

My Heart and other Black Holes

Jasmine Wanga

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“My Heart and other Black Holes,” by Jasmine Wanga tells the story of Aysel, a 16 year old teenager who is planning her death. Following her father getting charged for the unfortunate murder of a classmate, Aysel believes there’s no point in her being here anymore. However, she needs some help with going through with it. That’s when she discovers, “Suicide Partners,” a website used to find partners to end their lives together. She meets Roman, a teenager who is haunted by the death of his sister. As they get closer, Aysel starts questioning if she really wants to go through with this. So she must either find a way to convince Roman to live or die with him.

I absolutely loved this book. I loved reading and seeing the relationship between Aysel and Roman progress and how they ultimately save one another. Not only that, but I really enjoyed reading all the parts where they talk about science. Reading about one of my favorite classes in a book I was enjoying was really cool. Most importantly, it deals with heavy issues like depression, suicide, and grief. I also really appreciate it having numerous resources available like websites, communities, and lifelines.

I suggest this book for teenagers and young adults. It’s a book that deals with heavy topics that are not always talked about in society. It includes important messages that everyone should read. I recommend that people buy this book. It’s a very touching book that I’m sure people would want to read again.

Recommended Titles:

“All the Bright Places,” by Jennifer Niven

“The Way I Used to be,” by Amber Smith

“Turtles All the Way Down,” by John Green