HEALTHY OR UNHEALTHY LOVE?

Identify which	of the follow	ring are healthy	$\gamma(\mathbf{H})$ or unheal	thy (U) acts of love.

1. Finds pleasure in giving and receiving
2. Rarely shows affection
3. Expects unconditional love
4. Cares but with detachment
5. Looks to others for self-worth
6. Allows individuality
7. Invites growth of others
8. Seeks to change others
9. Does not seek unconditional love
10. Seeks to get something by giving
11. Fulfills the law (Romans 13:10)
12. Believes in equal worth before God
What characteristics do you associate with healthy love? Why?

USING OUR GIFTS IN LOVE

Read through the list of spiritual gifts in Romans 12 and 1 Corinthians 12. Pick the one you believe is your strongest and write it in the box to the left. Then give seven examples of how you can better use it to express love each day this week.

	How I will better use that strength to express love
My strongest enimityal gift is	Monday:
My strongest spiritual gift is	Tuesday:
	Wednesday:
	Thursday:
	Friday:
	Saturday:
	Sunday: