



# Train The Trainers

The science and art of Professional Training Skills



## Introduction

Now you can be one of the outstanding Trainers with one of the best training program available in the world, led by PHD Loay Al Khaja. Where you will enjoy a unique, distinctive journey in which you will discover all the strong and effective training methods on developed behavioral modeling methodology. Studies have proven that this program to be one of the strongest training programs, which was adopted by several international destinations.

Not like any other program, this program is a positive start in your life, most programs fail to do the trick, in which trainee gets back to the manners and life style he had before the training. This program is different because it is strong shift to achieve success and refinement of skills to build effective personal trainer and frame the identity of the international Trainer, who is professional and highly qualified.

This program is based on advanced behavioral modeling, where we have compiled the world best outcomes in the field of training, human development and education, to set up this wonderful program. This program has had real, tangible benefits in the development of human performance and the achievement of great results.



## Concept

It is a psychological constant interaction between the coach and the trainee that makes changes in perceptions and behavior, to achieve the desired results in changing behavior and transformation of identity. Coach seeks to facilitate the process of change in the trainee through verbal and non-verbal communication, which will eventually lead, through the training process, to change the trainee performance in life.

The training exercises are the process applied at the highest level, with variety of applications which urge and motivate participants and shows the process of communication and discussion. That information along with the background knowledge are linked to the situation with pre exciting imaginary to create a comparison. This comparison enhances the training development performed using the methods and means of interesting incentive to make the effort to learn.



## Workshop outline

- Training Principles.
- Training and learning process.
- Difference between learning and education.
- Advanced Modeling behavior.
- Approaches of four patterns in the learning process.
- Patterns of trainers.
- The stage roles of trainers.
- System of four patterns in the learning process MAT4.
- Learning curve.
- Learning styles based on personal patterns.
- Design a training module (CP3): Concepts, Principles, and Procedures.
- Logical levels of training and international training programs and the way learners think.
- Learning a model: understanding and follow processing.
- Design exercises.
- Demonstrations.
- The art of using stories and language loops to the public.
- Remove barriers to learning in the training room.
- Accelerated generative learning.



## Workshop outline

- Interactive learning methods.
- Strategies for skill delivery.
- Memory techniques and types of education.
- Strategies for individual behavior changes.
- The latest theories of the world.
- Personal training skills and the art coaching.
- Methods for evaluation.
- Methods of delivering feedback
- Techniques of creating harmony with audience and how to build confidence.
- The development of professional coach identity.
- Professionalism and quality of training.
- Techniques of delivering skill to the trainee.
- To deal with the coach's state of mind.
- Astavzfk methodology in drama.
- Control of feelings, ways to release positive emotions and confidence in speech.
- Ways to balance emotions, ideas and physiology.
- Show ideas quickly and clearly.
- Dynamic learning.



## Workshop outline

- The interaction between the body language and rhythm.
- Magnetic Personality and personal influences.
- Stage techniques.
- Ways of dealing with audience effectively.
- Building training groups, with harmony.
- How to engage audience.
- Voice performance.
- Stage performance.
- Effects of advanced language in speeches.
- The use of metaphor and thrill on stage.
- The usage of colors and games in training.
- The roles of trainers on stage.
- Instructions for Personal Training.
- Secrets of Training Assistant.
- Art of dealing with difficult audience.
- The usage of media in training.
- Inquiries about the succession of training



## Outcome

- Identify training programs.
- Professional training with certified international standards.
- Learn training fundamentals and quality.
- Refine the identity of a professional coach.
- Design training programs of high standards.
- Design professional training packages.
- Arts and skills of effective communication with public.
- Skills of public representation.
- Dealing with the public and arts of influence.
- International license to practice professional training.
- Ways of marketing yourself as a professional coach.
- Gain a good reputation in the market for human development.
- Professionalism of qualified, credible and ethical training.
- Learn how to prepare yourself as a professional coach.
- The psychology of effective coach.
- Patterns of successful coaches.
- Schools of world trainings.
- Learn the basics of stage acting, and dealing with the public.



**MENTORY** For Training & Development

## CONTACT US

[www.mastersi.net](http://www.mastersi.net)



### **The United Kingdom**

Phone:

+447785910395

### **The United Arab Emirates UAE**

Phone:

+971566691251

### **Kingdom of Bahrain**

MENTORY

Phone:

+973 33566755

E-mail: [info@mastersi.net](mailto:info@mastersi.net)

Website: [www.mastersi.net](http://www.mastersi.net)