

Five Feet Apart

Rachael Lippincott

Reviewed by: Ziqing Kuang, 14

Star Teen Book Reviewer of Be the Star You Are! Charity

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17-year-old Stella has been diagnosed with cystic fibrosis most of her life. Cystic fibrosis patients are to be kept six feet apart from each other to decrease the risk of catching each other's bacterial infections. The consequence: death. Her entire life has been limited to medical routines in the hospital, and her high school life has been interrupted after her condition worsened. After her sister died and her parents divorced after that, she felt as if she needed to stay alive for her parents and everyone around her. Stella never broke any rules and always lived routinely, until Will came.

Will was delightful and cool teenager who has the same illness as Stella, meaning they couldn't come anywhere near six feet of each other. In the beginning, Stella despises Will for not following the regimes for cystic fibrosis patients. She felt as if he wasn't being grateful for all the treatment he was getting. After deciding to follow the regimes with Will to make sure he was taking his medication, the two bond over similar experiences, and later fall in love, with each other.

Five Feet Apart was such a touching book, and I enjoyed it so much. Not only was I able to read about this beautiful dynamic between Will and Stella, I was able to experience other relationships that Stella built with the nurses, her school friends, and her parents as a cystic fibrosis patient. This heartbreaking story really touched my heart and made me appreciate all the relationships that I currently have because a lot of cystic fibrosis patients aren't able to have that. This book was so raw and melancholy, and I could honestly read it over and over again.

I recommend this book to teenagers from the age 11 to 17. Anyone who craves a beautiful and heartbreaking love story should read this book. I would buy this book as a gift; any teenage girl would love it.

Recommended Titles:

The Sun Is Also a Star by Nicola Yoon

After by Anna Todd

Everything, Everything by Nicola Yoon

Opposite of Always by Justin A. Reynolds

Dear Evan Hansen by Val Emmich