

President Diana Cohen



“We Serve Better Together”

The Kentucky Lamplighter

This has been a very busy year, both in ESA and personally. Thank you to everyone who attended State Convention in the Spring. The venue was incredibly nice, the food was excellent, and the company was AWESOME!! It was exciting to plan and execute and I look forward to doing it one more time next Spring. There is a recap article in this Lamplighter.

My husband and I spent 5 weeks in Las Vegas this summer. I spent most of the time relaxing, taking in the sites, and played just a little poker. But of course, my husband played poker almost every day. We ate WAY too much food. The weather started out in the high 80s/low 90s for the first week and then it went to the normal 100+ degree temperatures. The new HQ for Formula One Racing is under construction across the street from where we stay. Las Vegas is resurfacing many streets for the Formula One race in November. It was the biggest CONSTRUCTION NIGHTMARE I have ever seen. At times, the Strip was down to just ONE LANE both directions!! We went to the Battlebots Show. I highly recommend it if you are a fan

of the TV show. The show is in the same building as the competition shown on the Discovery channel.

I am SO proud of my two oldest grandsons. My grandson Dorian graduated from Ivy Plus Academy Summa Cum Laude and is attending ECU this Fall. He was a world traveler this summer, spending 2 weeks with his family in Portugal and France. My grandson Aiden, a senior at Calloway County High School, attended the 5-week Governor’s Scholar’s Program. He and his FFA friends are almost finished restoring an old tractor for the Kentucky State Fair.

Five from Kentucky went to IC Convention in Grapevine, TX: myself, Vicky Jones, Karen Williams, Dee Dee Gnadinger, and Kelli Thornberry. We left a few days early to see some sites. We were joined by ESA sisters from Illinois: Kathleen Grissom and Paula Winchester. We visited the Stockyards, Southfork Ranch, Dealey Plaza (where JFK was shot), and the Texas Book Depository (museum about JFK and the shooting) in Dallas. Then we traveled to Waco, where we had lunch at Magnolia Table (wow yummy!), took a Fixer Upper bus tour (really interesting), and walked 1/2 mile from

our Airbnb in the 103-degree heat (crazy people!) to shop at the Magnolia Silos shops. We had a wonderful time and of course ate WAY too much food!!

IC Convention was a wonderful experience. It’s always good to visit with fellow ESA members you don’t often get to see. The most exciting moment was standing on the stage at the St. Jude Presentation of Dollars where, thanks to all of you, Kentucky finished 6th in donation amounts!! I am proud to be able to represent Kentucky at all the Conventions.

I have written a few smaller articles (instead one long long long article) for the Lamplighter with updates from IC, SERC, and State Convention.

Fall Board will be in Henderson on October 21st. The registration form is in this issue. Let’s make a good showing for the members of Gamma Tau!

Spring Convention will be April 19-21 in Hopkinsville. It will be a 2-day convention as Kelli Thornberry will be installed as President. Mark your calendars!

See you in Henderson!!

Inside this Issue:

Executive Board	Pg 1-2	Picture Collage from IC	Pg 8-9
Appointed Board	Pg 2-3	Chapter News	Pg 10-12
2023 KY State Convention P	g 4-5	Recipes	Pg 13
IC Hope for Heroes & St. Jude \$\$	Pg 6	DIY Crafts	Pg 14
Notes on IC & SERC	Pg 7	Fall Board Registration	Pg 15

Treasurer Karen Williams

It was nice to attend our State Convention with many familiar faces and a few new ones. Thank you to all the chapters for donating items to the Silent Auction. We raised \$400. Let's continue the momentum at Fall Board by bringing items for the Silent Auction. The Board asks that each

chapter donate at least 2 items for the silent auction.

A friendly reminder: it is time to pay chapter dues. Each chapter pays \$25 plus \$15 per member. At this time, all chapters need to pay their dues. Please send dues to:

Karen Williams
198 Benjamin Place
Mt. Washington, KY 40047

Checks should be written to the Kentucky State Council.

I hope to see many of you at Fall Board in Henderson.

Chaplain Velva Yeomans

At the 2017 annual state convention, one of the favors was a journal. Covers were artistically done by the hostess chapter and included a poem which is reprinted here.

