



Central New York Dressage and Combined Training
is pleased to sponsor the
Instructor Retreat 2024

Professional instructors are invited to attend a 3 day workshop of continuing education with Lisa El Ramey September 30- October 2, 2024. Preference is given to USDF certified instructors and L graduates, followed by other professionals. USDF approved continuing education credits for Certified instructors.

Are you burnt out? Looking for ideas to bring home to your students? To your own horses in training? What about just missing professional conversation among colleagues?
This 3 day retreat is for you!

Come learn among equine professionals and Lisa El Ramey to relax, learn some new skills, refresh some old skills and have fun!
10 participants will receive private lessons daily along with a Lunch discussion each day with Lisa. Monday Night there will be a formal lecture with a dinner for all participants.

Participants will be able to ask questions and watch each other ride.
Space is limited to 10 riders, USDF certified instructors and other equine professionals are given first come first serve, any level horse and rider combo welcome.

We will have a wait list.

Each participant will also partake in a a small (5 person) group aerial yoga classes Tuesday and Wednesday at Fly Creek Aerial yoga with a group breath workshop on Monday.

Auditing will be allowed by the public for the riding portions, the lectures are for the riders only, we want to make sure everyone is comfortable to share business and training advice among each other.

Rider Price: \$510

Auditor Price \$ 30 /day

Checks made payable to Coop Equine Park

Stabling: \$50

All horses must have a current Coggins and vaccine history.

Location: 3444 Co Hwy 11 Hartwick NY 13348

Hotel accommodations:

Holiday Inn Express

4758 NY-28, Cooperstown, NY 13326

Best Western

50 Commons Dr, Cooperstown, NY 13326•(607) 547-7100

Open Date: Immediately. Closing Date: September 16, 2025

Send Entires and payment to: Cooperstown Equestrian Park C/O Cody Moore 3444 Co Hwy
11 Hartwick NY 13348
585-797-7256

Arena: Outdoor dressage arena with sand rubber footing.

Back up plan for inclement weather is in the works.

About Lisa:

Lisa El-Ramey, a native Floridian, began riding when she was 3 years old. She grew up riding formally in the Saddle Seat discipline, but embraced all types riding. Always curious, her parents encouraged her to explore all things equestrian which allowed her to try her hand at a variety of horse experiences including teaching tricks, working cattle, and riding on the beach to name a few. Raised on a family farm focused on breeding Arabians, Lisa had the freedom to learn from the bottom up. Achieving her Bachelor of Science from the University of Florida in Zoology, after college, she focused solely on dressage. Following her initial introduction to dressage at the age of 13, she became an accomplished competitor at the National and International levels. Her achievements include multiple United States Dressage Federation Regional Champion and Reserve Championships, United States Equestrian Federation and United States Dressage Federation Horse of the Year National and Reserve Championships, along with breed division awards. Lisa is a United States Dressage Federation Gold, Silver and Bronze Medalist, in addition to holding Silver and Bronze Freestyle Bars. She is currently a United States Equestrian Federation Senior "S" Dressage Judge. Known for training many different breeds of horses in the discipline of dressage from Arabians to Lusitanos and many Warmblood breeds, her unique skills and background allow her to make difficult training concepts more easily understood for both riders and horses. Lisa resides and trains at her own Oak Hammock Farm, Inc. located in Loxahatchee FL.

