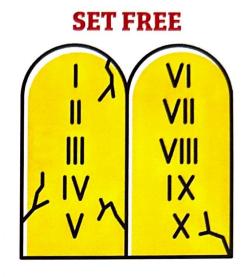
# Set Free **LESSON 6**Romans 7:7-12; 8:1

6-1-PRI



# get excited!

# key verse



"There is therefore now no condemnation for those who are in Christ Jesus." Romans 8:1.

### **LESSON SUMMARY**

When we are sorry for our sins and have in Jesus, God will forgive us for our sins.

### **AFFIRMATION**

I will pray and ask God to forgive me for my sins.

# key verse activity

Fill in and unscramble the words in the key verse.

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## read and learn!

# Lesson 6

Romans 7:7-12;



Paul said the laws of God are "holy, righteous, and good." God's laws teach us what is right and wrong. The Ten Commandments teach us the laws. They help us to know right from wrong. Also, we need to know what Jesus said were the two greatest commandments.

There are many sins that we are temped to do in life. For example, sometimes we may say something or do something that is disrespectful to our parents. Sometimes we wish we had something that belongs to someone else and forget to thank God for our own blessings. Which commandments are we disobeying when we act these ways?

Paul knew that sometimes we commit sins when we don't want to. Sometimes we sin and don't even know we're sinning! Paul explained that all human beings will act opposite to God's laws at some times in their lives.

God solved this problem by sending Jesus to earth. Jesus took responsibility for our sins when he died on the cross. When we are sorry for our sins and have faith in Jesus, Jesus is our Lord. He is the one we follow and obey. If we have faith in Jesus, God forgives us for our sins. When we have faith in Jesus, God also gives us the Holy Spirit to help us make good choices.



- 1. How do God's laws help us?
- 2. What did Jesus say were the two greatest commandments?
- 3. Who can save us from our sins?





Help the Faithful Five with this week's SUPERHERO

CHALLENGE: "THE TEN COMMANDMENTS." Write in some of the commandments of God inside these feet that we are to follow and obey.





# time to pray

Dear God, Thank you for the Lord Jesus. Thank you for salvation. In Jesus' name, we pray. Amen.