

This Is Your Spiritual Self-Assessment Survey

First find an accountability partner. Then take this Self-Assessment Survey. This will assist you in strategically thinking about your Spiritual Growth Process and the Progress of God's Church.

Assessing your HEAD

1. I understand the fundamental beliefs of the Christian faith and feel confident I could explain them to a non-Christian friend. 1 2 3 4 5
2. I study and have a good knowledge, understanding and application of the Bible, its major doctrines and themes. 1 2 3 4 5
3. If someone were to ask me, "What do Methodists believe," I feel confident in my ability to answer them correctly. 1 2 3 4 5
4. I understand basic Christian ethics and I know how to draw upon my faith to come to conclusions about important moral and ethical issues. 1 2 3 4 5
5. I have a good understanding of God's Word; His will for human beings and His creation; I know how to discern His will and Word for my life. 1 2 3 4 5

Assessing Your HEART

1. I know God has transformed/changed my heart and life; I know how to lead others to Christ to be saved. 1 2 3 4 5
2. I worship God, pray daily, spend time listening to where He is leading me. 1 2 3 4 5
3. I know and practice the "Means of Grace" as a way of growing in Christ, and feel comfortable ministering to others 1 2 3 4 5
4. I seek ways, with God's help, to grow "in the fruit of the Spirit" (Gal. 5:22) in my life: love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control. 1 2 3 4 5
5. I have a group of friends who grow in faith together and challenge each other to grow deeper in Christ. 1 2 3 4 5

Assessing Your HANDS

1. I invest time in building my relationships with God and with others in helping God's Church to grow. 1 2 3 4 5
2. I know my God-given spiritual gift[s] and I'm actively using them. 1 2 3 4 5
3. I give back to Christ, His Church and to others unselfishly through my time, my income as well as my service. 1 2 3 4 5
4. I actively nurture the spiritual lives of others, sharing my faith story, offering spiritual encouragement and leading others to Christ. 1 2 3 4 5
5. I ask the Holy Spirit to reprove, guide, equip and empower me daily. 1 2 3 4 5

Spiritual Self-Assessment Evaluation

Place your self-Assessment numbers for each question below and add across, giving you an overall total for your Level in that area.

Head: 1____ 2____ 3____ 4____ 5____ Total Head ____

Heart: 1____ 2____ 3____ 4____ 5____ Total Heart ____

Hands: 1____ 2____ 3____ 4____ 5____ Total Hands ____

Use the following scale as a general guide to the three levels:

0-12 Level 1

You are on the journey to make your life more significant and rewarding as you take the first steps.

13-19 Level 2

You are ready to take the next steps to increase your understanding in, knowledge, and experience in this area.

20-25 Level 3

Find ways to invest in a deeper, committed way in your spiritual journey. Use your gifts to bless others.

Further growth is a life-long process. Consider how to bless others and grow even more in your area of greatest strength. **Take another look at your weaker areas.**

Prayerfully, plan and take concrete steps to make improvements in strengthening your Spiritual Growth.