This is ESA

*A candle held in a willing hand,
An interest in your fellow man,
This is ESA.*

*A heart full of love, eager to share,
Offers to hope to ones in despair,
This is ESA.*

*A Sisterhood full of love, and light,
A wonder and awe for each new delight,
This is ESA.*

*A feeling that brings each of us near,
A need that makes each one of us dear,
This is ESA.*

*ESA is many, not just a few,
But always remember - ESA is you.*

Let's flood Sue Williams (Kappa Psi, Louisville) with "get-well "and "thinking of you" cards. Sue had back surgery on July 25. She came through surgery just fine and under Barry's tender, loving care is recovering just fine.

Send cards to:

Sue Williams; 381 Blackberry Circle; Mt. Washington, KY 40047

I will report one such happening. On June 27, surgery was performed on me for a bilateral mastectomy. Surgery went well but it will take a while to recover. This did knock me out of attending IC but I'm looking forward to next year.

I want to remind chapters to please contact me via email or text concerning any news of sickness, death, births or anything else you feel I should know. My email is: velvay@comcast and cell phone # is 270/709-5344

Easterseals Laurie Mulrooney

I sure hope that you all are staying cool in this scorching summer heat. I bet it was hot for the Ky chapters that made the journey to the ESA International Convention Grapevine, Texas!

Please be aware that Easter Seals provides services, which may include Early Intervention, Physical, Occupational Therapy and Speech and Hearing Therapy for children and adults.

Easter Seals also provides education, outreach and advocacy for people & families of a loved one, living with autism and other disabilities (developmental and intellectual disabilities), so they can

live, learn, work and have recreational opportunities in their communities!!

Veterans and senior citizens also are recipients of services provided by Easter Seals through your support!

Since Easter Seals is a nonprofit 501- c3 organization, your donations & support are the reasons that these services can continue.

Thank you to Kappa Psi for the generous \$200 donation!

If your chapter (or any individual) wishes to donate, please send a check or money order to:

Laurie Mulrooney
240 Louis Lane
Mt Washington, Ky. 40047

If you'd prefer Venmo, send to
[@Laurie-Mulrooney](#)

Zelle : 1-502-409-3922

PayPal: Laurie Mulrooney [@Laurie Mulrooney](#)

Have fun the rest of your summer and enjoy fall --which is approaching all too soon!

Webmaster Vicky Jones

Make sure your checking out the Kentucky ESA website. It is full of information. Go to:

ky-esa.com

If you need to open a document that is password protected use:

Kentucky1234

Please send pictures to Vicky Jones at
vickyjones325@bellsouth.net



“A website is a window through which our organization says hello to the world.”

*We talk a lot about hope, helping, and teamwork.
Our whole message is that we are more powerful together”*

-Victoria Osteen

Awards Presented at the 2023 State Convention

State Awards 2022-23

			Per Member	
			Monies	Hours
Philanthropic Monies Award	3rd	Alpha Theta Bowling Green	\$948.67	45
Philanthropic Hours Award	2nd	Delta Tau Louisville	\$25,474.33	57
	1st	Kappa Psi Louisville	\$63,049.30	96
	Recognize	Gamma Tau Henderson	\$304.24	22
	Recognize	Alpha Epsilon Paducah	\$709.54	9

Hattie Page Circle of Life Memorial Award		Kappa Psi, Louisville	\$701,075.00
--	--	-----------------------	--------------

ESA Foundation	3rd	Delta Tau Louisville	\$50.00
	2nd	Alpha Delta Hopkinsville	
		Beta Nu Cadiz	\$100.00
1st	Kappa Psi Louisville	\$450.00	

Easterseals	3rd	Delta Tau Louisville	\$100.00
Total Donations \$800.00	2nd	Kappa Psi Louisville	\$200.00
	1st	Alpha Theta Bowling Green	\$425.00
	Recognize	Beta Nu Cadiz	\$25.00

			Per Member	Donation
Memorial Award	3rd	Alpha Theta Bowling Green	\$10.00	
Total Donations \$775.00	2nd	Zeta Chi Leitchfield	\$15.63	
	1st	Kappa Psi Louisville	\$20.00	
	Recognize	Beta Nu Cadiz		\$25.00
	Recognize	PPA		\$25.00
Gold Link Awards		Diane Smith, Kappa Psi		
		Sherry Suggs, Alpha Theta		

2023 State Convention Financial Report

Income:

Full Registrations (21)	\$1995.00
Partial Registrations (5)	\$325.00
Total:	\$2320.00

Expenses:

Paroquet Springs	\$1295.72
Pres/Rep Hotel Rooms	\$293.84
Total:	\$1589.56

Total Profit:	\$730.44
<i>Shared Profit: (State/Kappa Psi)</i>	<i>\$365.22</i>

2023 Kentucky State Convention Highlights

Shepardsville, KY - April 21-22, 2023

Thank you to everyone for making the Kentucky State Convention a success. There were 26 ESA members in attendance. Lynda Edwards, now IC 1st Vice-President and Lauren Ryan, SERC Parliamentarian, were our guests.

Friday night dinner was at The Black Olive in Mt. Washington, KY. Yummy Italian or BBQ selections and we celebrated Velva Yoeman's 90th birthday.

We played Lamplighter Trivia all day Saturday. READ those Lamplighters!! Sue Williams, Kappa Psi, won the drawing for the prize.

Velva conducted the Celebration of Life for Gloria Davis Beta Nu, Carolyn Tarrance Alpha Theta, Nancy Langford Delta Tau, and Elaine Hamilton Delta Tau.

The Ending Balance in the State Treasury was \$9,920.53. There will be an online Popcorn Fundraiser (DoubleGood.com) this year.

The Disaster Fund had no claims.

Service Years:

Pat Meredith, Delta Tau	50 years
Betty Ogle, Delta Tau	20 years
Theresa Anderson, Gamma Tau	10 years

Gamma Tau is hosting Fall Board, Oct 21, 2023, at the Library in Henderson.

Alpha Delta and Alpha Epsilon are hosting Spring Convention, April 19-21, 2024 in Hopkinsville.

Ventara Massey, our ALSAC/St. Jude Rep spoke at lunch about the new Family facility under construction at St. Jude to provide an area for families to gather and hang-out during their long days of treatment. It includes a school, beauty shop, music room, science room, relaxation areas, play areas and much more.

Wendy Lea, Gamma Tau, conducted a Workshop on making cards and kept us moving with Chair Exercises.

Kelli Thornberry, Kappa Psi, is running for SERC Treasurer.

PPA Officers:

President	Wendy Lea Casey
Vice-President	Sherry Suggs
Secretary	Sue Williams
Treasurer	Vicky Jones

The Silent Auction raised \$400. The Easterseals Split-the-Pot raised \$112.

The St. Jude amount for Kentucky was \$1,055,705.

Saturday night most attendees went to Wild Lights at the Louisville Zoo. The few of us who decided not to brave the freezing cold, played games in the hotel lobby.



“Get Your Sparkle On”

IC Convention Hope for Heroes

The Hope for Heroes Workshop was an organization based in Coppell, TX called Defenders of Freedom. Their mission is to provide services for Traumatic Brain Injury (TBI) to any post 9/11 veteran.

TBI usually occurs as military vehicles encounter bombs/missiles that strike/roll/overturn the vehicle. This happens to the soldiers, not just once, but over and over as they patrol.

Unfortunately, TBI is often misdiagnosed by military medical services and therefore incorrectly treated as PTSD. There are symptoms that overlap.

<u>PTSD</u>	<u>Overlap</u>	<u>TBI</u>
Flashbacks	Anxiety	Headaches
Avoidance	Stress	Dizziness
Hypervigilance	Depression	Nausea/Vomiting
Nightmares	Sleep Issues	Cognitive Issues
Re-experience Phenomenon		GI Issues

Examples: One treatment supplied by Defender of Freedom focuses on stimulation that will reconnect the electrical pathways in the brain. For example, veterans go from sleeping for 45 minutes a night to sleeping 4-5 hours and then a full night. A veteran who had an eyelid that would no longer open had been diagnosed as blind in that eye. The treatment was able to get the eyelid to respond and is not blind in that eye after all.

Another sensory treatment slows the brain down, keeping the veteran from quickly losing their temper and stops them from flying into a rage. Family members are amazed as they now react calmly in stressful situations.

The outcomes of the treatments show improvement in sleep, increase in cognitive abilities, memory, processing speed, and attention, as well as a decrease in depression.

The cost of the treatment is about \$13,000. The organization pays for the treatment, hormones/supplements, lodging, and travel. It is not limited to veterans in Texas.

After the presentation, ESA members in attendance dug deep into their pocketbooks and donated \$2,000.

www.defendersoffreedom.us

International Convention 2023 St. Jude Presentation of Dollars

It's been an exciting year for St. Jude in Kentucky!! This year, ESA raised **\$19,826,651** for St. Jude. Kentucky, the **6th highest** of all the States, we raised **\$1,055,705** for St. Jude!! I was so proud to be on the stage representing Kentucky ESA!

Kentucky also received a Pinnacle Award for raising over \$1,000,000 in a single campaign year and a

Danny's Dream Award for crossing over **\$11,000,000** in lifetime donations to St. Jude.

Thank you to everyone for your efforts to help St. Jude. The Dream Homes, the 50/50 Challenge, yard sales, math-a-thons, and EVERY St. Jude event changes forever the lives of children and families all over the world.

KEEP IT UP KENTUCKY!!



IC Convention Notes

- ◆ The new Membership Campaign is “The Power of Us”. Expect information sent to the membership separately via email. Details can be found at epsilonsigmaalpha.org/PowerOfUs
- ◆ ESA is holding an online event “Olive Oil and Balsamic Vinegar Tasting”. In previous years this has been a Wine Tasting event and since Kentucky does not allow wine to be shipped in from out-of-state in the mail, we have not participated. The event is on Thursday Oct 19th at 6:30 pm CST. Expect the flyer via email. It contains information on available packages. This could be a Chapter Social or a recruitment event. Details can be found at epsilonsigmaalpha.org/events
- ◆ The Disaster Fund claim amount has been raised from \$5,000 to \$8,000. If you need information on the Disaster Fund, Wendy Lea Casey, Gamma Tau, is the State Disaster Chair.
- ◆ Future IC Conventions:
 - * 2024 July 10-14 Doubletree, Overland Park, KS. Overall theme is “The Wizard of Oz”. Welcome Party theme is the “Roaring 20’s.”
 - * 2025 July 13-20 Embassy Suites, Cary, NC. Hosted by SERC
 - * 2026 Omni Hotel, Richmond, VA



Notes from SERC Meeting at IC Convention 2023

- ◆ There are pages and pages of proposed by-law changes. Chapter Officers can expect to receive a copy via email.
- ◆ SERC Convention is Oct 27-28 in Savannah, GA. Expect the registration form and tour information via email. You can also find the registration form & hotel information on the Kentucky website. They are once again holding a Purse Auction as the SERC Fundraiser. Last year, Kentucky’s lowly Vera Bradley purse that contained the highest amount in gift cards brought the highest amount at auction, beating out fancy designer purses with lower gift card totals. There will also be a raffle for a 1940s ESA Cookbook. Thank you for your generosity last year!! Look for an email regarding gift card donations for this year.
- ◆ SERC is hosting IC Convention 2025 in Cary, NC. This is going to be a fun and exhausting time!! The overall theme is “Southern Serenade”. Diana Cohen, Kappa Psi Louisville, is the Treasurer. Vicky Jones, Alpha Delta Hopkinsville, is the Secretary. Kentucky will be hosting the Recognition Luncheon. If you have any ideas on the theme, please send them to Kelli Thornberry & Vicky Jones. They are the State Representatives for this Convention. There are many jobs to be filled at the Convention. PLEASE consider attending!!



Girls' Trip

Kentucky sisters Diana Cohen, Dee Dee Gnadinger, Vicky Jones, Kelli Thornberry & Karen Williams met up with Illinois sisters Kathleen Grissom & Paula Winchester in Dallas before IC Convention.



We toured Fort Worth Stockyards, Southfork Ranch, 6th Floor Museum at Deally Plaza on Friday & Saturday, then on Sunday we took a Fixer Upper bus tour in Waco, TX. On Monday the girls went to Magnolia's Market and bought goodies at Magnolia Bakery. Before heading to Grapevine, TX on Tuesday, the crew went to the Dr. Pepper Museum. Fun Times!!





Kentucky delegation at the Welcome Party



Kelli participated with the SERC Executive Board at Lip Sync Event



Vicky conducted the Service Pin ceremony at the First General Assembly

IC Convention - Grapevine, Texas



Left: Kentucky delegation at Saturday Night's Installation Banquet.

