

You Tube

get excited!

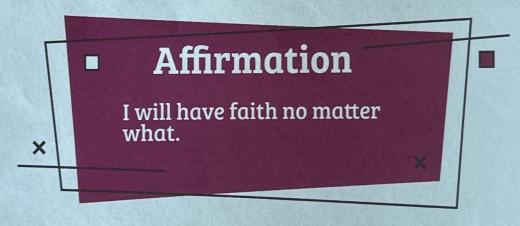
FOLLOWING JEHOSHAPHAT'S EXAMPLE



key verse

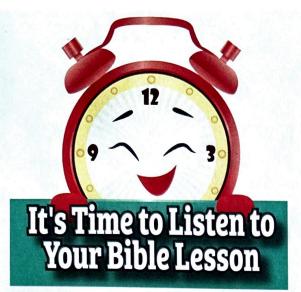
Thus says the LORD to you, "Do not fear . . . for the battle is not yours but God's." 2 Chronicles 20:15

Repeat the Affirmation.



key verse activity

Write the word "Strength" on the line.



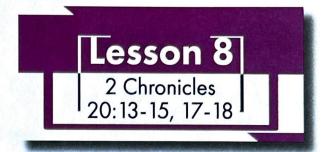
Following Jehoshaphat's Example

There are many, many things that can make people afraid. Some children are afraid of scary animals like snakes and spiders. Some are afraid of being alone. Others are afraid of doctors and being sick. A lot of people are afraid of storms. There are some very big challenges in life that make some children afraid. If someone in a child's family dies, the child may be afraid of dying. Sometimes everyday problems cause children to be afraid. They may be afraid that they can't do well on a test at school. Or they may be afraid of a bully in their class.

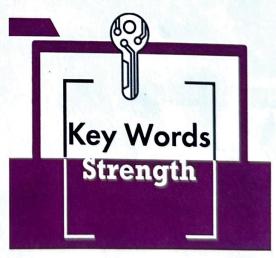


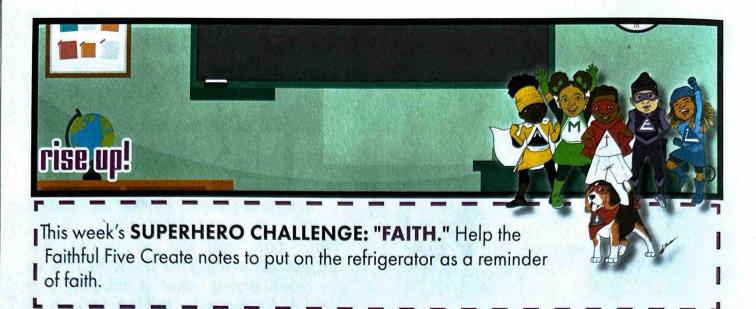
Of what are you afraid? What do you do when you're scared? Do you pray?

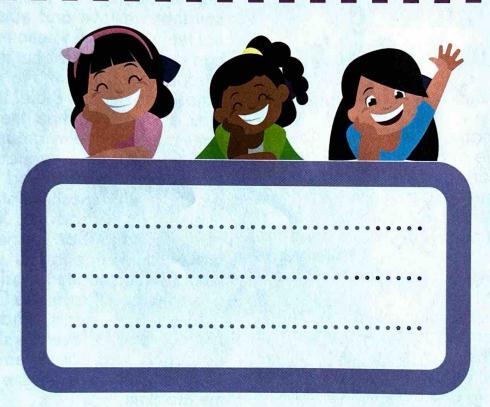
read and learn!



What can you do when we feel afraid? One thing to do is to talk to an adult about what is making you fearful. Sometimes, talking to a person that we love and trust can make us feel better. Sometimes an adult can do something about the situation. Also, we can follow the example of Jehoshaphat in the Bible. Jehoshaphat was a king who had the people of three different enemy groups attack his country. First, Jehoshaphat talked to a person who trusted God. This friend prayed with Jehoshaphat and gave him some good advice. Jehoshaphat also prayed to God for himself. In his prayer, Jehoshaphat asked God to help him. He thanked God for helping him in the past. Praying to God calmed Jehoshaphat's fears. Praying gave him courage to face the situation. Jehoshaphat was not so fearful after he prayed. God gave him strength to face the problem.









time to pray



Dear God, sometimes I am afraid. Help me to trust you and depend on you for the courage I need to be strong during difficult times. Amen.

8-4-BEG