

# Sydney Duncan

Manager: Anna Weinstein, Avalon Management [AWeinstein@avalon-usa.com](mailto:AWeinstein@avalon-usa.com)

Literary Agent: Chelsea Radler, WME [cradler@wmeagency.com](mailto:cradler@wmeagency.com)

## Professional Comedy Experience:

Asylum NYC Mainstage Cast Member/Writer - 2022  
Comedy Central IG Black History Month Feature - 2021  
Comedy Central IG International Women's Day Feature - 2021  
Comedy Central TikTok Character/Sketch Features - 2021

## Improv/Sketch Training:

Asylum NYC - (Mainstage House Performer, Sketch Writer, Teacher, Producer)  
UCB NY - (Core Curriculum Graduate, Advanced Sketch, Character, Musical, TV Writing)  
The PIT - (Improv Program Graduate, House Performer, Teacher, SNL Scholarship 2022 Recipient)  
Second City - (Late Night TV Writing, Improv)  
Magnet Theater - (Improv Curriculum Graduate, Performer)  
North Coast - (Hip-Hop Improv, Freestyle Rap, Performer)  
Dallas Comedy House - (Improv)

## Acting Training:

Anthony Meindl's Actor's Workshop (NYC) 2019-2023  
KD Conservatory, Theresa Bell Studios & S.T.A.G.E. (Dallas, TX)

## Television/Commercial:

2022 Northwestern Mutual Insurance Commercial  
2022 Don Julio Tequila Commercial  
2020 Indie Animated Short Film "Mountain" Sandra  
2018 Solange "When I Get Home" Dancer

## Musical Theatre (EMC):

Regional Broadway: Will Rogers Follies: A Life in Review "Ziegfeld Follies Girl" & "Diamonds #1"  
Pioneer Theatre Company | AD: Karen Azenberg Director: DJ Salisbury  
Thoroughly Modern Millie "Muzzy" | Richardson Repertory Theatre

## Performance Experience:

2023 JFL NY Showcase  
2022 SNL Showcase  
2022 Grandma's Favorite Sketch Team Member  
2022 Asylum Mainstage Cast Member  
2022 PIT House Performer, BIPOC Diversity Jam Host  
2021 SNL Showcase  
2020 UCB Graduate Program Showcase  
2017-19 Avant Chamber Ballet | Company Dancer  
2012-16 Utah Ballet | Company Dancer  
2010-12 Texas Ballet Theater

## Professional Dance Training:

American Ballet Theatre, Complexions Contemporary Ballet, Arts Umbrella, Oklahoma City Ballet, Hubbard Street Dance Chicago, Ballet West, Texas Ballet Theater, LINES Ballet, Alvin Ailey American Dance Theater

## Education:

Degrees: Ballet Performance BFA & Physics B.S. University of Utah  
Booker T. Washington High School of the Performing & Visual Arts | Dallas, Tx

## Special Skills:

Professional Dancer, Choreographer, Pointe, Singing, Improv (Comedic, Dramatic, Vocal, Rap, Dance), Modeling, Alto & Tenor Saxophone, Certified Yoga Teacher