Right: Newly installed IC Officers/ L to R: Denise Holdaway (AR), Jr. Past President; Brenda Campbell (IN), Parliamentarian; Angie Butenschoen (MO), Treasurer; Celeste Webb (IL), 2nd VP; Brenda Meyers (OH), President, Lynda Edwards (AL), 1st VP, Amanda Roland (OH), Corres. Secretary; Patricia Gale (AZ), Recording Secretary; Margaret Kramer (OK), Workshop Coordi-



Left: St. Jude Presentation of Dollars - WOW! Close to 20 million \$\$'s for the kids!

Right: State President Diana & Vice President Kelli show off the awards that Kentucky won this year for our donations to St. Jude.

Way to go Kentucky!!



Chapter News

Alpha Delta, Hopkinsville

Vicky Jones attended IC Convention in Grapevine, Texas. Before the convention, Vicky, Kappa Psi Sisters Diana Cohen, Kelli Thornberry, Karen Williams & Dee Dee Gnadinger joined Illinois Sisters Kathlene Grissom & Paula Winchester for several days of sightseeing. We stayed in Dallas at a VRBO with a pool and toured Stockyards at



Ft. Worth, Southfork (where they filmed Dallas) & the 6th Floor Museum at Dealy Plaza. On Sunday, we drove to Waco and stayed at an AirB&B. We took a “Fixer-Upper” bus tour and saw design homes from Chip & Joanna Gaines HGTV show. We even got to go inside the “Three Little Pigs” house.



Even though it was hotter than hades, we went Magnolia, and even got to eat at Magnolia Table (YUM). We also toured the Dr. Pepper Museum. Then on Tuesday, it was off to Grapevine to kickoff the convention.

We all had a fantastic time!

Alpha Epsilon, Paducah

The Paducah Dream Home is being built some 35 miles away in Grand Rivers. This is going to open the door to ESA once again being a part of the operation. Dates for the open houses are: August 12 and 13; August 19 and 20; and September 2 and 3 (Labor Day weekend). Details are not finalized, but appears that ESA is back in the mix. Kappa Psi processes the tickets in Louisville. The house will be open on Saturdays 9 a.m. to 5 p.m. and on Sundays 12 p.m. to 4 p.m. If you get the chance, come on over to Grand Rivers to tour this beautiful home.

Alpha Theta, Bowling Green

Hello from Bowling Green!

I am sure if you are like me, you are wishing for the cooler temperatures of spring! And in speaking of spring, those of us in Alpha Theta that attended State Convention had a very good time. It is always fun to see everyone and catch up on what everyone has been doing. Shepherdsville Kentucky and the Paroquet Conference Center were a great location for the convention. Thank you Kappa Psi.

Alpha Theta’s Heart Luncheon and Fashion Show in March was a big success. Over \$3,000.00 was raised for the American Heart Association. Virginia Thompson coordinated our Awards and made presentations in April. Sonya Corder received Outstanding Chapter Member. Sonya also received her Third Degree of Pallas Athene.



Chapter News (cont.)

Nancy Foster coordinated a social get together at the Olive Garden in May. Sonya Corder and Marthena Burr provided the group with a “summer treat” prior to our meeting in June. You can see by the picture that they put on quite a spread for the group.



Alpha Theta had their Salad Social and Easter Seals bingo all coordinated by Dorothy Hunter and Martha Morgan in July. The final numbers of monies made for Easter Seals will be reported at the August meeting.

Fall is just around the corner. Which means cooler temperatures and Fall Board. We look forward to socializing with everyone in the Fall! Until then, stay safe and cool!

Delta Tau, Louisville

Can you believe that half of 2023 is already over?! It must be true that “time flies when you are having fun” because the members of Delta Tau have been having a lot of fun these past few months.

In January we had Laura Wingfield from Sparc Hope (Single Parent Resource Center) speak to us about her organization. This program is designed to help single parents who are working and going to school take some stressors off so they can focus on their education and their children. Delta Tau was able to donate supplies as well as \$50 to their organization.

Our meeting in February was canceled due to the weather, but we made up for it in March. We had Sister Lorraine talk with us about Water with Blessings. This organization gives mothers the filters and train-

ing they need to provide a lifetime of clean water in their communities. We even tried the water purification filter on water from Beargrass Creek and that water was clean and pure to drink. Delta Tau was able to donate a check for \$500 to Sister Lorraine to provide filters for more mothers and their communities.

