

Temple Grandin: How The Girl Who Loved Cows Embraced Autism and Changed the World

Sy Montgomery

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In *Temple Grandin*, Sy Montgomery writes a wonderful, eye opening biography. She, in her book displays a deeper understanding of Autism; she allows those who may have little to no understanding of the condition to obtain a basic level of knowledge. This book is perfect for those who have a sibling or classmate with Autism as well as those who take interest to the topic.

As a child, Temple Grandin was different. She acted differently, so much so that her father believed her to be insane, however her mother had faith in her. After many doctors' visits, she was diagnosed with Autism and she and her family had to learn to cope. She had a hard time in school, not fitting in with the typical social hierarchy, however she found comfort with cows. Due to the nature of her Autism, she found it easier to connect with livestock rather than people and began to advocate for them. Her biography offers the world a better understanding of Autism and what it's like to live with it.

I thought that this book was very eye opening and definitely did Autism justice. As someone who never truly understood the extent of Autism and what it was like to live with, this book allows you to gain some understanding. One of the aspects of this book that I really enjoyed is that it put to rest some of the common misconceptions that go along with Autism. It showed that those with Autism truly are no different than others they just think and perceive differently.

This is a book that I would recommend to those ages 12 and up. It is a perfect book for anyone to gain more knowledge on Autism, children and adults alike. Personally, I would rather rent this book from the library than purchase it myself. This is a book that I would truly recommend for anyone, as it would be wonderful for more people to have a greater understanding of Autism.

Books to read after *Temple Grandin*:

Rules by: Cynthia Lord

Anything but Typical by: Nora Raleigh Baskin

The Real Boy by: Anne Ursu