

# God Always Comes Through



<sup>1</sup>Out of the depths I cry to you, O Lord.

<sup>2</sup>Lord, hear my voice! Let your ears be attentive to the voice of my supplications!

<sup>3</sup>If you, O Lord, should mark iniquities, Lord, who could stand?

<sup>4</sup>But there is forgiveness with you, so that you may be revered.

<sup>5</sup>I wait for the Lord, my soul waits, and in his word I hope;

<sup>6</sup>my soul waits for the Lord more than those who watch for the morning, more than those who watch for the morning.

<sup>7</sup>O Israel, hope in the Lord! For with the Lord there is steadfast love, and with him is great power to redeem.

<sup>8</sup>It is he who will redeem Israel from all its iniquities.

**get excited!**

(5 minutes)

**You  
Tube**

**Verse to Remember**

"I wait for the LORD, my soul waits,  
and in his word I hope."

**Psalm 130:5**

Read the "Affirmation" out loud.



**AFFIRMATION**



I will wait because I trust that  
God knows best.



**key verse exercise**

Choose what you think is the theme of the lesson. Tell why and give an example

**I THINK THE THEME IS ...** \_\_\_\_\_

**BECAUSE**

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**AN EXAMPLE FROM THE TEXT  
THAT SHOWS THIS THEME**

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**EXAMPLES ...**

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|---------------|--------------|
| Family        | Peace        |
| School        | Fairness     |
| Imagination   | Courage      |
| Friendship    | Hope         |
| Honesty       | Cooperation  |
| Faith         | Self-Control |
| Determination | Kindness     |

**read and learn!**  
(10 minutes)

## HOPE AND WAIT

**ZION:** What does it mean to "wait on the Lord?"

**ZAYA:** It means to wait for God. In this world today, just about everybody is rushing. We like to get what we want right away. But waiting on the Lord means we do not try to rush the Lord.

**ZION:** "Waiting on the Lord" also means we trust God to do what is best for us. We believe that when we ask God for something, God's answer may be "yes," or it may be "no," or the answer may be "wait until later." We trust God to answer us in the best way because God knows everything!



**ZAYA:** When we wait on God, God blesses us in three special ways. He forgives us when we do wrong. We feel his love for us. And he gives us blessings that we do not deserve. These three special blessings are forgiveness, love, and mercy.

## Questions

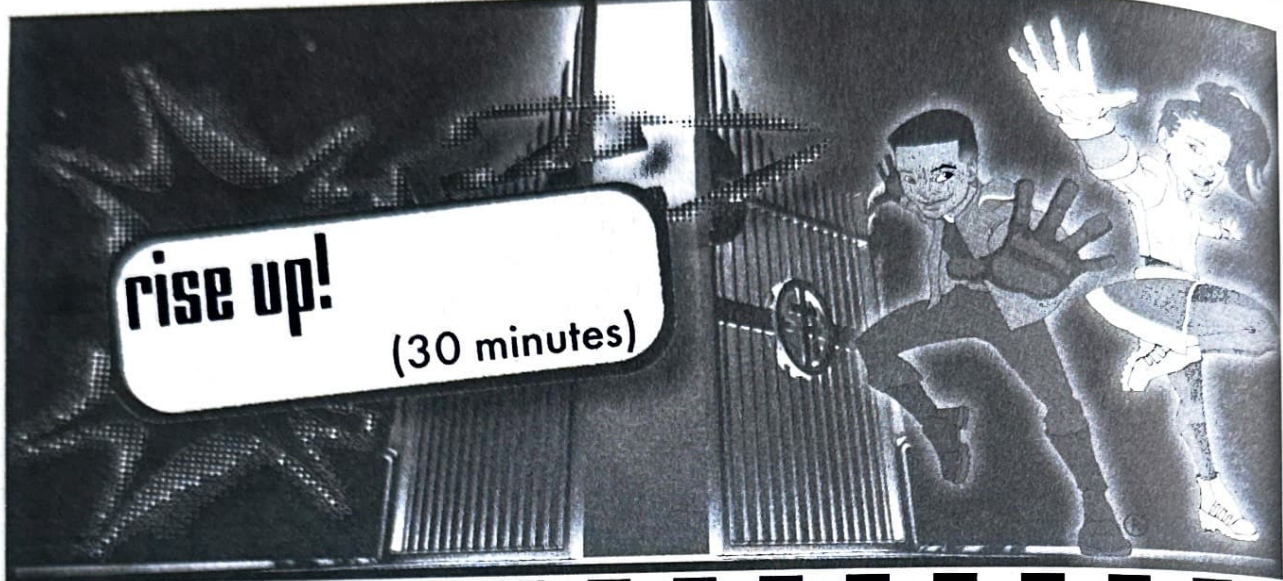
What does it mean to wait on God?

What are some things that happen when we wait on God?



**rise up!**

(30 minutes)



Help Zion and Zaya with this week's **Superhero Challenge:** **"HOPE IN THE ARTS."** Help them use the arts to share messages of hope.

**Hope Inthe Arts:**

# CREATE a HOPE CHANT

Create a Hope Chant and perform it like a cheer or step dance.

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**craft time**



**Crafts  
& More**

Dear God,  
Sometimes it is hard to wait. At times we become impatient. Sometimes we rush and don't take time to listen. Father help us to wait on you. Remind us that our hope and our help comes from waiting because the truth is that you always come through for us. Amen.

42-JJA-JR