March and April were busy months for us. We gathered at one member’s house to make paper flowers. These flowers will be given to anyone at our craft fair in May who makes a donation to St. Jude. We also had a “HUGE” yard sale at Pat Meredith’s house and made \$1400 for St. Jude. We want to thank Pat and her many helpers for donating items and their time in making this a big success. We are already gathering things for next year!

Six of our members attended the State Convention at Paroquet Springs in Shepherdsville in April. Pat Meredith was honored for 50 years of service and Betty Ogle was honored for 20 years of service to Delta Tau. Sharon Dutton was honored for Outstanding Member for enrolling the most new members for the past year. We are so proud of all of them!

May was our big two day craft fair in Mt. Washington. We made \$700 for St. Jude and other organizations in our community and had a great time talking to everyone who stopped by our booth.



Now that the St. Jude Dream House tickets are on sale in Paducah, we are busy processing them in the

Chapter News (cont.)

Delta Tau, Louisville (continued)

months of June. It is really a team effort and thankfully, we have a great team of volunteers. We will be processing the Louisville ticket sales in the months of July and August.

We also would like to welcome two new members to Delta Tau, Ann Legleu and Carol Downs. We know they will be a great addition to our group. We are looking forward to the next few months of work, fun, and friendship with our fellow members.

Gamma Tau, Henderson

Hello All!! The Gamma Tau Chapter has been busy over these last few months!! In May, we installed new officers at the beautiful home of Dawn Wheeler, who kindly allowed us to use her patio to complete an

absolutely amazing ceremony. It was a wonderful evening. We also have been to a play that one of our sister's daughters (Amanda Rice/Mabry Rice) played "Wednesday" in the production of the Addams Family. It was fabulous!! For our July meeting, we were pleased to have Sally Potts from Small Beginnings speak to our group about their mission and ways that our Chapter can help assist them. This is an amazing program and all present were touched by the kindness and selflessness of Sally!!

We are also busy preparing for Fall Board, scheduled for October 21, 2023. The registration form is included in this issue! We have a wonderful speaker lined up with a card making session!! We are also collecting socks/underwear (boys and girls) as our service project. I had no idea of how often our local School Family Resource Centers run out of these necessities! Hope to see many of our sisters in October!!

Deadlines

- ◆ **Kentucky State Council Dues:** Annual dues of \$25.00 per chapter plus \$15.00 per member are to be sent to the Kentucky State Treasury on May 1. To be in good standing and vote at state convention, chapters must have dues paid no later than December 31st. Send state dues to Karen Williams; 198 Benjamin Place; Mt. Washington, KY 40047
- ◆ **Educational Reports:** Due by the 10th of the month following the Education Program. Mail to: Diane Smith; 8317 Daveman Dr.; Louisville, KY 40228
- ◆ **Easterseals Contributions:** Send to Laurie Mulroony; 240 Louis Ln.; Mt. Washington, KY 40047
- ◆ **International Council Chapter Dues:** IC dues of \$40 are to be paid by August 1st. To be in good standing, dues must be paid prior to May 1st. Send checks to IC Treasurer Angie Butenschoen; 106 Julie Lane; St. Peters, MO 63376
- ◆ **SERC Voluntary Chapter Dues:** Recommended dues of \$10 per chapter is due on October 1st. Mail to: Lauren Ryan; 202 Chateau Place; Chapel Hill, NC 27516





Ice Cream Sandwich Cake by Sherry Suggs

Ingredients

Ice Cream Sandwiches (approx. 24)
Cool Whip
Snickers (crumbled)

Directions

- 1) Layer a 9x13 pan with ice cream sandwiches
- 2) Spread cool whip on top of sandwiches
- 3) Repeat both layers
- 4) Crumble snickers on top

Easy and great recipe for this weather!

Bailey's Salted Chocolate Pie by Vicky Jones

My husband Danny doesn't eat a lot of homemade sweets, but this pie is one of his favorites! Y'all that know him, knows how picky he is, so I recommend you try making it. This recipe is easy. You can leave out the Baileys® and substitute cream or 1/2 & 1/2.

