

## DRESS CODE

**TWIRL & TUMBLE:** Anything your young mover feels comfortable dancing in.

**COMBO I & II Dancers:** Pink or black leotard (no skirt) with pink or black tights, shorts, or leggings and pink ballet shoes (tan tap shoes also needed for Combo I & II). Please wear hair up in a ponytail or bun.

**ALL BOYS:** Black shorts or pants with a white tee or tank and black ballet shoes (black tap shoes for Combo I & II).

**ALL LEVELED COURSES:** Fitted, style-appropriate dancewear with the appropriate shoes (pink ballet shoes for ballet, tan tap shoes for tap, tennis shoes for hip hop, tan jazz shoes for jazz/lyrical and musical theater).

### DANCE TEAM

Pink, blue, purple, or black fitted dancewear with jazz shoes. We sell all the dancewear you need at affordable prices at the Dynamics South Pro Shop!

## CONTACT & SOCIAL

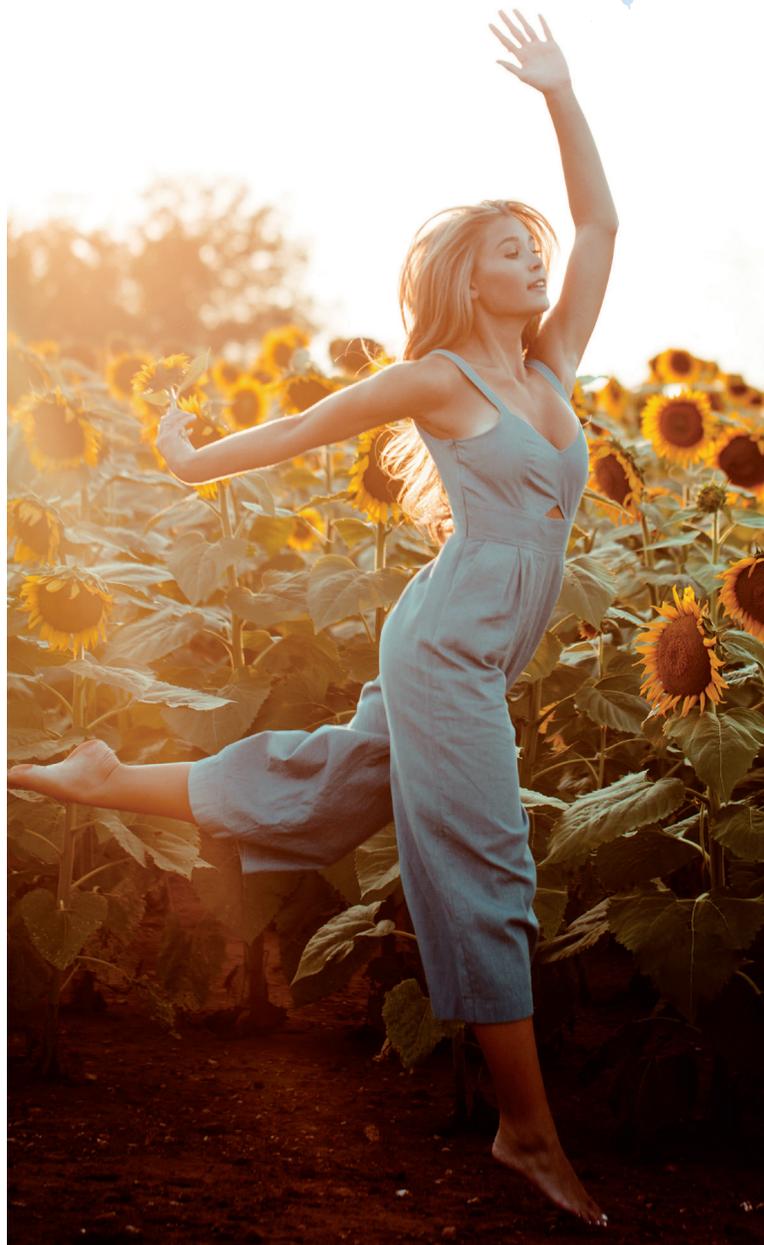
(417) 890-0946 | [dynamicsdancers@yahoo.com](mailto:dynamicsdancers@yahoo.com)

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# Dynamics Dance

*At Dynamics Dance we are committed to providing age-appropriate, structured dance classes that are engaging for all dancers. Our goal is to instill a love of dance in our students, while also cultivating self-confidence, discipline, and respect for themselves and others.*



Dynamics Dance works hard to employ qualified, fun, well-rounded dance teachers who are always furthering their education both as instructors and dancers. Most of our instructors have formal training through Missouri State University's (MSU) Dance Program and many are currently performing with local dance companies. We regularly attend dance educator conventions and training workshops in order to bring your dancer a cohesive and structured dance education. Do not hesitate to contact us with any questions!

## COURSES

**MOMMY & ME (Ages 18mo–3 yrs):** A class for our tiniest dancers and their parent to introduce them to tumbling and dance movement.

**TWIRL & TUMBLE (Ages 3–5):** Can't decide what to take at Dynamics? Why not try a little bit of both ballet and tumbling for your little mover.

**COMBO I (Ages 5–8):** Beginner level ballet and tap combo course for those new to dance.

**COMBO II (Ages 5–8):** Advanced level ballet/tap/jazz combo course.

**PRE-BALLET (Ages 6–9):** Hour long ballet classes designed for the young ballerina wanting more ballet technique before Ballet I.

**BALLET (Ages 9+):** Leveled ballet courses designed to teach ballet technique, emphasizing grace, posture, flexibility, and strength.

**BALLET VARIATIONS (Ages 10+):** 30-minute classes teaching choreography variations from famous ballets. This class helps dancers learn new choreography quickly, while working on ballet technique.

**PRE-POINTE (Ages 9+):** 30-minute classes to help dancers gain strength and mobility in their feet, ankles, and legs to help achieve the strength to go en pointe.

**JAZZ & LYRICAL (Ages 9+):** Both our jazz and lyrical technique leveled courses emphasize musicality, flexibility, emotion, strength, and stage presence.

**TAP (Ages 9+):** These leveled courses are designed to teach tap technique, emphasizing balance, rhythm, musicality, and fine motor skills.

**HIP HOP (Ages 9+):** Teaches hip hop technique, emphasizing musicality, athleticism, and isolations.

**MUSICAL THEATER (Ages 9+):** A fun course that teaches basic dancing, singing, and acting skills.

## COURSES (continued)

**MODERN (Ages 10+):** Modern is rooted in ballet technique with a contemporary flare. Dancers will learn basic modern techniques while learning about famous modern dancers.

**STRENGTH & STRETCH (All Ages):** A workout-styled class designed to help dancers gain the strength and flexibility needed to be a strong and well-rounded dancer in a fun and encouraging way.

**DYNAMICS DANCE TEAM (Combo 2+):** This team is for dancers who are interested in furthering their dance experience by taking more courses and having more performance opportunities. Dance teams focus on ballet, lyrical, and jazz technique, and compete at local competitions throughout the year. Auditions for team spots are held annually during the summer.

**PRIVATE LESSONS:** Interested in learning a custom solo or duet? Or does your dance need individualized instruction to perfect a skill? Dynamics Dance offers private 30-minute lessons for \$30.

## COST PER MONTH

Morning & Afternoon Classes (before 4pm)—\$53/hr  
Evening Classes (1/wk)—1 hr \$68; 1.5 hrs \$94; 2 hrs \$114

Each course meets once per week (4–5 classes/month).

Dynamics Dance offers discounts for multiple classes and siblings.

## SESSIONS

Our calendar at Dynamics Dance is divided into three dance sessions, with tuition being paid monthly. Dancers may drop courses at any time during the year. Please note that spring costume and recital fees are non-refundable.

**FALL (September–December):** Begins around Labor Day and ends with a Winter Showcase in December during class.

**SPRING (January–May):** Begins at the first of the year and ends with a formal Spring Recital.

**SUMMER (June–August):** Begins around Memorial Day and ends with a performance at a Cardinals Baseball game in August.