



Central New York Dressage & Combined Training Association Gymnastics Clinic with Barb Lindberg

Saturday, April 22, 2023

Fiddlehead Farm, 2252 Ridge Road, Fabius, NY 13067

Opening Date: NOW OPEN

Closing Date: One week before the clinic (April 15)

1 hour semi-private/small group lessons: \$65 members/\$75 non-members

Members audit for FREE/\$5 non-member audit fee

Manager/Secretary: Amy Bittner, 315-569-4599, ambittne@twcny.rr.com

Entries are LIMITED! Plan now! And check for updates on www.cnydcta.org

All participants MUST read the COVID-19 protocol as outlined below.

ENTRIES: CNYD&CTA has implemented a new online clinic entry system. Please enter the clinic using [this link](#). The link can also be found at www.cnydcta.org. Payments are made online via PayPal. Please include a copy of your horse's negative Coggins and proof of Rabies vaccination. If clinic cancels, riders will receive refunds minus PayPal fees.

If you have questions about the online registration process, contact membership@cnydcta.org.

Ride times will be emailed to riders and posted on www.cnydcta.org.

ATTIRE: Clinic attire is requested (boots, breeches or jodhpurs, gloves, polo shirt). ASTM/ SEI approved helmet is required.

Who is she? Barb Lindberg has been the Program Director of Equine Business Management at Cazenovia College since 2003. Prior to Cazenovia College, she held positions at Johnson and Wales University, University of Findlay, and SUNY College of Agriculture and Technology at Morrisville. Her background prior to academia has included training, teaching, and management positions at Hunter, Dressage, and Eventing facilities.

What has she done? For many years she has been involved with Intercollegiate Horse Show Association, Intercollegiate Dressage Association, NYS 4-H, member of U.S. Eventing Association, U.S. Dressage Federation, American Quarter Horse Association, National Reining Horse Association, CNYD&CTA, American Association of University Professors, and Limestone Creek Hunt.

What are her credentials? She has numerous Dressage championships through Prix St. George, is a US Dressage Federation Bronze medalist, a USDF "L" Dressage judge, and continues to train students who compete, and win, in Hunter/Jumper, Dressage, Eventing, and Intercollegiate competitions. This is an annual clinic and riders come back year after year.

**** No height is too low or too high. Tailor your session for your group's level.****



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This clinic is for you if you are interested in: Starting the season off right, Timing, Finding your distance, Power, Building confidence, Balance, Systematic training, Fitness, Accuracy, Gaining control, Putting some jump in your step, Rhythm, Footwork, Strengthening your position, Straightness, Striding, Engaging the hindquarters, Flexibility, Jumping technique, Cavalletti, and even Basic jumping!

CNYD&CTA COVID-19 PROTOCOL (updated 2/15/22)

- CNYD&CTA Show Management and the Facility Host require all participants to comply with current New York State Covid Guidelines regarding face masks or face coverings for all participants, including staff, officials, volunteers, grooms, parents/guardians, trainers or auditors on the grounds. (Face masks are optional if participant is mounted.)
- Participants and all of the above are reminded to practice social distancing and to bring their own sanitizing materials.
- We encourage participants and their associated people not to remain on the grounds beyond time necessary to participate in the clinic, activity nor competition.