 (see payment note below).....\$115
<b>NON-MEMBER attending RECOGNITION LUNCHEON:</b>	<input type="checkbox"/> Postmarked by May 1, 2024 .....\$50 <input type="checkbox"/> After May 1, 2024 (see payment note below).....\$100
<b>NON-MEMBER attending BANQUET:</b>	<input type="checkbox"/> Postmarked by May 1, 2024 .....\$75 <input type="checkbox"/> After May 1, 2024 (see payment note below).....\$125
<b>YOUTH REGISTRATION FEE (age 12 &amp; under):</b> Includes general assemblies, welcome party, recognition luncheon and banquet	<input type="checkbox"/> Postmarked by May 1, 2024 .....\$100 <input type="checkbox"/> After May 1, 2024 (see payment note below).....\$125
<b>YOUTH REGISTRATION FEE (age 13-17):</b> Includes general assemblies, welcome party, recognition luncheon and banquet	<input type="checkbox"/> Postmarked May 1, 2024 .....\$150 <input type="checkbox"/> After May 1, 2024 (see payment note below).....\$175
<b>SUBTOTAL NON-MEMBER REGISTRATION:</b>	<b>\$ _____</b>
<b>ENTER TOTAL FROM FIRST PAGE:</b>	<b>\$ _____</b>
<b>TOTAL REGISTRATION:</b>	<b>\$ _____</b>

\*\*\*List dietary restrictions for non-members on page one, indicating who has the restriction.

**MEN'S GOLF . . . Indicate days you would like to play golf.**

I wish to golf:  Monday  Tuesday  Wednesday  Thursday  Friday  Saturday

**MEN'S CORNHOLE . . . Indicate days you would like to play cornhole.**

I wish to play cornhole:  Monday  Tuesday  Wednesday  Thursday  Friday  Saturday

**SELECT ONE PAYMENT TYPE**

**\*\*PAYMENT NOTE:** Payment after May 1, 2024 must be paid by MONEY ORDER, CERTIFIED CHECK, OR CREDIT CARD AND MAILED TO THE IC REGISTRATION CHAIR BEFORE JUNE 1, 2024. After June 1, 2024, mail registration form only - **DO NOT SEND PAYMENT.** Email the registration chair that the form has been mailed and bring a copy of the registration form with money order, certified check, cash or credit card to the IC Convention.

Check  Money Order  PayPal (ESA IC Convention -- A fee of 4% of the total transaction amt. will be assessed.)  
Make Check or Money Order payable to: ESA IC 2024 Convention (A \$45 fee will be assessed for any returned check.)  
 Credit card\*\*  VISA  MASTERCARD  AMERICAN EXPRESS  DISCOVER  
**\*\*A fee of 4.5% of the total charge will be added.**

Credit Card #                      Exp. date \_\_\_\_\_ Security code \_\_\_\_\_

Name EXACTLY as it appears on credit card \_\_\_\_\_

Billing address of credit card holder \_\_\_\_\_

Cardholder Signature (required) \_\_\_\_\_

**CANCELLATION:** If you find it necessary to cancel this registration, the full amount less a \$50 processing fee will be refunded when WRITTEN cancellation is postmarked NO LATER THAN **JUNE 15, 2024.** NO REFUNDS AFTER **JUNE 15; TRANSFER ONLY.**

**TRANSFER TO ANOTHER MEMBER:** One time transfer allowed, \$15 transfer fee. See separate form.

**Mail registration form with payment to:** Tammi Mitchell, ESA IC REGISTRATION CHAIR  
**If paying online, please also** 2298 N Road I, Ulysses, KS 67880; 620-353-0467  
**e-mail registration form with payment to:** ICconvention24@esaks.org

Vicky Jones, Editor  
664 Grigsby Lane  
Cadiz, KY 42211

# The Kentucky Lamplighter



*Kentucky State Convention Registration Included*