## The Importance of Literacy Basics

The basic definition of literacy is the ability to read and write. But it is also the ability to use those skills to understand, interpret, create and communicate effectively.

Literacy, in general, is vital to the growth and functioning and development of an individual, a culture, a society. Basic reading skills, starting at an early age, create opportunities for growth and continued learning throughout adulthood. Literacy aids in developing a strong sense of well-being and self-image. It allows one to make better sense of what is being said or written. It gives one the ability to create and contribute to a society. Individuals who are literate can pull themselves out of negative situations or environments. It allows them to work, to learn and find higher job/career opportunities. Individuals who are not literate or have low literacy skills will have problems reading a book/newspaper or even understanding road signs or price labels, a bus timetable, job applications or even labels on medicine bottles. They may not be able to use the internet. Literacy is vital.

Literacy also affects peoples' health and wellbeing. The more knowledge one has and knowing how to use that knowledge is critical in living a healthy and productive life. People without education are more prone to health problems and criminality. Understanding the world around us or at least trying to, is a little easier when one can use language and read and educate oneself and make ones' own decisions based on what one learns.

Our society is very technologically oriented and one can find oneself lost in all of this. The more knowledge one has, the more a person has the ability to learn new skills and improve themselves and keep up with a changing society.

There are so many advantages to being literate. It is also fun and enjoyable to be able to learn new things and explore new ideas. Being literate effects many parts of a society and the people in that society. We should do everything we can to combat illiteracy.

By Stephanie Cogeos Be the Star You Are!® Volunteer www.BTSYA.org www.BetheStarYouAre.org