

## **Dynamics Dance Classes**

### **TWIRL & TUMBLE (AGES: 3-5)**

Can't decide what to take at Dynamics? Why not try a little bit of both ballet and tumbling for your little mover.

### **COMBO I (AGES: 5-8)**

Beginner leveled ballet and tap combo class for those new to dance.

### **COMBO II (AGES: 5-8)**

Advanced leveled ballet/tap/jazz combo class.

### **PRE-BALLET (6-9)**

An hour long ballet class designed for the young ballerina wanting more ballet technique before Ballet I.

### **BALLET CLASSES (AGES: 9+)**

Leveled ballet classes are designed to teach ballet technique, emphasizing grace, posture, flexibility, and strength.

### **JAZZ & LYRICAL CLASSES (AGES 9+)**

Both our jazz and lyrical technique classes emphasize musicality, flexibility, emotion, strength, and stage presence.

### **TAP CLASSES (AGES:9+)**

Our tap classes are designed to teach tap technique, emphasizing balance, rhythm, musicality, and fine motor skills.

### **HIP HOP (AGES9+)**

A class designed to teach hip hop technique, emphasizing musicality, athleticism, and isolations.

### **MUSICAL THEATER (AGES 9+)**

This fun class is designed to teach basic dancing, singing, and acting skills.

### LEAPS & TURNS (8-13)

This class is designed to help dancer's perfect their jazz technique, learning how to gain higher jumps and multiple turns.

### DANCE TEAM PREP (12-17)

Designed to teach pom and dance technique to the young dancer wanting to pursue their school dance team.

### INTRO TO MODERN (10-15)

Modern is rooted in ballet technique with a contemporary flare. Dancers will learn basic modern techniques while learning about famous modern dancers.

### DANCE IMPROVISATION (AGES 9+)

A class designed to encourage creativity, self- expression, and confidence. Dancers will explore the art of choreography and the creation of movement through the elements of dance.

### TEAM TECH

Dance team technique is for Dynamic Dance Team members. This class will focus on ballet and jazz technique while incorporating strength and conditioning elements.

### DYNAMICS DANCE TEAM

The Dynamics Dance Team is for dancers who are interested in furthering their dance experience by taking more classes and having more performance opportunities. Dance teams focus on ballet, lyrical, and jazz technique, and compete at local competitions throughout the year. Auditions for team are held annually during the summer.