

The Theory of Everything

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Sarah used to be your typical teenager, obsessed with becoming a Ninja and having a social life. Sarah soon realizes that stuff never mattered, not since her best friend Jamie died. Sarah now struggles to navigate her life as she deals with the aftermath of her best friend's death. Her snark box pushes everyone away as she grapples with her feelings of guilt and grief. Life just seems to be falling apart, but things change when she picks up a job at a local tree farm. As Sarah learns to live in a world without Jamie, she puts together the pieces of her life and others to form her theory of everything.

The Theory of Everything is a moving coming of age story. Sarah is an incredibly relatable character with a good sense of humor. Her never-ending thoughts and worries about everything, including Star Wars, made The Theory of Everything a great read. In fact, all the characters had their own unique traits. I found Sarah's charts and drawings at the beginning of each chapter to be a nice personal touch. Sarah's story has an in-depth sense of realness to it, but never gets boring. I learned some important life lessons about learning to rely on people and giving others a chance. It was heartwarming to see Sarah grow throughout this book.

I do have to warn readers of the bad language, sex, alcohol/drugs, and the death present in this book. Some may take issue with the views and actions within this book as well. For these reasons, I would suggest this book to anyone 15 years or older. The Theory of Everything would make a great gift for fans of coming of age stories.

Recommended Titles:

At the Edge of the Universe by Shaun David Hutchinson

Sadie by Courtney Summers

I'll Give You the Sun by Jandy Nelson

Be More Chill by Ned Vizzini