Ingredients

- ◆ 6 ounces semi-sweet chocolate chips
- ◆ 1 cup whipping cream
- ◆ 1 tablespoon sugar
- ◆ 2 fluid ounces (4 tablespoons) Baileys® with a hint of Caramel (Substitute other Baileys flavors to create different versions.
- ◆ 1 chocolate cookie pie crust (or other pre-baked pie crust)
- ◆ Coarse salt for sprinkling
- ◆ Optional for garnishing: shaved chocolate, caramel sauce for drizzling

Directions

- 1) Melt chocolate chips according to package directions, and set aside.
- 2) Whip cream and sugar together until soft peaks form.
- 3) Gradually add Baileys
- 4) Gently mix in melted chocolate.
- 5) Evenly pour mixture into pie crust and top with a sprinkling of coarse salt.
- 6) Refrigerate for 4-6 hours, or until set.



DIY Pumpkin Terracotta Pots

Supplies

- Terracotta pot and corresponding lid
- Acrylic paint in cream, orange and brown
- Adhesive (such as Weldbond)
- Wooden knobs
- Coiled floral wire
- Wire cutters
- Paint brush
- Sand paper



Directions

1. Paint your terracotta pots and lids with a rough layer of cream paint. You don't have to make sure there is complete coverage as you'll be painting over the cream...this is just for layering for later on in the process!
2. Once dry, paint your terracotta pots and lids with your orange acrylic paint. You might have to paint a few layers (allowing them to dry in between) to get the coverage you're looking for.
3. While your pots are drying, paint your small wooden knobs with brown acrylic paint and let dry.
4. Once lids, pots and knobs are dry, you'll want to glue your wooden knob in the middle of the "bottom" of the lid. For this craft we'll be inverting the terracotta lids to act as actual jar lids. Let that glue dry.
5. Now comes the fun part! Just like our Distressed Mason Jar Vase, you're going to want to "rough up" the jar with a little piece of sand paper. I think distressing painted jars always adds fun and character! And because we painted on a cream base first, you'll see those edges and areas really highlighted.
6. Last but not least, once the knob is firmly affixed to the top of the lid, cut a length of coiled floral wire and twist around your finger to

DIY Scented Mason Jar Candles

Supplies

- Mason Jars with Lid
- 1- 1/8 Nipple
- 2- 1/8 Couplings
- 2- 3/8 in Washers
- Lamp Wicks, 100% Cotton (or make your own out of 100% cotton T-shirt)
- Olive Oil
- Pine Cones, Cranberries, and any other decorative elements like Lemons, Limes, Oranges, Coffee Beans, Vanilla Beans, etc.
- Tape (optional)



Directions

1. Prepare your mason jars - drill a little hole right in the middle of the lid, the same size as that 1/8 nipple. Then, take one of the 1/8 couplings and screw it onto the nipple, and slide that sucker into the hole we just made. Use the other coupling to secure the nipple in place.
2. Add your lamp wick - Take the lamp wick and snip it to your preferred length, but make sure to leave a little extra to dangle over the jar. Next, slide the wick through the nipple and yank it until it's about an inch above the lid.
3. Secure your nipple and wick - Place the washers over the coupling and screw the lid onto the jar, securing the nipple and wick in place.
4. Add the olive oil - Fill the jar with olive oil, leaving about 1/4 inch of space at the top. You can add a few drops of essential oil if you want to add fragrance to your candle.
5. Arrange the botanicals - Use a stick to strategically position the botanicals to achieve a visually appealing arrangement. Ensure that there is sufficient space between the botanicals to enhance their aesthetic appeal. You can use tape to hold them in place if needed.



Kentucky State Council of ESA
Fall Board

It's Fall Y'all – Let's Get Together!

Henderson County Public Library
101 South Main Street, Henderson Kentucky
Conference Rooms B & C
Registration: 9:00 am; Meeting 9:30 am – 4:00 pm

October 21, 2023

Name _____

Chapter _____

Address _____

Phone Number _____

E-mail Address _____

Early registration fee is \$30 and is due by October 11, 2023.

Late registration fee is \$35 after 10/11/23

Make checks payable to: Gamma Tau Chapter.

Mail checks to: Glenda Sutton, 6505 Ashworth Ct., Henderson, KY 42420



Vicky Jones, Editor
664 Grigsby Lane
Cadiz, KY 42211

The Kentucky Lamplighter

Fall Board Registration Enclosed!