

Girl In Pieces

Kathleen Glasgow

Reviewed by: Xitlalli Santiago, 16

Star Teen Book Reviewer of Be The Star You Are! Charity

“Girl In Pieces,” tells the story of Charlie, who struggles with self-harm. She has gone through unimaginable pain from her father dying to her friend brain dead. She stays in a treatment for some time until she is released. She travels to where her friend Mikey lives and tries to find solace in him. She meets many new people here, some who she forms deep and intimate relationships. She soon realizes that in order to get better and move on with her life, she might have to get out of her little bubble and do things that are out of her comfort zone, while still dealing with intrusive and harmful thoughts.

This book was one of the few books I have read that actually goes into depth as to how self-harm and intrusive thoughts are for people that experience them. You notice how much these urges and thoughts take control of your life and actions you take. You find yourself rooting for Charlie to do things that will help her and grunt in frustration when she finds herself in messy situations. Not only that, but you see Charlie grow and realize that she is more than what she has been through and turn over a new leaf to the start of her new, beautiful life.

I would recommend this book for teenagers and adults. I think many people resonate with what Charlie experiences and might appreciate seeing someone grow from what they have gone through. It teaches you that you might take some wrong steps in the past or go through messed up stuff, but you can always try to find the goodness of life if you decide to stay. I’d recommend for the book to be bought or to be given as a gift. I always see myself going back to it and I’m sure many others would, as well.

Recommended Titles:

“How The Garcia Girls Lost Their Accents,” Julia Alvarez

“Turtles All The Way Down,” by John Green

“The Scar Boys,” by Len Vlahos