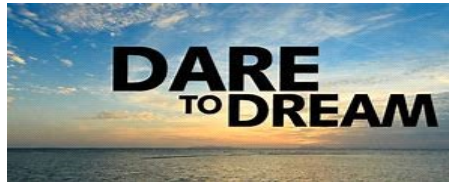


## **The Art of Maximizing The Power in You**

You can move forward because you have BBA (Bounce Back Ability). You are more than a conqueror. You can do anything you set your mind to do. As you move forward, you must take the **DARE** challenge.



**DECIDE**

**ACCESS**

**REJECT**

**ENDURE**

**Decide by making a decision** on something. By answering the following series of questions, you will know if you are willing to support your decisions in moving to the next level. You are your best friend, so start supporting you and your vision. Ask yourself the following questions:

- What do I desire and why?
- What do I believe?
- Am I willing to support me in my decisions, since I am always with me?
- Am I willing to make the exchange of what I have now for something greater?
- Am I willing to empower myself with the knowledge to take me to the next level?
- Am I willing to enhance my image?
- Am I willing to allow my decision to be displayed by my actions?

**Access your assets** by reviewing your internal tool chest. Recognize your skill set. Identify and list your strengths, gifts, and talents. Affirm yourself by speaking positive to yourself and about yourself to yourself and to others. Use your assets to add value to others. Remember, you are the answer to someone's prayer. Seek to add additional assets by renewing your mind for next level living.

**Reject rejection** by giving yourself permission to go to the next level. Approve your decisions that you made earlier when you decided to make the exchange. Remember that life happens to all of us, so decide today and know that when things happen in your life, that it is not personal, it is building your faith muscle. View any setbacks that you encounter as temporary moments that you are choosing NOT to rehearse repeatedly to anyone who will listen. It was only a temporary moment in life, not a lifetime series.

Forgive yourself and others daily for all things. You will be able to use your energy to move forward by believing and imagining greater in your life. See problems as the gift wrapping on opportunities and blessings. Get in tune to seeking out the blessings or opportunities in all situations. What you seek, you will find. Do not bring up or remind yourself and others of past mistakes, because it will ruin your present happiness.

**Endure the process** by renewing your mind daily. Continue to learn and educate yourself by making the exchange. Expand your net worth by expanding your network. Eliminate your comfort zones. There is no growth in stagnate water. Oftentimes, when you are comfortable, you are not growing; you are in chill mode because things seem to be progressing along. However, you are either spiraling up or down. Grow and blossom where you have been planted. Do not abort your gift; endure the process. The Divine, aka

the Gift Giver, is expecting you to birth the gifts and talents that are lying dormant. The journey will help you to birth more possibilities along the way. The Divine may not have created the challenge in your life; but the challenge will be used for your good. Haters are your elevators, so take a step up when challenges come in your life. If someone tells you no, you say next and keep it moving and make it count.

Fall out of love with your feelings. Remember that feelings come and go depending on your thought process regarding the situation. Show appreciation and give thanks for the positive relationships in your life. Make peace with your past and enjoy your present. Turn emotions into activity and profit by being productive.

Let us put the **DARE Challenge** together. When you **decide** on something, it is a new opportunity for deliverance from what was holding you back. When you **access** your assets, you have an opportunity to take action on the decisions you have made. When you **reject** rejection, you position yourself for your reward. Finally, when you **endure** the process, you get elevated to the next level. You are set for conquering new territory. What will you decide today for your life? \_\_\_\_\_

**Affirmations:** I am a successful person. I am wonderful, amazing, and