One for All
By Author, Lillie Lainoff
Reviewed by: Chloe Poon 16
Star Teen Book Reviewer of Be the Star You Are! Charity
www.bethestaryouare.org

An interesting gender-bent and *The Three Musketeers*-inspired tale that is told through a young girl with postural orthostatic tachycardia syndrome.

Set in the seventeenth century France, the story centers around Tania de Batz, the daughter of a former Musketeer. Whenever she stands up, she gets something she calls "dizzy spells" where her consciousness falters. For a long time, she'd been ashamed and made fun of being "sick." She finds strength and solace in her father's fencing lessons. Her true destiny begins when her father is murdered. She discovers her new role as part of a ring of female Musketeers seducing their way to sabotage a plan to overthrow the king.

Right off the bat, *One for All* is a really nice story for POTS portrayal. I myself have never heard of the condition before reading, and the author did a fantastic job at mixing a rich story with a rich representation. No complaints about that. I enjoyed the scenes where Tania has to deal with her "dizzy spells" head-on. It's just so inspiring. Another part I liked was the found family element. There is something about finding a group of people to love and rely on that is very endearing. Found family trope is a really effective tool at elevating characters for me. On another note, there is LGBTQ+ representation, but it did feel like an afterthought.

I would recommend this to anybody over 13. The text can be a little bit inappropriate at times, and there is a kissing scene or two. Other than that, there is nothing too vulgar that I can recall. The titles I have recommended below are about independent young women, most of them who find a new "family" of some sort. If you love a sense of swashbuckling and powerful resilience, take a lunge at *One for All*. (If you get it, you get it.)

Recommended Titles:
Scavenge the Stars by Tara Sim
Shadow of the Fox by Julie Kagawa
Scepter of the Ancients by Derek Landy