Suicide Notes Michael Ford Reviewed By: Tauhid Jackson Star Teen Book Reviewer of be the Star You Are! Charity www.bethestaryouare.org

Suicide Notes Review

In the book *Suicide Notes*, a fourteen year old kid named Jeff gets placed into a mental hospital and gets into an argument with one if his nurses. She caused the argument by asking questions that were personal to him and that made him feel awkward. He suffers from mixed emotions, loss and confusion and he is always battling with friends and family. His sentence was the mental institution where he had to serve 45 days.

Jeff has tried killing himself while in the ward and still constantly fighting with the psychiatrist and his parents. In his mentality there's nothing wrong with him and he doesn't think he has anything wrong with him. Some of his "friends" aren't so loyal but some are. He ended up acting like he was crazy and something was up with him. After the incident with the nurse and having settled in by his forty fifth day he finally gave in and decided to cooperate with his psychiatrist.

If you think about it *Suicide Notes* is a book that has real life situations. My favorite thing about the book is how they have a teen trying to figure out his identity and finally being able to let go all his secrets. I would recommend this book, it a great thriller and keeps you excited. It's great for any boy who struggles with their identity.